

Gateshead Community Team Learning Disability

Patient Information Leaflet



Introduction

This leaflet provides information about the Community Learning Disability Team. If you are not sure about anything in this leaflet please ask a member of the team.

What we do

We work with adults who have a Learning Disability and are 18 years and over; who may find it hard to use mainstream services or who have specific mental health, physical health and challenging behaviour needs due to their learning disability.

How to be seen

We have an open referral system. This means anybody can refer themselves or somebody else.

The person being referred must agree to the referral being made when able to consent or can be made in the persons best interests.

Referrals can be made:

- by phone or letter
- by completing a referral form available from the Admin team at Gateshead Community Learning Disability Team

When a referral is made we can:

- talk to you about what we can do to help
- ask you if you are happy for us to work with you



You can say **yes**



You can say **no**

It's up to you

If someone has to make a decision for you because you cannot make it yourself they must decide what is in your best interest

To work out what is in your best interest, they must listen to what you want, ask people who know you and make sure you are involved where you are able to contribute.

When a referral is made to the Gateshead Community Learning Disability Team, the team then decide who would be the best person to work with you.

The team



Speech and Language Therapists

Work with people who need help:

- communicating and understanding through speech or other methods
- or with eating and drinking



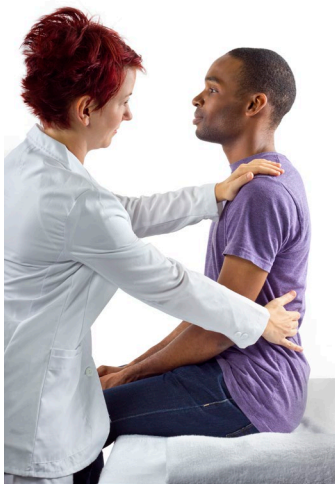
Community Nurses

Provide advice, support and treatment for people who have a variety of physical and mental health needs. We also work with people who have challenging behaviour using a positive behavioural support approach.



Clinical Psychologists

Provide assessment and treatment for a wide range of challenging behaviours, emotional problems and mental health problems.



Physiotherapists

Provide treatment for physical health conditions around mobility and postural management.



Psychiatrists

Provide assessment and treatment of mental health problems.



Non-medical Prescribers

Can prescribe and review your medication or tablets.



Occupational Therapists

Help people do what they want or need to do in their day to day lives as independently as possible. We can support you to develop your skills, help you find activities or ways of doing things to improve your health and well being. We also work with family and carers to help them understand the needs of the person so they can support them in the best way.

How can we help?

- We talk about what is important to you.
- We talk about what you want to change.
- We talk about things you can do with our help.
- We help others look after you in the way you want.

The Team:-

Work in a variety of places.

- see people on their own
- see people with their parents, paid carers and staff teams
- carry out group work
- speak to you and other professionals
- work with other professionals from social services, education and the voluntary sector
- give information or provide training
- offer general advice

The Team is unable to offer an out of hour's emergency response service.



Training Community Learning Disability Team

We offers a range of training specific to the persons needs to staff teams, parents or carers who support people who have a learning disability.

How to contact us



Gateshead Adult Community Learning
Disability Team
Bensham Hospital
82 -84 Fontwell Drive
Gateshead
NE8 4YL

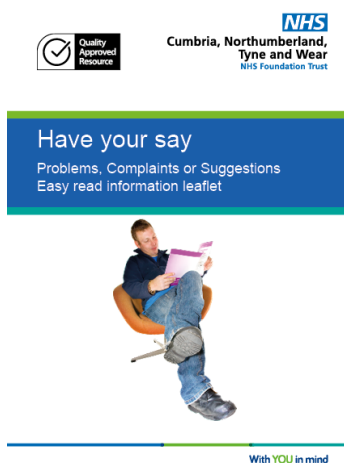


Telephone: 0191 478 0650



Email: GatesheadLD@cntw.nhs.uk

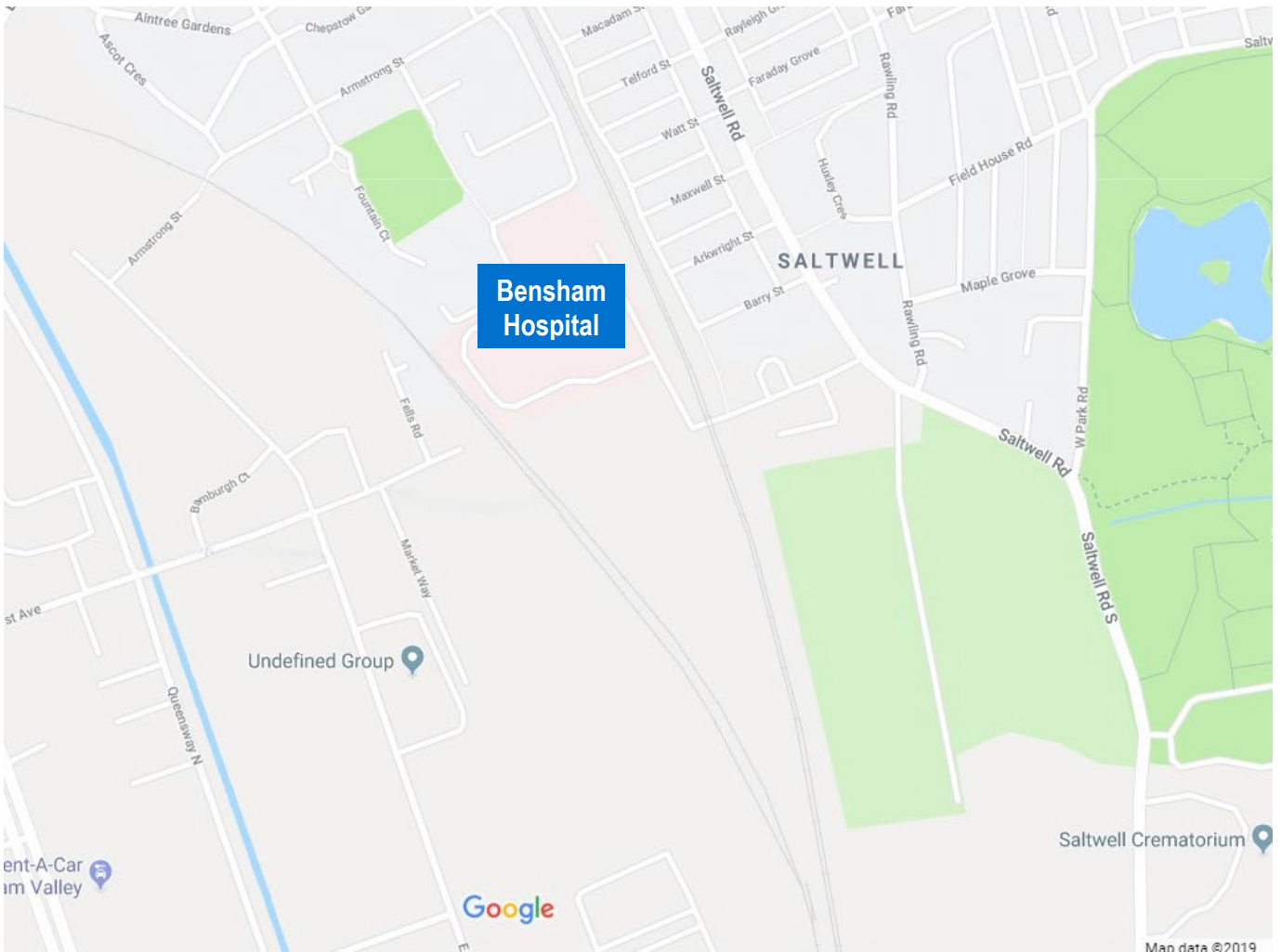
Problems, complaints or suggestions



Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy. If you want to complain we will give you a leaflet to explain how to, or you can talk to a member of staff.

If you think there are things we could do to make our service better please tell a member of the team.

Where are we?



Nearest bus: TB29 from Gateshead Interchange stand 6.
Runs from 9am - 4pm

Nearest Metro: Gateshead Metro

Office hours: Monday to Friday, 8.30am - 5pm

For further information contact Traveline

Tel: 0191 20 20 747

Website: www.traveline.info/



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre
Tel: 0191 246 7288

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