

# Rose Lodge



Information for patients,  
families and carers



**A member of staff or a carer can support you to read this booklet. They will be able to answer any questions that you have.**

## About Rose Lodge



Rose Lodge is part of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. It is a treatment and assessment unit in Hebburn.

The unit is for men and women with a learning disability who have mental health problems or challenging behaviour.



At Rose Lodge there are doctors, nurses and other professionals who will help you get better.



The ward has 12 bedrooms.

You will have your own bedroom with a shower and toilet.



There are also bathrooms and toilets.

There are separate areas for men and women to use.



You can use these if you want to relax or just to have some quiet time on your own.



There are small living room and dining room areas.

All the rooms are on ground level.





There are separate dining rooms and quiet areas. These rooms can also be used for therapeutic activities.



## Outside Rose Lodge



During the nice weather you can use the garden.

There are areas used for therapeutic activities.



There are tables and benches in the garden. You can use this area to relax in.

## Smoking



The hospital has a no smoking policy on all wards and public places. No one, including visitors, is allowed to smoke anywhere on the site.

Staff can help you to give up smoking.

## Visiting times



**NHS**

**This Ward Operates a Protected Mealtimes Service**

At Lunch from **12:00** to **1:00**

AND

at Supper from **5:00** to **6:00**

Please avoid entering the ward or visiting during mealtimes

Please speak to the nurse in charge for more information

Families and carers are welcome to visit between  
10am and 12 noon  
1pm and 3pm  
6pm and 8pm

**Please note: If you are unable to visit at these times of day, please contact a member of staff and make alternative arrangements.**



We have protected mealtimes between  
**12 and 1pm**  
**5pm and 6pm**

We ask that families and carers avoid visiting during these times.

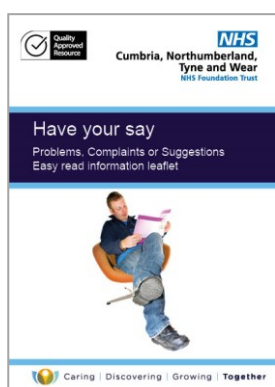
There is a family room for visitors where toys and games are available for children.

## More information



If you would like more information please ring 0191 287 5307 and speak to a member of staff at Rose Lodge.

## Problems, complaints or suggestions



Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy. We will give you a leaflet about how to make a complaint.

If you think that we could improve our service then please let a nurse know your idea.



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 246 7288

Published by the Patient Information Centre

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NHS Foundation Trust

Ref, PIC/438/0922 September 2022 V8

[www.cntw.nhs.uk](http://www.cntw.nhs.uk) Tel: 0191 246 7288

Review date 2025



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