

## ARFID Severity Matrix Support Tools

### Support Tool 1 – Domain risk mapping tool.

Mapping each domain to the score across a table can help you to differentiate risks and understand the total severity impact. This can be particularly useful if domains score across several categories or score in multiple categories (such as weight in one score and dehydration in another). It can also help to prevent high scoring risks from being lost or minimised where one domain scores highly in isolation.

	Score 0	Score 1	Score 2	Score 3	Score 4
Weight					
Nutritional adequacy of diet					
Impact on social and mental health					
Impact on family functioning					

### Support Tool 2 – Term risk mapping tool.

Detailing the impact of each domain according to its risk and impact in the short, medium or long term can help better understand treatment targets and understand clinical priorities.

	Short term	Medium term	Long term
Weight			
Adequacy of diet			
Impact on social and mental health			
Impact on family functioning			