

A guide to a Children and Young People's Neurodevelopmental Assessment

Information for parents



Sunderland and South Tyneside
Children and Young Peoples Service (CYPS)

Introduction

This leaflet explains what families can expect during a neurodevelopmental assessment.

What to expect

Your young person may be assessed for:

- Autism Spectrum Disorder (ASD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- or both

We use a step-by-step process to collect information. **The diagram on the next page shows these steps.**

We will talk about all parts of the assessment with you at the feedback appointment. We will also include the information in the assessment report.

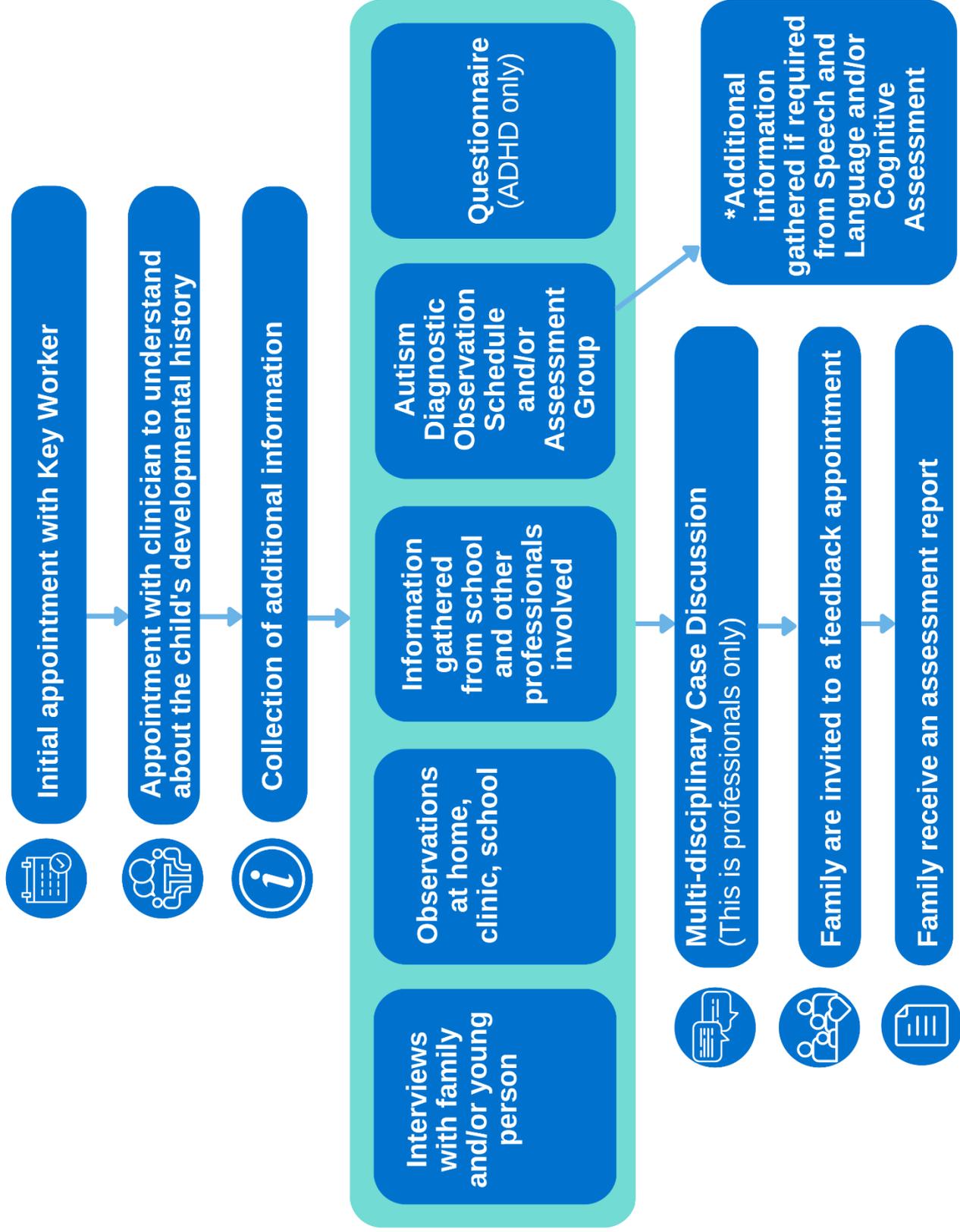
We gather information from different people and places. This may include home, the clinic, or school.

We may also talk with health staff and education staff.

We may not need to use all the parts shown in the green section of the diagram. This depends on the information we collect. It also depends on the assessment your young person needs.

You will have a named key worker. This person will stay in contact with you throughout the full process.

Your named key worker is:



Terms used in this leaflet

Neurodevelopmental assessment

This is an assessment that looks at your young person's strengths and difficulties. It helps us understand their development.

Developmental history

This is a conversation about how your child has developed over time.

Autism Diagnostic Observation Schedule (ADOS)

This is a play-based assessment. It looks at how your child plays, communicates, and uses imagination. It does not give a diagnosis on its own.

Questionnaire

This is a form that looks at inattention, hyperactivity, and impulsivity.

What if I have a comment, suggestion, compliment, or complaint about the service?

If you want to make a comment, suggestion, compliment, or complaint you can:

- talk to the people directly involved in your care
- ask a member of staff for a feedback form, or complete a form on the Trust website
www.cntw.nhs.uk/contact/complaints
- telephone the Complaints Department on 0191 245 6672
- email complaints@cntw.nhs.uk

We are always looking at ways to improve services. Your feedback allows us to check the quality of our services and act upon issues that you bring to our attention.

You can provide feedback in the following ways:

- the quickest way for you to do this is to complete our short online survey at www.cntw.nhs.uk/yourvoice
- complete a Your Voice survey, available on wards, reception areas or from staff
- other options for sharing your feedback and experience: www.cntw.nhs.uk/yourfeedback

Patient Advice and Liaison Service (PALS)

PALS provide confidential advice and support, helping you to sort out any concerns that you may have about any aspect of your or your loved one's care.

We act independently when managing patient and family concerns, consulting with staff, managers and, where appropriate, relevant organisations, to negotiate prompt solutions. If necessary, we can also refer patients and families to specific local or national-based support agencies.

North of Tyne

Telephone: 0800 032 0202

Email: pals@nhct.nhs.uk

Post: FREEPOST PALS

South of Tyne

Telephone: 0800 328 4397

Email: pals@cntw.nhs.uk

Post: Patient Advice and Liaison Service, Garden Lodge, Hopewood Park, Ryhope, Sunderland, SR2 0NB

9am to 4.30 pm, Monday to Friday

An answerphone is always available for you to leave a message. A member of the PALS team will aim to return your call as soon as possible.

Contact information

You can contact your named key worker or CYPS duty team if you have any further questions throughout the assessment process.

Sunderland and South Tyneside Children and Young People's Service

Monkwearmouth Hospital
Newcastle Road
Sunderland
SR5 1NB

Telephone: 0191 566 5500

Cleadon Park Primary Care Centre

Prince Edward Road
South Shields
Tyne and Wear
NE34 7QD

Telephone: 0191 566 5500

Useful contact

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

Telephone: 0191 246 6800

Website: www.cntw.nhs.uk



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet, please get in touch.

This information can be made available in a range of formats on request (Braille, audio, larger print, easy read, BSL or other languages). Please telephone the Patient Information Centre on 0191 246 7288

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