



# We want you to join the Involvement Bank!

Have you received support from any of our services in the past four years, or cared for someone who has?

You can get involved in activities, such as

- ▶ Staff training
- ▶ Research projects
- ▶ Staff recruitment
- ▶ Hospital inspections
- ▶ Working groups
- ▶ Sharing a personal story

Express your  
interest here



Learning from your experience, we can do more together.



**To find out more:**

Tel: 01670 501 816

Email: [involvement@cntw.nhs.uk](mailto:involvement@cntw.nhs.uk)

[www.cntw.nhs.uk/involvement](http://www.cntw.nhs.uk/involvement)