

Emotional Dysregulation Assessment & Management in Children & Young Adults

Friday 7th February 2025 - 09.00am to 4.30pm

Emotional Dysregulation is a disabling transdiagnostic presentation that affects not just patients but their carers and the systems that support them.

Following our last successful event in November 2023, Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are delighted to announce that we will be hosting our next National CPD Event at the Crowne Plaza, Newcastle which will cover themes of Neurodevelopment Disorders, Complex Trauma and Mood Disorders that present with Emotional Dysregulation which can obfuscate diagnosis. The talks will cover Epidemiology, Diagnostic features, Assessment and Management.

Speakers on the day will include:

- Professor Samuele Cortese, Southampton University
- Professor Richard Meiser - Stedman, University of East Anglia
- Dr Aditya Sharma, CNTW/Newcastle University
- Dr David Anderson, CNTW
- Multi-disciplinary Colleagues from the National Specialist Adolescent Mood Disorders Team

Early bird rate is available until 30th September 2024, to book a space please email: MedDevelopment@cntw.nhs.uk

Original photo by Wilke Hudson

