

**Park Lane Clinic, Park Lane, Workington, Cumbria
CA14 2RR**



Park Lane Clinic, Park Lane Hospital

By road

From Whitehaven (A595)

- Take the A595 loop road, heading east.
- At the roundabout, take the first exit to stay on the A595.
- At the roundabout, take the second exit to stay on the A595.
- At the roundabout, take the first exit onto A596
- At the roundabout, take the second exit onto Washington Street (A596).
- Turn left onto Jane Street (B5297). Continue to follow B5297.
- At the roundabout, take the third exit onto Oxford Street (B5297).
- Turn left onto Park Lane and Park Lane Hospital will be on the right.

From Carlisle (A595)

- From the city centre, follow the signs for the west / A595.
- Stay on the A595 for 25 miles.
- At Low Road roundabout, take the third exit onto the A66.
- At Bridgefoot roundabout, take the second exit onto Stainburn and Great Clifton Bypass (A66).
- At the roundabout, take the second exit onto Stainburn Road (A66).
- Turn left onto Washington Street (A596).
- Turn right onto Jane Street (B5297).
- At the roundabout, take the third exit onto Oxford Street (B5298).
- Turn left onto Park Lane and Park Lane Hospital will be on the right.

From Penrith (M6)

- Take junction 40 onto A66 signposted Workington and Keswick.
- Stay on the A66 for 34 miles until Bridgefoot roundabout. At the roundabout take the second exit onto Stainburn and Great Clifton Bypass (A66).
- At the roundabout, take the second exit onto Stainburn Road (A66).
- Turn left onto Washington Street (A596).
- Turn right onto Jane Street (B5297).
- At the roundabout, take the third exit onto Oxford Street (B5298).
- Turn left onto Park Lane and Park Lane Hospital will be on the right.

By bus

Stagecoach run buses to and from Workington town centre. Use the [Stagecoach website to plan your journey](#).

By train

Northern Rail run trains to and from Workington. [Use the Northern Rail website to plan your journey](#). From there, it is a short walk onto Station Road, onto Oxford Street then turn right onto Park Lane. Park Lane Hospital will be on the right. This journey takes eight minutes.