



OLDER
PEOPLE
SERVICES

INPATIENT CARE
LEARNING
DISABILITIES

MOTHER AND BABY UNIT
SPECIALIST SERVICES

DRUG AND ALCOHOL SERVICES

COMMUNITY SERVICES

RECOVERY

CHILDREN AND YOUNG PEOPLE'S SERVICES

NEUROREHABILITATION

DISABILITIES

PSYCHIATRIC
INTENSIVE CARE

PSYCHOLOGICAL THERAPY

MENTAL
HEALTH

AUTISM

DEMENTIA
SERVICES

MEMORY
SUPPORT

**A
GREAT
CAREER** **IN THE
GREAT
NORTH**



WHO ARE WE?

We are located in the North of England and are one of the largest mental health and disability trusts in the country. Serving a population of approximately 1.7 million, providing services across an area totalling 4,800 square miles with an annual turnover of £380 million.

We work from over 70 sites and provide services for people in Cumbria, Northumberland, Newcastle, North Tyneside, Gateshead, South Tyneside and Sunderland. We also have a number of national specialist services.

We employ over 9,000 people and there are always exciting opportunities available for you to apply for – if you want to make a difference to people's lives and enjoy a rewarding career then consider working with us.





"We place our service users and carers at the centre of everything we do and treat those who use our services with respect and dignity. We support and show respect towards our staff, encouraging their personal and professional development, valuing their expertise and professionalism and the role they fulfil."

James Duncan, Chief Executive



OUR HOSPITALS

St Nicholas Park, Newcastle upon Tyne

St George's Park, Morpeth, Northumberland

Northgate Hospital, Morpeth, Northumberland

Ferndene, Prudhoe, Northumberland

Walkergate Park, Newcastle upon Tyne

Hopewood Park, Sunderland

Monkwearmouth Hospital, Sunderland

Carleton Clinic, Carlisle





OUR STAFF

At the end of 2019, our substantive employed workforce was 7,225, which equates to 6,575 full time posts from a wide range of clinical and non-clinical backgrounds, including:



292
Medical and
Dental (4%)



2,217
Nursing and Midwifery
(registered) (30%)



383
Allied Health
Professionals (5%)



477
Scientific and
Technical (6%)



1,909
Healthcare
Assistants (26%)



1,408
Administrative
and Clerical (19%)



539
Estates and
Ancillary (8%)

WHY WORK FOR US?

Our vision and values are at the heart of all we do.

OUR VISION

**To work together, with compassion and care,
to keep you well over the whole of your life.**

OUR VALUES

We are caring and compassionate...

because that is how
we'd want others to
treat those we love.

We are respectful...

because everyone is
of equal value, is born
with equal rights and
is entitled to be treated
with dignity. We want to
protect the rights of future
generations and the planet
that sustains us all.

We are honest and transparent...

because we want to
be fair and open, and
to help people make
informed decisions.



OUR STRATEGIC AMBITIONS

Quality care, every day – We will aspire to deliver expert, compassionate, person-led care every day, in every team. We will value research and learning.

A great place to work – We want to be a great place to work. We will make sure that our workforce has the right values, skills, diversity and experience to meet the changing needs of our service users and carers.

Person-led care, when and where it is needed – We will work with partners and communities to support the changing needs of people over their whole lives.

Sustainable for the long term, innovating every day – We will be a sustainable, high performing organisation, use our resources well and be digitally enabled. We will be accountable for the money we spend; we will live within our means, and we will work in a way that is kind to the planet.

Working with and for our communities – We will create trusted, long-term partnerships that work well together to help people and communities.

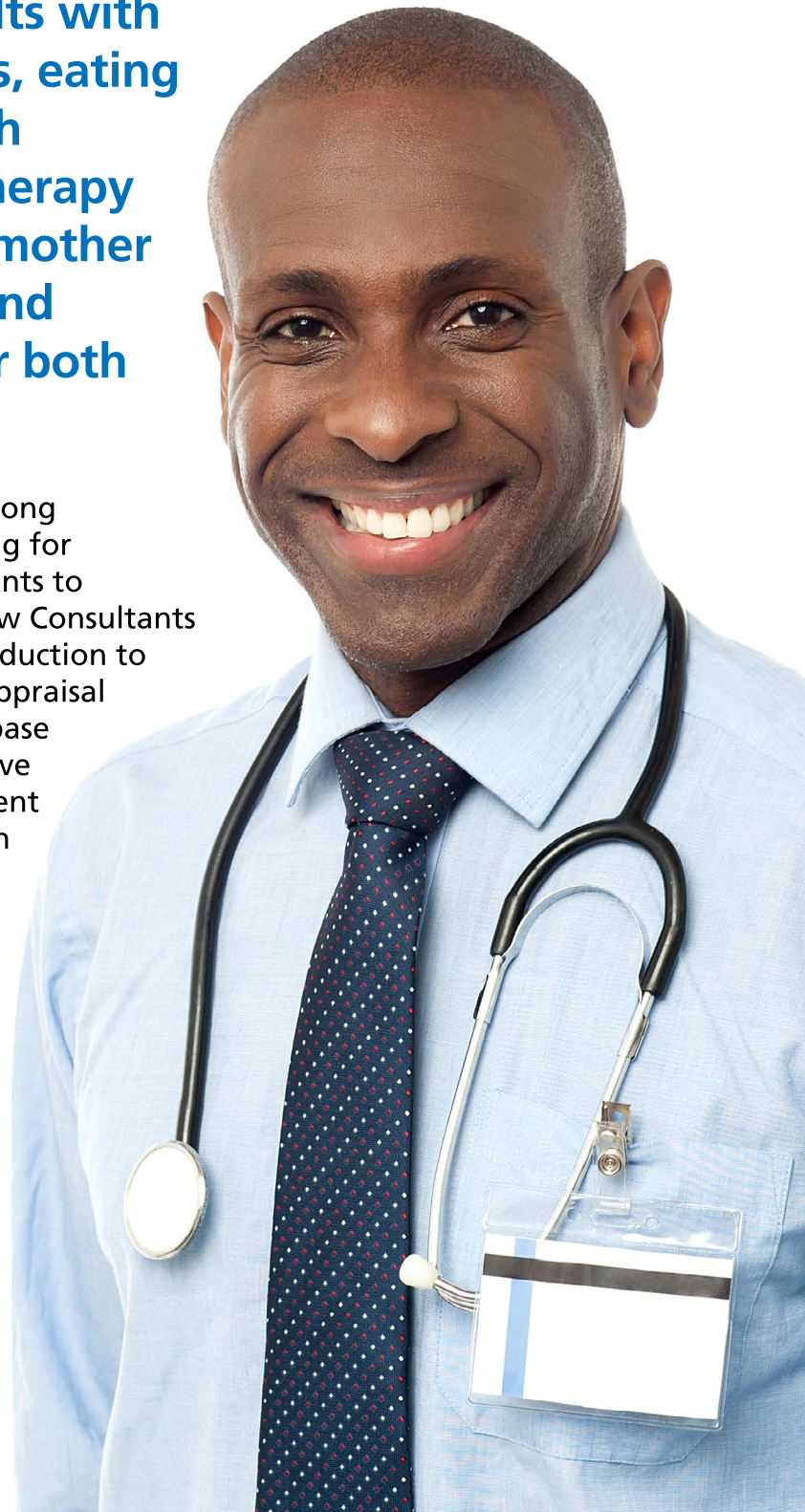
WHAT'S IT LIKE AS A MEDIC HERE?

At CNTW we have approximately 292 Consultants and speciality doctors working in a wide variety of services such as mental health, learning disability, neuro-rehabilitation, neuro-psychiatry and forensic services as well as specialist services for adults with refractory affective disorders, eating disorders, young people with affective disorders, psychotherapy services, neuropsychiatry, a mother and baby inpatient service and drug and alcohol services for both adults and young people.

Our Medical Education Department has a strong culture of support, development and learning for all medical staff from work experience students to Consultants preparing for retirement. All new Consultants and speciality doctors receive a structured induction to the Trust and are provided with a mentor. Appraisal is firmly established with an electronic database and all Consultants and speciality doctors have access to Continuing Professional Development (CPD), multisource feedback and information about their clinical activity to feed into the process. CPD events are run regularly in response to demand and give the opportunity for Consultants to use their teaching skills as well as learn from others.

Opportunities for developing expertise in research, teaching and leadership (including individual coaching) are abundant here at CNTW. We encourage collaborative learning with other professionals from both within and outside of the Trust.

For more information email us on medicalrecruitment@cntw.nhs.uk





WHAT OPPORTUNITIES ARE AVAILABLE?

We have an excellent reputation for delivering high quality undergraduate and postgraduate medical education. CNTW was recently voted in the top 10% by trainees in a GMC survey.

We have close links with Newcastle University and provide teaching into all stages of the undergraduate medical programme.

We have excelled in the delivery of postgraduate medical education for a number of years. We provide training for 50 core trainees in psychiatry, a similar number of higher speciality trainees as well as GPs and foundation doctor trainees and are supported in this training by Health Education North East (HENE) and the School of Psychiatry.

We provide support for both trainees and trainers, as well as weekly postgraduate

teaching, an annual education conference, a monthly academic programme and a specialist programme of training which includes award winning simulation training and a faculty development programme.

We place a high value on education. Not only does this encourage a learning culture that strives for excellence in clinical care but it also allows us to plan for the health care needs of the patients of the future.

WHAT ABOUT RESEARCH AND INNOVATION?

We have a significant research profile and are ranked as the fourth most research active mental health trust according to the National Institute of Health Research (NIHR, 15/16).

We have a Board-approved Research and Development Strategy which promotes the involvement of our staff and service users in research. This encompasses activity from taking part in high profile, national and international research to embedding research in clinical services, and developing a workforce whose culture and behaviours demonstrate the value of research to improving patient care. It is the application of research findings into practice that is key and we aim to ensure that the services we provide are underpinned by robust evidence of effectiveness and the latest research.

Here at CNTW there is enormous potential for developing research projects and careers; our clinicians, often in partnership with academics, have had significant success in

NIHR grant funding, charitable funding, Fellowships and publications.

We have close links with the Academic Department of Psychiatry (Institute of Neuroscience), the Institute for Ageing and Health and the Institute for Health and Society, at Newcastle University. The Department of Psychiatry's main research interest is affective disorders, with smaller research groups in forensic psychiatry and cognitive therapy. The Institute for Ageing and Health has a strong focus on dementia research (linked with a Biomedical Research Centre on Ageing and a Biomedical Research Unit on dementia). The other main research strength linking the Trust with Newcastle University is autism research in children and young people and now across the lifecourse.



LIVE AND WORK IN THE NORTH EAST AND CUMBRIA

The region boasts excellent transport links and infrastructure, offering some of the shortest commuting times in the UK. With two major international airports and outstanding road, rail, and sea connections, the North is well connected for both commuting and leisure travel.

The A1 provides seamless north–south access, while the A66 and A69 connect directly to the M6, making journeys to the Lake District and Midlands straightforward. Tyneside’s Metro system, with 60 stations, is considered one of the UK’s most efficient transport networks, linking Newcastle, Gateshead, and Sunderland.

The North East and Cumbria are among the best value regions in the UK, offering high quality of life without compromising on housing, culture, food, or entertainment. The average UK house price is £243,583—but in the North East it’s just £128,680 and £157,531 in the North West, making your money go significantly further.

Whether you’re looking to rent or buy, the region offers a wide range of housing options—from traditional Victorian terraces and modern detached homes to city flats and Manhattan-style loft apartments. Choosing a countryside home doesn’t mean sacrificing urban culture either—thanks to the region’s compact layout, open landscapes and beautiful beaches are only minutes from bustling towns and cities.

Healthcare provision across the region is exceptional, with several NHS services rated among the best in England. Patients in the North East experience some of the shortest waiting times in the country. In fact, NHS North East is the only region to consistently meet both government targets for treatment times.

The education system also stands out. Schools in the North East perform above the national average, with 72.3% of pupils achieving five good GCSE grades, compared to the national average of 69.7%. The region also benefits from a strong network of high-performing independent schools.

The region is home to respected universities—Durham, Cumbria, Newcastle, Northumbria, Sunderland, and Teesside—and 25 further education colleges offering courses across a wide range of subjects, from TV production to marine engineering.

Durham University ranks among the world’s top institutions and is currently investing £200 million into its campus. Newcastle University is recognised globally for its research excellence and hosts one of the UK’s best medical schools.

A significant addition to the region’s educational landscape is the Pears Cumbria School of Medicine (PCSM)—a new collaboration between the University of Cumbria and Imperial College London. PCSM is committed to producing doctors who are equipped with cutting-edge clinical skills and a deep commitment to person-centred, sustainable care.

The school’s four-year graduate-entry MBBS programme will prepare students to adapt and apply their knowledge across varied healthcare environments. With a research-informed, inclusive, and collaborative ethos, PCSM aims to improve health outcomes across the region by training clinicians who understand and serve the unique needs of local communities.

It's a great place to play!

Whether you're after lively nightlife, outdoor adventure, or cultural discovery, the North East and Cumbria have something for everyone.

The region boasts large-capacity venues, international music festivals, and a vibrant nightlife scene. You'll find world-class music venues catering to every genre, a thriving comedy circuit, and more theatres per person than anywhere else in the UK. Cultural highlights include a wealth of museums and galleries, from the iconic Baltic Centre for Contemporary Art to the popular Beamish Open Air Museum.

The area is rich in heritage too, with three UNESCO World Heritage Sites: Durham Castle and Cathedral, Hadrian's Wall, and the Lake District National Park—a breathtaking landscape of lakes, fells, and forests that offers unparalleled opportunities for hiking, climbing, cycling, and wild swimming.

Cumbria, in particular, is a haven for outdoor enthusiasts and nature lovers. From paddleboarding on Windermere to exploring the scenic trails around Ullswater and Derwentwater, there's no shortage of activities. Families can enjoy popular attractions like The World of Beatrix Potter, Lakes Aquarium, and Ravenglass & Eskdale Railway, while food lovers can explore charming market towns, traditional pubs, and Michelin-recommended restaurants tucked into the countryside.

The North East and Cumbria are also known for their warmth and hospitality. From fine dining and family-friendly gastro pubs to traditional inns and bohemian cafés, there's something to suit all tastes and budgets.

For sports fans, the region is home to three major football clubs, world-class cricket, golf, and rugby venues, and plays host to the Great North Run, the world's largest half marathon. If you'd rather get active yourself, the region offers a fantastic coastline for diving and sailing, the lakes and fells for kayaking, climbing, and trail running, and a wealth of leisure and fitness centres across both rural and urban areas.

Shopping is another strong suit. Gateshead's Metrocentre—one of Europe's largest shopping malls—offers over 300 stores and free parking. You'll also find extensive retail options in Newcastle's Eldon Square, The Lanes in Carlisle, and The Bridges in Sunderland. Prefer a more relaxed shopping experience? The region's traditional market towns won't disappoint—Alnwick and Hexham markets are ranked among the top 12 in the UK.



www.cntw.nhs.uk/careers

