

A guide to a Children and Young People's (CYPS) Neurodevelopmental Assessment

Newcastle and Gateshead Children and Young Peoples Service Information for parents



Introduction

We have developed this leaflet to help families understand what to expect with a neurodevelopmental assessment within the Newcastle and Gateshead Children and Young Peoples Service (CYPS).

What to expect

Your young person may be being assessed for Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder or both.

The diagram on the following page shows the process we go through to collect information. All parts of the assessment your child has received will be discussed with you at the feedback appointment and within the assessment report.

The assessment will involve gathering information from different people and different settings e.g. home, clinic or school. We may also speak with healthcare professionals and education staff. We may not need information from every section of the diagram in the green section, this will depend upon the information we receive throughout and type of assessment the young person is having.

You will have a named key worker who will keep in touch with you throughout the process.



Initial appointment with Key Worker





Appointment with clinician to understand about the child's developmental history



Collection of additional information

and/or young with family Interviews person

Observations

professionals from school Information and other gathered involved

> clinic, school at home,

Observation **Diagnostic** Schedule **Autism**

Questionnaires QB test and (ADHD only) Conners

Assessment

Group

and/or

gathered if required from Speech and Language and/or information *Additional Cognitive

Assessment



Multi-disciplinary Case Discussion This is professionals only)



Family are invited to a feedback appointment



Family receive an assessment report

Glossary of terms used in this leaflet

Neurodevelopmental assessment

An assessment to look at your child's strengths and difficulties to provide a full developmental profile.

Developmental history

An interview discussing your child's development.

Autism Diagnostic Observation Schedule (ADOS)

A play-based assessment that assesses social, imagination and communication skills. This is not a diagnostic tool on its own.

QB test

A computer-based test that assesses inattention, hyperactivity and impulsivity. This is not a diagnostic tool on its own.

Conners questionnaire

Questionnaire that assesses inattention, hyperactivity and impulsivity. The team may also use a questionnaire called the SNAP-4 which assesses the same things.

What if I have a comment, suggestion, compliment or complaint about the service?

If you want to make a comment, suggestion, compliment or complaint you can:

- talk to the people directly involved in your care
- ask a member of staff for a feedback form, or complete a form on the Trust website www.cntw.nhs.uk/contact/complaints/
- telephone the Complaints Department Tel: 0191 245 6672
- email <u>complaints@cntw.nhs.uk</u> Please note that information sent to the Trust via email is sent at your own risk

We are always looking at ways to improve services. Your feedback allows us to monitor the quality of our services and act upon issues that you bring to our attention.

You can provide feedback in the following ways:

- the quickest way for you to do this is to complete our short online survey at www.cntw.nhs.uk/yourvoice
- complete a Your Voice survey, available on wards, reception areas or from staff
- other options for sharing your feedback and experience <u>www.cntw.nhs.uk/yourfeedback</u>

Patient Advice and Liaison Service (PALS)

PALS provide confidential advice and support, helping you to sort out any concerns that you may have about any aspect of your or your loved ones care.

We act independently when handling patient and family concerns, liaising with staff, managers and, where appropriate, relevant organisations, to negotiate prompt solutions. If necessary, we can also refer patients and families to specific local or national-based support agencies.

North of Tyne

Tel: 0800 032 0202

Email: pals@nhct.nhs.uk
Post: FREEPOST PALS

South of Tyne

Tel: 0800 328 4397 Text: 07825 061 035

Email: pals@cntw.nhs.uk

Post: Patient Advice and Liaison Service, Garden Lodge,

Hopewood Park, Ryhope, Sunderland, SR2 0NB

9am – 4.30 pm, Monday to Friday An answerphone is available at all times for you to leave a message. A member of the PALS team will aim to return your call as soon as possible.

Contact information

You can contact your named key worker or CYPS duty team if you have any further questions throughout the assessment process.

Newcastle and Gateshead CYPS

Benton House 136 Sandyford Road Newcastle upon Tyne NE2 1QE

Telephone: 0800 652 2864

Email: NGCYPS@cntw.nhs.uk

Web: www.cntw.nhs.uk

Bensham Hospital Fontwell Drive Gateshead NE8 4YL

Telephone: 0800 652 2864

Email: NGCYPS@cntw.nhs.uk

Web: www.cntw.nhs.uk

Useful contacts

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

Telephone: 0191 246 6800 Website: www.cntw.nhs.uk



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, easy read, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 246 7288.

Published by the Patient Information Centre

2025 Copyright: Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

Ref: PIC/924/0125 January 2025 V1

www.cntw.nhs.uk Tel: 0191 246 7288

Review date 2028

Find us on social media, search for CNTW