

# CNTW 2030

## Imagining our future, together

How you can help shape  
the future of CNTW



# “What could it be like to be supported by CNTW, or to work in CNTW, in the year 2030?”

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (CNTW) help:

- people with mental health issues or who misuse substances
- autistic people and people with learning disabilities
- people with neurodisabilities

People such as:

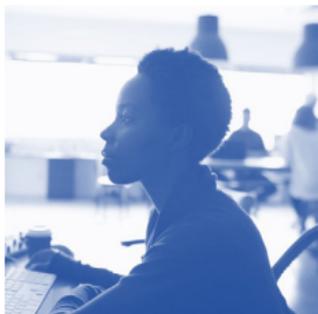


Mark\* is 53, has learning disabilities and is currently an inpatient as his placement in supported accommodation wasn't working.



Ryan\* is 34 and has a head injury. He is waiting for a bed at Walkergate Park Hospital for neurorehabilitation.

\* These are not real people, they are made up examples to help describe the people we help.



Zene\*, 48, is a registered nurse working at CNTW. Living with depression, they are also a service user.



Farah\* is 70 and has recently been diagnosed with dementia.



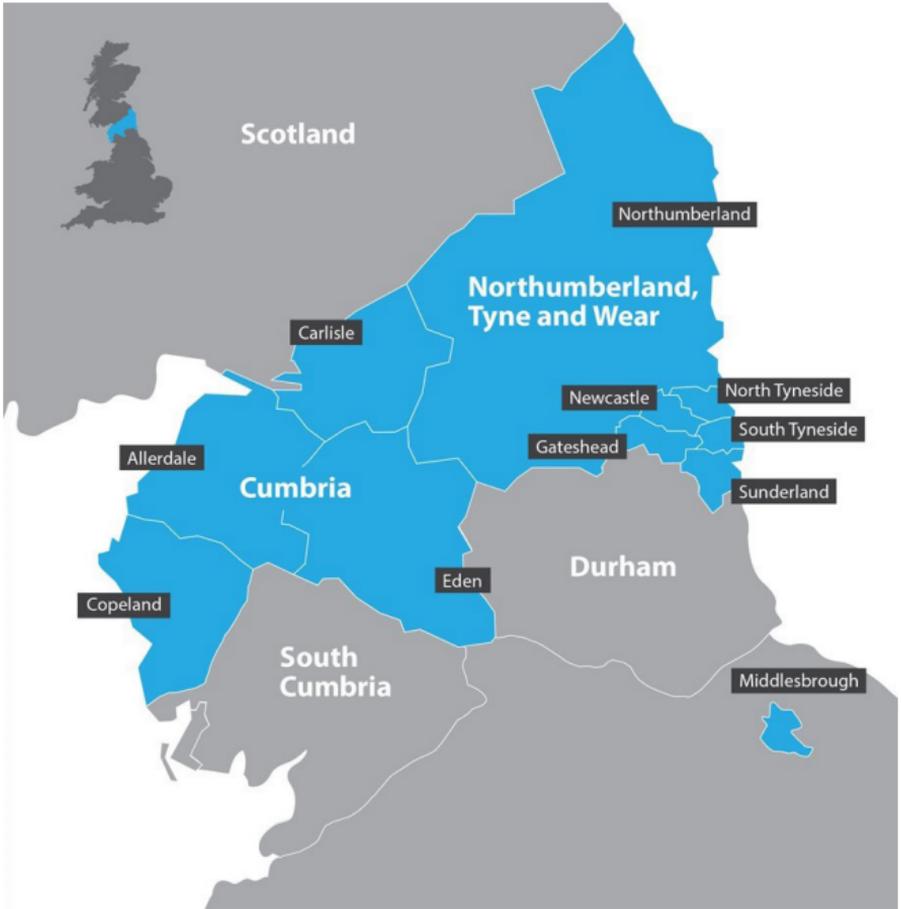
Beth\* is 17 years old, autistic, and has been self-harming.



Jack\*, age 30, has bipolar disorder, misuses substances and is frequently admitted to psychiatric inpatient care.

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**'CNTW2030' is a project to imagine CNTW's future role in improving the health of our local communities.**



From Whitehaven to Berwick, to Sunderland and everywhere in between, our local communities want different parts of the NHS and other organisations to understand their health needs and provide joined-up healthcare.

We can only do this by working together and listening to those who have experience of poor health.

To prepare for the future so that the people we help in the year 2030 receive the best possible care, we must:

- learn from the recent experience of people who have been involved with CNTW, maybe as a patient, carer, member of staff or as an organisational partner
- think about how we want to work with each other and influence the things we can change
- be realistic about the likely challenges and opportunities as we head towards the next decade.

We know that work life is difficult right now, but by having your say now you can help make improvements for the future.



**Let's imagine the care that Mark, Ryan, Zene, Farah, Beth and Jack could receive in the year 2030.**

Whether you're a service user, carer member of staff or partner organisation, we want to know what you think.

- What matters to you?
- What must we protect?
- How would you like us to work together?
- What would make the biggest difference to you?

**To answer these questions, please visit:**

[www.cntw.nhs.uk/2030](http://www.cntw.nhs.uk/2030)

or scan this code on your phone:



**We want to hear from you!**

Even if you only have a couple of minutes to spare, please let us know your thoughts. You can respond as many times as you wish.

Understanding  
the present

Imagining  
the future

Working  
towards our  
2030 vision

## **Our vision**

**“To be a leader in the delivery of high quality care and a champion for those we serve”**

## **Our Values**

- Caring and compassionate
- Respectful
- Honest and transparent

Please contact us to request a version in an alternative format.

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