

Valley View, West Cumberland Hospital - A Visual Guide

Going somewhere new can be scary.

This is a guide to Valley View at West Cumberland Hospital, in Whitehaven.

It will tell you more about the building so you know what it will be like when you come for your appointment.

This is the building from the outside.

The CAMHS entrance is at the back of the building.

To get here you will follow the pavement around the side of the building.

This is the back of the building.

When you arrive you will press the buzzer and a member of staff will let you into the building.

You, or the person with you, will tell our staff you are here.

We may ask you to wait for a short time in the waiting room.

We will then take you to one of our rooms to talk. Here is one of the rooms we may use.

Here is another room we may use.

When your appointment has finished, we will show you out, and you will leave through the waiting room door.

We hope this has helped answer some of the questions you may have.

If you have any other questions then please contact us.

We look forward to meeting you soon.