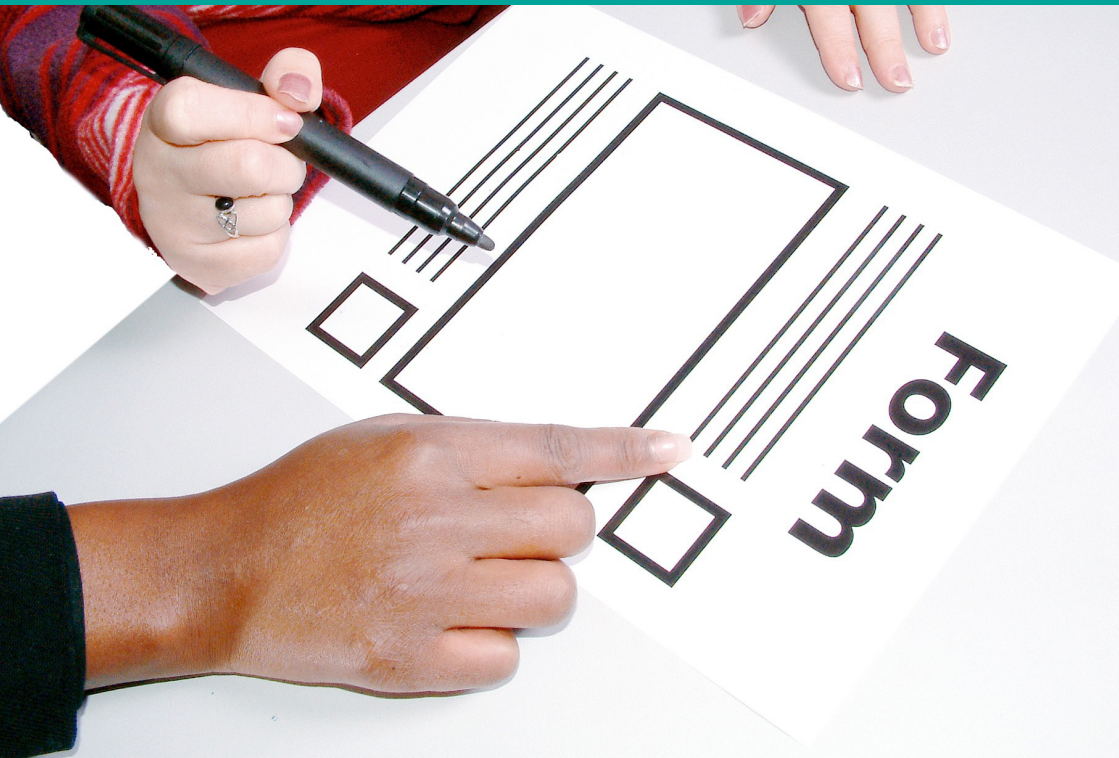


Information about consent

Easy read



A member of staff or a carer can support you to read this booklet. They will be able to answer any questions that you have.

What is consent?

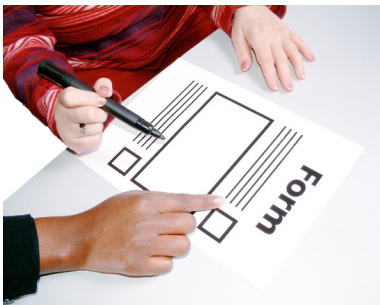


You should always be involved in making decisions about your life.

You should always be involved in making plans for your future.



When you say that you agree to something happening, you are giving your **consent**.



When you give your consent, it is only for what you have been asked about at that time.



Before you give your consent you will be told everything you need to know. You must be given enough information to help you decide.



You can ask as many questions as you want to.

You may be asked to consent to...

Treatments



You might need to see a doctor, dentist, nurse, psychologist, physiotherapist or occupational therapist. They must ask for your consent before they carry out any tests, assessments or treatments.

Therapy



Things like anger management groups, speech and language therapy, counselling, art, music or drama therapy, sex education or students being present.

Before you make up your mind, you need to be given information about:

- What they want to do.
- Why it needs to be done.
- What any treatment will feel like.
- What might go wrong.
- How much better it will make you.



How will people know I am giving consent?



You can say yes.

You can make a sign.



You might be asked to sign something to say you agree.



You can say yes.

You can say no.

It is up to you.

Do you need help to make up your mind?



You might want to ask questions like:

- How long will it be before I am better?
- Will I need to go into hospital?
- What will happen if I say no?



Talk it over with a friend, relative or carer. They might also want to ask questions.

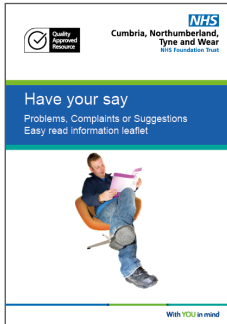


Take time to think about it.



You can always change your mind about giving consent.

Problems, complaints or suggestions



Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy. We will give you a leaflet about how to make a complaint.

If you think that we could improve our service then please let a nurse know your idea.

References

DoH (July 2009); Reference Guide to Consent for Examination or Treatment, 2nd Ed.

CNTW(C)05 - Consent to Examination or Treatment Policy
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

made with



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 246 7288

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