

Emotional Dysregulation: Assessment & Management in Children and Young Adults Programme

Venue: The Crowne Plaza Hotel, Hawthorn Square, Forth Street, Newcastle upon Tyne, NE1 3SA	Date: Friday 7th February 2025 Time: 8.30am to 4.30pm
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8.30am	Registration, Coffee & Networking
9.00am	Welcome & Introductions Dr Rajesh Nadkarni – Executive Medical Director/Deputy Chief Executive
9.10am	Emotional Dysregulation: Dr Aditya Sharma, Consultant Child & Adolescent Psychiatrist & Honorary Senior Lecturer CNTW/Newcastle University
9.20am	Management of Emotional Dysregulation in ADHD: Meta-Analysis and Future Directions Professor Samuele Cortese - Professor of Child & Adolescent Psychiatry University of Southampton
10.20am	Refreshment Break
10.50am	Layers of an onion: Emotional dysregulation and diagnostic overshadowing in Autism and Intellectual Disability Dr David Anderson, CNTW
11.50am	Morning Plenary session joined by multi-disciplinary colleagues from the National Specialist Adolescent Mood Disorders Team including Clare Oxberry (Advanced OT) and Dr Emma Honey (Consultant clinical psychologist)
12.30pm	Lunch
1.30pm	Child and Adolescent PTSD Treatment in the real world - results from the De-crypt Trial Professor Richard Meiser-Stedman, University of East Anglia
2.30pm	What is emotionally dysregulated about mood disorders?! Dr Aditya Sharma, Consultant Child & Adolescent Psychiatrist & Honorary Senior Lecturer CNTW/Newcastle University
3.30pm	Refreshment Break
3.45pm	Afternoon Plenary session joined by multi-disciplinary colleagues from the National Specialist Adolescent Mood Disorders Team including Clare Oxberry (Advanced Occupational Therapist) and Dr Emma Honey (Consultant Clinical Psychologist)
4.30pm	Close

Any queries please contact: MedDevelopment@cntw.nhs.uk