

## Research Currently Recruiting in CNTW

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### Useful Contacts

#### CNTW NIHR Portfolio Research Delivery teams






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## Summary of Recruiting Studies

Research into Mental Health Conditions			
<b>HWB</b> HEALTH AND WELLBEING	<p>The aim of this survey is to provide information about the health and wellbeing of people with Severe mental illness (SMI). To follow approximately 10 000 adults in the UK who have severe mental ill health and to collect information about their health and general well being.</p>	<p>Principal Investigator: Dr Ambrina Roshi</p> <p>Research Nurse: Jamie Rea, 0191 2081367 / <a href="mailto:Jamie.rea@cntw.nhs.uk">Jamie.rea@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b></p> 
<b>CAP-MEM</b> Exploring the cause and prevalence of memory problems in people with mental health, neurodevelopmental and neurodegenerative disorders.	<p>Exploring the relationship between dysfunction of the Autonomic Nervous System and cognitive impairment in a range of conditions. Recruiting people aged over 16 with conditions including schizophrenia, bipolar disorder, anxiety disorders, autism and dementia, and people with none of these health conditions.</p>	<p>Principal Investigator: Dr Niraj Ahuja</p> <p>Research Nurse: Jamie Rea, 0191 2081367 / <a href="mailto:Jamie.rea@cntw.nhs.uk">Jamie.rea@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b></p> 
Research into Learning Disability / Autism			
<b>PAT-A</b> Exploring the effectiveness of personalised non-pharmacological anxiety treatment for adults with autism	<p>In this study, we will conduct a national autism and anxiety survey, gathering the views of autistic people and professionals. Using this information, we will adapt current NHS anxiety treatments to make them 'fit for purpose' for use with autistic adults and test their efficacy in a randomised control trial.</p>	<p>Principal Investigator: Dr Barry Ingham</p> <p>Research Nurse: Susan Wilson, 0191 2081356 / <a href="mailto:Susan.wilson1@cntw.nhs.uk">Susan.wilson1@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b></p> 
<b>MRB</b> Managing Repetitive Behaviours	<p>This study aims to test the effectiveness of the MRB intervention for parents of young children with ASD against Learning About Autism group sessions. The long-term objective is to enable parents to have a better understanding of why children with ASD may show several repetitive behaviors, and manage those behaviors which cause difficulty for the family.</p>	<p>Principal Investigator: Dr Victoria Grahame</p> <p>Research Nurse: Susan Wilson, 0191 2081356 / <a href="mailto:Susan.wilson1@cntw.nhs.uk">Susan.wilson1@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b></p> 
<b>IHOAP Intervention</b> Improving the Health of Older Autistic People using Tailored Healthcare Adjustments (THA)	<p>Feasibility study of delivering the Tailored Healthcare Adjustments intervention to older autistic adults to improve access to physical healthcare</p>	<p>Principal Investigator: Dr Barry Ingham</p> <p>Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b></p> 








## Summary of Recruiting Studies

Research into Learning Disability / Autism			
<p><b>EPILEPSY LD REGISTER</b> A register for collecting/measuring outcomes of licensed Anti-Epileptic Drugs in patients with Epilepsy and Intellectual Disability and/or Pervasive Development Disorders</p>	<p>To ascertain the safety and impact of AEDs in PWE on individuals with ID and/or PDD with specific focus on the intensity and frequency of seizures and the side effects associated with their use and to compare these findings with data collected for a control group of PWE who do not have ID and/or PDD.</p>	<p>Principal Investigator: Dr Ian McKinnon  Research Nurse: Andrew Hamilton, 0191 2081356 / <a href="mailto:Andrew.Hamilton@cntw.nhs.uk">Andrew.Hamilton@cntw.nhs.uk</a></p>	<p><b>Sponsor</b>  Cornwall Partnership  NHS Foundation Trust</p>
Research for Children and Young Adolescents			
<p><b>EPICC-ID</b> Evaluation of Parent Intervention for Challenging Behaviour in Children with Intellectual Disabilities</p>	<p>This study is an intervention for parents of children with intellectual disabilities and challenging behaviour. It provides parents with information and support about how to manage such behaviours in their child. Trained therapists follow a manual and deliver the intervention in groups of 5-7 parents for 5 weeks, followed by 3 individual sessions and a final group meeting</p>	<p>Principal Investigator: Dr Adi Sharma  Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b> </p>
<p><b>ASPECT</b> Alleviating Specific Phobias Experienced by Children Trial</p>	<p>NIHR funded non-inferiority RCT comparing the clinical and cost-effectiveness of one session treatment (OST) with multi-session CBT for CYP's affected by severe phobias.</p>	<p>Principal Investigator: Dr Lena Gega  Research Nurse: Joseph Horne, 0191 2081381 / <a href="mailto:Joseph.horne@cntw.nhs.uk">Joseph.horne@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b>  NHS Foundation Trust</p>
<p><b>CAPRI-VOC</b> Children and Adolescents with Parental Mental illness: Measuring Vocal Brain Development in Babies of Mothers who have experienced Serious Mental Illness</p>	<p>The CAPRI-Voc study aims to discover biomarkers of abnormal language development in CAPRI using functional near infrared spectroscopy.  Compare the emergence of voice recognition over time between groups at 12 and 18 months of age, using fNIRS.</p>	<p>Principal Investigator: Dr Andrew Cairns  Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b> </p>
<p><b>EOD-UK &amp; ROI –</b> Early Onset Depression in the UK and ROI in children aged 3-13 years</p>	<p>It allows doctors and researchers to find out how many children in the UK and the Republic of Ireland are affected by the particular mental health disorder or condition each year – this is called epidemiological surveillance. Doctors also gather information about the cases of a particular rare condition, so they can begin to understand what might have caused it, how to diagnose and treat the problem</p>	<p>Principal Investigator: Dr Adi Sharma  Research Nurse: Joseph Horne, 0191 2081381 / <a href="mailto:Joseph.horne@cntw.nhs.uk">Joseph.horne@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b>  Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust</p>








## Summary of Recruiting Studies

Research for Children and Young Adolescents			
<p><b>SSS - SPECIALIST SERVICES STUDY</b> A realistic process evaluation of the implementation and impact of Forensic Child and Adolescent Mental Health Services (F-CAMHS) and SECURE STAIRS</p>	<p>The aim of this study is to evaluate the effectiveness of two new service models being rolled out as part of routine practice across England. The study involves collecting data from young people and parents/guardians from 33 Specialist Services provided by Forensic Child and Adolescent Mental Health Services (G-CAMHS) and the Secure Estate</p>	<p>Principal Investigator: Dr Jack Kennedy</p> <p>Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p>Sponsor:</p> 
Research for Depression / Mood			
<p><b>TRIANGLE</b> Transition care in AN: Through Guidance on-Line from peer and carer Experts</p>	<p>A multicentre randomised controlled trial to examine whether the addition of a patient and carer skill sharing intervention improves long-term patient wellbeing following hospital treatment for Anorexia Nervosa.</p>	<p>Principal Investigator: Dr Caroline Reynolds</p> <p>Research Nurse: Jamie Rea, 0191 2081367 / <a href="mailto:Jamie.Rea@cntw.nhs.uk">Jamie.Rea@cntw.nhs.uk</a></p>	<p>Sponsor:</p> 
<p><b>LQD</b> Lithium versus Quetiapine in Treatment Resistant Depression</p>	<p>Trying to work out which of two medications (lithium or quetiapine) added to an antidepressant is best in helping people with TRD. Patients in the LQD study will be given either lithium or quetiapine alongside their antidepressant.</p>	<p>Principal Investigator: Prof Hamish McAllister-Williams</p> <p>Research Nurse: Susan Wilson, 0191 2081356 / <a href="mailto:Susan.wilson1@cntw.nhs.uk">Susan.wilson1@cntw.nhs.uk</a></p>	<p>Sponsor:</p> 
<p><b>BLISS</b> Bipolar Lithium Imaging and Spectroscopy Study</p>	<p>This study aims to find out if there are differences between responders and non-responders to lithium so that in the future, psychiatrists will have a better idea who should be offered lithium; patients will be able to make more informed choices.</p>	<p>Principal Investigator: Dr David Cousins</p> <p>Research Nurse: Jamie Rea, 0191 2081367 / <a href="mailto:Jamie.Rea@cntw.nhs.uk">Jamie.Rea@cntw.nhs.uk</a></p>	<p>Sponsor:</p> 
<p><b>BDRN</b> Molecular genetic investigation of bipolar disorder and related mood disorder in nuclear families</p>	<p>The aim is to find genes and other factors, such as stressful life events, which make some people more likely than others to become ill. We hope that their study will improve the understanding of mental illness and help researchers find better treatments in the future.</p>	<p>Principal Investigator: Dr Andrew Cairns</p> <p>Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p>Sponsor:</p> 






## Summary of Recruiting Studies

### Research for Depression / Mood

<p><b>PSILOCYBIN</b> The Safety and Efficacy of Psilocybin in Participants with Treatment-Resistant</p>	<p>The primary objective of this study is to evaluate the efficacy of psilocybin (25 mg or 10 mg) compared to 1 mg, administered under supportive conditions to adult participants with TRD, in improving depressive symptoms, as assessed by the change in the Montgomery-Asberg Depression Rating Scale (MADRS) total score from Baseline.</p>	<p>Principal Investigator: Prof Hamish McAllister-Williams  Research Nurse: Susan Wilson, 0191 2081356 / <a href="mailto:Susan.Wilson1@cntw.nhs.uk">Susan.Wilson1@cntw.nhs.uk</a></p>	<p>Sponsor:  COMPASSION Navigating Mental Health Pathways</p>
<p><b>BRIGHTMIND</b> Brain image guided transcranial magnetic in depression</p>	<p>We are testing the effectiveness of a new approach to treat Treatment Resistant Depression (TRD) using magnetic stimulation applied via the scalp. Treatment resistant depression is depression that has not improved with at least two previous antidepressant treatments.</p>	<p>Principal Investigator: Prof Hamish McAllister Williams  Research Nurse: Andrew Hamilton, 0191 2081356 / <a href="mailto:Andrew.Hamilton@cntw.nhs.uk">Andrew.Hamilton@cntw.nhs.uk</a></p>	<p>Sponsor:  Nottinghamshire Healthcare NHS Foundation Trust</p>
<p><b>RESTORE-LIFE</b></p>	<p>A Global Prospective, Multi-center, Observational post-market Study to assess short, mid and long-term Effectiveness and efficiency of VNS Therapy® as adjunctive therapy in real-world patient's with difficult to treat depression.</p>	<p>Principal Investigator: Dr Hamish McAllister Williams Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p>Sponsor:  LivaNova Health innovation that matters</p>
<p><b>GAMECHANGE</b> Improving lives through VR Therapy</p>	<p>The purpose of the trial is to find out whether our new Virtual Reality (VR) therapy helps people feel much less anxious in everyday situations.</p>	<p>Principal Investigator: Dr Rob Dudley  Research Nurse: Helen Spencer, 0191 2081338 / <a href="mailto:Helen.Spencer@cntw.nhs.uk">Helen.Spencer@cntw.nhs.uk</a></p>	<p>Sponsor:  UNIVERSITY OF OXFORD</p>
<p><b>The PAX-BD study</b> Double-blind, placebo-controlled, efficacy/mechanism study investigating the effect of adding pramipexole to antidepressant medication in patients with bipolar disorder.</p>	<p>The study will investigate whether pramipexole is a beneficial treatment to patients with BD who have depression that has not responded to other treatments.</p>	<p>Principal Investigator: Dr Stuart Watson  Research Nurse: Emily Clare, 0191 2081356 / <a href="mailto:Emily.clare@cntw.nhs.uk">Emily.clare@cntw.nhs.uk</a></p>	<p>Sponsor:  Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust</p>



## Summary of Recruiting Studies

Research into Drugs and Alcohol			
<p><b>MUP</b> Impact of Minimum Unit Pricing in Scotland on harmful drinkers</p>	<p>To investigate the impact of implementing MUP on people who are alcohol dependent, in terms of consumption, expenditure, treatment seeking and unintended consequences and to identify potential strategies for minimising harms in this population.</p>	<p>Principal Investigator: Prof Eilish Gilvary  Research Nurse: Susan Wilson, 0191 2081356 / <a href="mailto:Susan.Wilson1@cntw.nhs.uk">Susan.Wilson1@cntw.nhs.uk</a></p>	<p><b>Sponsor</b>  The University Of Sheffield. :</p>
<p><b>SCIMITAR +</b></p>	<p>The Primary Objective is to establish the clinical effectiveness of a bespoke smoking cessation intervention for people with severe mental ill health. The secondary objectives are to establish the cost effectiveness of a bespoke smoking cessation intervention for people with severe mental ill health compared to usual GP care.</p>	<p>Principal Investigator: Paul Courtney  Research Nurse: Jamie Rea, 0191 2081367 / <a href="mailto:Jamie.Rea@cntw.nhs.uk">Jamie.Rea@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b>  UNIVERSITY of York</p>
<p><b>EXPO</b> Extended-release Pharmacotherapy for Opioid Disorder</p>	<p>The primary objective of the study is to determine the difference in effectiveness (in terms of reduced non-medical opioids) for a head-to-head superiority comparison of Extended-release Buprenorphine and Buprenorphine/Methadone and the difference in effectiveness of a head-to-head comparison of Extended-release Buprenorphine plus Psychosocial Interventions and Buprenorphine/Methadone plus PSI during 6 months of trial treatment</p>	<p>Principal Investigator: Prof Eilish Gilvary  Research Nurse: Jamie Rea, 0191 2081367 / <a href="mailto:Jamie.Rea@cntw.nhs.uk">Jamie.Rea@cntw.nhs.uk</a></p>	<p><b>Sponsor:</b>  KING'S College LONDON</p>



## Summary of Recruiting Studies

### **Dementias and Neurodegeneration Case Register**

To facilitate recruitment to studies we have a Case Register for people with all types of **dementia, mild cognitive impairment, Parkinson's disease, progressive supranuclear palsy and multiple system atrophy**. The Case Register holds information about patients interested in research. Members of the Case Register can be selected for suitable studies and asked if they would like to take part.

Patients throughout the region should have opportunities to take part in clinical research. For clinicians, referring to the Case Register can be a step on the way to research activity.

The Clinical Research Network:  
North East and North Cumbria can help you by:

- Promoting research in your clinics
- Signing your patients up to the Case Register
- Identifying suitable patients for your research studies
- Taking patient consent and providing information about studies and trials
- Carrying out research including study set-up
- Managing the Case Register
- Sending regular newsletters to Case Register members

Send the contact details of patients you have discussed research with to us.  
Either write, copy us in to a clinic letter, telephone, or email. We will send out information and obtain consent.

### **How to refer patients**

#### **Please contact us at**

Clinical Research Network  
North East and North Cumbria Dementias and neurodegeneration (DeNDRoN),  
St Nicholas Hospital  
Jubilee Road, Gosforth  
Newcastle upon Tyne, NE3 3XT






**Copy us in to a clinic letter**      **Phone:** 0191 246 7388      or      **Email:** [dendron@cntw.nhs.uk](mailto:dendron@cntw.nhs.uk)

### **Data protection and confidentiality**

- All data is stored securely on a CNTW Server
- The database is used by approved members of the Clinical Research Network only
- Patient information is only released with the patient's agreement
- **Patients are free to withdraw from the Case Register at any time; we inform you of their withdrawal or death and remove their details from the database**

## Summary of Recruiting Studies

### Research into Alzheimer's / Dementia

<p><b>SYMBAD</b> Study of Mirtazapine for Agitation in Dementia</p>	<p>The overall trial aim is to assess the safety, clinical and cost effectiveness of Mirtazapine and Carbamazepine in the treatment of agitation in Dementia</p>	<p>Principal Investigator: Dr John Paul-Taylor  Research Nurse:, Bryony Storey, <a href="mailto:bryony.storey@nhs.net">bryony.storey@nhs.net</a></p>	<p>Sponsor: </p>
<p><b>Graduate 2 Study</b> Gantenerumab in patients with prodromal to mild AD</p>	<p>The purpose of this study is to find out the effects, good or bad, of Gantenerumab (this is a monoclonal antibody which aims to reduce amyloid burden in the brain), compared to a placebo (an inactive substance that looks like the study drug).</p>	<p>Principal Investigator: Dr Bob Barber  Research Assistant: David Green, 0191 2081348 / <a href="mailto:David.green@cntw.nhs.uk">David.green@cntw.nhs.uk</a></p>	<p>Sponsor: </p>
<p><b>PATHFINDER</b> Problem Adaption Therapy for Individuals with Mild to Moderate Dementia and Depression</p>	<p>Our principal aims are to develop an adapted PATH intervention, suitable for use with people with mild and moderate dementia for delivery within the NHS, and to design and conduct a trial to answer the question posed by the HTA's commissioning brief:</p>	<p>Principal Investigator: Dr Charlotte Allan  Research Nurse: Barbara Wilson, 0191 2081337 / <a href="mailto:Barbara.Wilson@cntw.nhs.uk">Barbara.Wilson@cntw.nhs.uk</a></p>	<p>Sponsor: </p>
<p><b>SEED</b> Supporting Excellence in End of Life care in Dementia</p>	<p>In this project we are looking at different ways that people with dementia might be better supported. To do this we are asking a number of people about how valuable they think different kinds of care are. Today, I am going to ask you how you value two different ways of caring for people with dementia.</p>	<p>Local Collaborator: David Green, 0191 2081348 / <a href="mailto:David.green@cntw.nhs.uk">David.green@cntw.nhs.uk</a></p>	<p>Sponsor: </p>
<p><b>COGSLEEP</b> Understanding the relationship between cognitive fluctuations, sleep and arousal in Dementia with Lewy Bodies.</p>	<p>The Overall aim of the study is to better understand cognitive fluctuations in Dementia with Lewy Bodies(DLB)</p>	<p>Principal Investigator: Dr Charlotte Allan  Research Nurse: June Pearson, 0191 2081350 / <a href="mailto:June.Pearson@cntw.nhs.uk">June.Pearson@cntw.nhs.uk</a></p>	<p>Sponsor: </p>





## Summary of Recruiting Studies

### Research into Huntington's Disease

#### ENROLL-HD

Is a multi-centre, multi-national, prospective observational study of Huntington's Disease

The 3 main aims are to, To better understand HD as it happens in people to give insight into developing new drugs. To improve the design of clinical trials to rapidly provide clear outcomes – better, smarter, faster clinical trials will identify effective treatments as quickly as possible. To improve clinical care for HD patients by identifying the best clinical practices across all sites around the world and ensure that all families receive that standard of care.

Principal Investigator: Dr Suresh Komati

Research Nurse: Sarah Edwards, 0191 246 7392 / [Sarah.edwards@cntw.nhs.uk](mailto:Sarah.edwards@cntw.nhs.uk)

Sponsor:

