



Mental Health and Deafness Service

Information for referrers



A partnership between
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
and Tees, Esk and Wear Valleys NHS Foundation Trust

What is the Mental Health and Deafness Service?

A specialised mental health service for deaf people from 18 years onwards, covering Cumbria, Northumberland, Tyne and Wear, County Durham, Darlington and Teesside.

The team comprises:

Christine Davidson
**Advanced Practitioner
Occupational Therapist**

Emmanuel Chan
Team Manager

Heather Thomson
Community Practitioner

Emily Erceylan
Advanced Practitioner Specialist Speech and Language Therapist

Cheryl Young
Assistant Practitioner

Who is the service for?

Deaf and Deafblind people 18 years and older who have a range of mental health issues. Our target group are BSL (British Sign Language) users but we are happy to discuss referrals for other deaf non-BSL users.

How the service works

The Mental Health and Deafness (MHD) service works in partnership with local Community Mental Health (CMHT) / Community Treatment Teams (CTT). The service offers specialist assessment, treatment and advice to compliment the work completed in secondary care. The service can also assist the person to engage with services, to understand interventions and can help to develop a communication passport.

The local CMHT / CTT will take care-coordination responsibility as this is not provided by this tertiary service.

How to refer

We welcome referrals from Community Mental Health (CMHT) / Community Treatment Teams (CTT). Please complete the [referral form](#).

GPs should refer to the local CMHT/CTT and request they involve the Mental Health and Deafness Service.

We also welcome informal telephone discussion about any concerns and potential referrals you may have.

Where are patients seen?

Patients are seen at the community bases, GP surgeries or their own homes, whichever is appropriate

For further information contact

North East Mental Health and Deafness Service

Walkergate Park

Benfield Road

Newcastle upon Tyne

Tyne and Wear

NE6 4QD

Email: MHD@cntw.nhs.uk

Tel: 0191 287 5077

Mobile: 07584 33 95 39

A patient information leaflet is also available at www.cntw.nhs.uk/bsl

Useful information

This leaflet is also available in BSL at www.cntw.nhs.uk/bsl. For mental health self help guides and other useful BSL resources visit:

www.cntw.nhs.uk/home/accessible-information/bsl/

Deaf friendly information e.g. deaf clubs in your area and organisations for Deaf people visit:

www.cntw.nhs.uk/services/north-east-mental-health-deafness-service-walkergate-park/local-and-national-support/

Helpful tips and information day or night

- Emergency SMS can be used to contact police, ambulance or fire in an emergency. You need to register your phone <https://www.emergencysms.net/>
- SHOUT text service. If you are struggling to cope, Text DEAF to 85258
- Relay UK, Dial 18000 or, if using the app simply tap the 999 button for emergency services.
www.relayuk.bt.com
- <https://signhealth.org.uk/> – provide information and support including psychological therapy services for deaf people.
- **North East Independent Complaints Advocacy (ICA)** - deaf advocate. Contact us by text 07789 088 284 or BSL Whatsapp video on 07738 994 040.

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