

# CNTW R&D CONFERENCE, 16 OCTOBER 2019

## Presenter Biographies

<p><b>Simon Douglas</b></p> <p>Joint Director of Research, Innovation &amp; Clinical Effectiveness</p>	<p>Simon is CNTW's Joint Director of Research, Innovation &amp; Clinical Effectiveness. He has been involved in Clinical Research in various roles in the North East since 2002.</p>
<p><b>Ken Jarrold</b></p> <p>CNTW NHS FT Chair</p>	<p>Ken Jarrold is Chair of the Council of Governors and the Board of Directors of the Northumberland, Tyne and Wear NHS Foundation Trust, Director of Other People's Shoes Ltd, Patron of the NHS Retirement Fellowship, a Patron of the Cavell Nurses Trust and Chair of the Government's Pharmacy Rebalancing Programme Board. Ken was Chair of Brighter Futures of Stoke on Trent from June 2016 to May 2018, Chair of the North Staffordshire Combined Healthcare NHS Trust from December 2011 to March 2016 and Chair of the County Durham Economic Partnership from 2006 to 2012. Ken was Chair of the Pharmacy Regulation and Leadership Oversight Group [PRLOG] from 2007 to 2009. PRLOG's job was to oversee the establishment of the first General Pharmaceutical Council. Ken was a Non-Executive Director of the Serious Organised Crime Agency from 2005 to 2009 and a member of the Board of the Child Exploitation on Line Protection Centre [CEOP] and Chair of the CEOP Relationship Management Committee from 2009 to 2012. Ken was an NHS Manager for 36 years.</p>
<p><b>Professor Eileen Kaner</b></p> <p>Chair of Public Health &amp; Primary Care Research</p>	<p>Eileen Kaner is a non-clinical Professor of Public Health and Primary Care Research at the University of Newcastle upon Tyne. She is also the Director of the NIHR Applied Research Collaboration (ARC) covering the North East and North Cumbria.</p>

		<p>Eileen is an applied behavioural scientist by training and her personal research programme aims to improve health and well-being by reducing risks due to alcohol, substance use and linked mental health problems. Her work crosses the entire life-course and has a strong focus on tackling social disadvantage and reducing inequalities. Key to her work is the development and evaluation of screening and brief intervention approaches in a range of health and social care settings. To date, she has published 295 peer reviewed publications and won over £55 million in research grants. Her H index is 47 and i10 index is 116 and her work has achieved 11,770 citations to date.</p>
	<p><b>Professor John O'Brien</b></p> <p>Professor of Old Age Psychiatry, NIHR National Specialty Lead for Dementia</p>	<p>Professor John T O'Brien is Professor of Old Age Psychiatry in the Department of Psychiatry at the University of Cambridge, having previously been Professor of Old Age Psychiatry at Newcastle University and Honorary Consultant within NTW Trust. He is also a National Institute for Health Research Senior Investigator, a Fellow of the UK Academy of Medical Sciences and the National Specialty Lead for Dementia. He was a member of the recent NICE Dementia Guideline Group.</p> <p>His research interests include the application of neuroimaging in old age psychiatry; dementia with Lewy bodies, the role of vascular factors in dementia and depression and clinical trials. He was Chief Investigator on the DIAMOND-Lewy NIHR Programme Grant awarded to NTW Trust which ran from 2013-2019, and which will be the topic of his talk.</p>
	<p><b>Dr Rob Dudley</b></p> <p>Consultant clinical psychologist</p>	<p>I am a Consultant Clinical Psychologist working in the Psychosis pathway in Newcastle and Gateshead, and work trustwide to help support the delivery of psychological therapies for people with Psychosis. I am trained in Cognitive Behavioural Therapy and have been involved in a number of treatment trials evaluating CBT for People with Psychosis.</p>
	<p><b>Dr Guy Dodgson</b></p> <p>Trustwide lead for EIP</p>	<p>I am a Consultant Clinical Psychologist who has lead on EIP services for many years. I have research interests in the effectiveness of EIP, but also the understanding and treatment of unusual sensory experiences.</p>

<p><b>Dr Aditya Sharma</b></p> <p>Clinical Academic Child &amp; Adolescent Psychiatrist and Clinical Senior Lecturer in Child and Adolescent Psychiatry</p>	<p>I am a Clinical Academic Child &amp; Adolescent Psychiatrist.</p> <p>I have received specialist training in the field of mood disorders within the UK and in the USA (at Stanford University, NIMH and at Washington University at St Louis).</p> <p>I now lead on the National Adolescent Bipolar Service, which is a tertiary second opinion service specialising in the assessment and treatment of children and young people with mood disorders. This service is part of the Northern Centre for Mood Disorders (a joint academic clinical collaboration between NTW NHS Foundation Trust and Newcastle University).</p>
<p><b>Lynn Barron Millar</b></p> <p>Research Associate</p>	<p>I am a mixed methods researcher with interests in global mental health, quality of life, digital health and healthy ageing. I currently hold a Research Associate post within the Faculty of Medical Science at Newcastle University, focussing on Evidence Synthesis and Academic Psychiatry. Prior to this I completed my PhD in healthy ageing and mortality risk at Newcastle University.</p>
<p><b>Professor Jacqui Rodgers</b></p> <p>Chair in Psychology &amp; Mental Health</p>	<p>Jacqui Rodgers is a professor of psychology and mental health and an autism researcher based at the Institute of Neuroscience, Newcastle University, UK. Her work focuses on trying to understand the relationships between characteristics of autism (such as sensory issues and restricted and repetitive behaviours) and co-occurring mental health conditions. She has a particular interest in anxiety and suicide in autism. She is really keen to ensure that clinical services have good assessment methods available to them to identify when autistic people are experiencing mental health difficulties and to evaluate interventions and with colleagues has developed the first anxiety and suicidality questionnaires specifically designed and validated for autistic children and adults. She is also involved in the development and evaluation of a range of mental health focused interventions for autistic children and adults. Some of this work focused on how autistic people respond to uncertainty and this will be the focus of her presentation. All of the work she is involved in is undertaken in collaboration with members of the autism community and she feels passionately that co-production is essential for us to be able to truly understand the experiences of autistic people.</p>

<p><b>Dr Maria Avantaggiato-Quinn</b> Associate Allied Health Professional (AHP) Director for Specialist Children’s Services at CNTW FT and Principal Occupational Therapist</p>	<p>Dr Maria Avantaggiato-Quinn is the Associate Allied Health Professional (AHP) Director for Specialist Children’s Services at CNTW FT and Principal Occupational Therapist, working clinically in Northumberland Community CYPS. She is a Visiting Scholar with Northumbria University, with a post/doctoral focus on effective OT in CYPS and parents experience of violent and challenging behaviour in children.</p> <p>She is actively involved regionally and nationally in the strategic development of AHP research, leadership and workforce development. Maria is a service manager representative on both the National Council for AHP Research (CAHPR) and the RCOT James Lind Alliance Priority Setting Partnership Steering Group. Maria helped develop the Cumbria/NE NMAHP Research Strategy launched in November 2017 and is part of the NMAHP Implementation Group seeking to enhance AHP research activity and careers regionally.</p>
<p><b>Dr Su McAnelly</b> Learning Disability Nurse and Principal Lecturer</p>	<p>Dr. Su McAnelly is a learning disability nurse and academic working at Northumbria University. Her primary teaching and research focus is on learning disability, equality and policy. To date Su has published an edited book “Intellectual disability: health and social care” and articles relating to issues in intellectual disability and other disabilities both in the UK and internationally. Her current research studies are around oral histories of learning disability nursed and also parents narratives of their lives with children who challenge them with difficult / violent behaviour.</p>
<p><b>Kevin Hawkes</b> Consultant Family Therapist</p>	<p>I work as Consultant Family Therapist, Approved Supervisor and Clinical Lead for Family Therapy within the CNTW Centre for Specialist Psychotherapies. My core professional training is in Mental Health Nursing and I have worked within a wide range of community mental health settings. While working in community mental health I was introduced to and became excited by systemic ideas. I completed the MA in Family Therapy and Systemic Practice in 2010 and The Diploma in Systemic Teaching, Training &amp; Supervision in 2014. I have also trained as a practitioner, trainer and supervisor in Family Interventions for Psychosis. Within my current role I lead on the implementation of family interventions across the psychosis pathway. I remain</p>

		active in clinical work supervision, and training. My research interests include family based approaches to living with parental mental health problems and dialogical approaches to family therapy practice and supervision.
	<p><b>Dr Vicki Grahame</b></p> <p>Consultant Clinical Psychologist and Hon Senior Clinical Lecturer</p>	<p>Dr Vicki Grahame is a Consultant Clinical Psychologist and Hon Senior Clinical Lecturer at Newcastle University. In her clinical role she leads the nationally commissioned Complex Neurodevelopmental Disorders Service for children and young people with suspected Autism Spectrum Disorder. Dr Grahame has research expertise in complex intervention trials in ASD and she is currently leading a fully powered multisite RCT into a parent mediated intervention for restricted repetitive behaviours in young children with ASD.</p>
	<p><b>Sarah Jamieson</b></p> <p>Advanced Speech and Language Therapist</p>	<p>Sarah Jamieson is an Advanced Speech and Language Therapist currently working within the nationally commissioned Complex Neurodevelopmental Disorders Service. She has recently worked as a Research SLT in a RCT into the generalisation of communication gains for children with ASD using a video-mediated treatment with parents and teaching assistants. Sarah has experience of working with children who have autism in mainstream and specialist schools and has attended extensive autism training. She completed a masters degree in autism in 2018.</p>
	<p><b>Lisa Slater</b></p> <p>Advanced Speech and Language Therapist</p>	<p>Lisa Slater is an Advanced Speech and Language Therapist currently working within the nationally commissioned Complex Neurodevelopmental Disorders Service for children and young people with suspected Autism Spectrum Disorder. She has recently worked as a Research SLT in a RCT into the generalisation of communication gains for children with ASD using a video-mediated treatment with parents and teaching assistants. Her clinical background includes assessing and delivering intervention for children with deafness / hearing loss. She has also worked as part of an MDT at the North East Regional Cochlear Implant Programme at James Cook University Hospital.</p>
	<p><b>Dr Barry Ingham</b></p> <p>Consultant Clinical Psychologist</p>	<p>Dr Barry Ingham is a Consultant Clinical Psychologist and Associate Psychological Services Director at Northumberland, Tyne &amp; Wear NHS Foundation Trust. He is also Honorary</p>

<p>Associate Psychological Services Director</p>	<p>Clinical Senior Lecturer at Newcastle University. He works clinically within an inpatient service for autistic adults and has led projects researching novel approaches to addressing mental and physical health conditions experienced by autistic people.</p>
<p><b>Jane Bourne</b> Dramatherapist &amp; CBT Psychotherapist</p>	<p>As a Dramatherapist I work within in-patient Specialist Services with vulnerable adults with learning disabilities, autism, and a range of mental health difficulties. I offer a psychosocial intervention using dramatherapy, which is an accessible approach that places less of a burden upon verbal communication and helps patients to express themselves and communicate. Using creative and playful interactions within structured therapy sessions patients experience and develop positive interactions and feel able to tell their stories. Over recent years I have been developing as a Clinical Academic. I have been awarded a number of research grants from the National Institute of Health Research (NIHR) such as an Internship and a Clinical Research Masters, an NTW Trust Internship and a Green shoots award.</p>
<p><b>Dr Keith Reid</b> Consultant Psychiatrist</p>	<p>I am a consultant in low secure and diversion in secure services. I have been a consultant since 2011, managerially engaged since 2014 and Associate Medical Director since 2017 for Positive and Safe Care which is CNTW's restraint reduction strategy. In that team I have a wide remit including analysis, innovation and engaging senior staff. I have contributed to national documents and recent publications in the field, and interests in staff factors, computer modelling, game theory and related concepts as models for reducing conflict. I trained locally in the North East and am an active trainer, recently becoming Training Program Director for the Higher Specialist Training Program in Forensic Psychiatry. I am also proud to be a student and trustee of my local recovery college where I teach a songwriting class.</p>
<p><b>Joseph Horne</b> Research Nurse</p>	<p>Joe's background is in children and adolescents mental health nursing before moving into CNTW's mental health research portfolio delivery team 3 years ago. For the past 2 years Joe has been partially seconded to York University into the role of honouree research fellow within the Mental Health and Addictions Group. The priority responsibilities of this role is to co-ordinate ASPECT recruitment and data collection across North East NHS CAMHS services. He will present the design of the ASPECT study before describing the obstacles to its recruitment and the solutions found to meeting an ambitious target.</p>

<p><b>Nicola Crosby</b> Nurse Consultant</p>	<p>I have almost thirty years of experience working as a nurse in both adult inpatient and community settings including PICU, Acute, Rehabilitation and EIP. During my time with EIP, I completed a Masters Degree in Cognitive Behavioural Therapy and Recovery in Psychosis and Complex Mental Health. I also achieved the V300, Non-Medical Prescribing for Independent and Supplementary Prescribing.</p> <p>I began working as a Nurse Consultant in January 2018, moving from inpatients to community services in June 2018 where I continue to work across the psychosis and non-psychosis pathway. I have recently completed the Post Graduate Certificate 'Professional Practice in Mental Health Law' and I am currently preparing a portfolio to apply for Approved Clinician status.</p>
<p><b>Andrew Jay</b> Specialist Nurse</p>	<p>Andrew has worked as a mental health nurse for 22 years and a nonmedical prescriber for 11 years. He has an interest in service development, finding solutions to challenges in the delivery of clinical services. Andrew is particularly interested in the treatment of ADHD and its comorbidities across child and adult services. Andrew has worked to develop nonmedical prescribing as a safe and effective adjunct to medical prescribing in Community Psychiatry across the age ranges and specialities. He also continues to work clinically in the field of Child and Adolescent ADHD and General Adult Psychiatry.</p>
<p><b>Sarah Robinson</b> Learning Disability Nurse Graduate</p>	<p>I have just completed my learning disability nurse training and due to graduate December of this year. Before starting at university my interest in nursing grew from volunteer work in a local day service which I thoroughly enjoyed. I have recently started working as a preceptor nurse in a children's inpatient facility, over the past 3 years I have taken a particular interest in caring for children and adolescents and research in depth intervention and issues that can arise within their care.</p>
<p><b>Cerys Gittins</b> Learning Disability Nurse Graduate</p>	<p>I have recently finished an undergraduate degree in Learning Disabilities nursing at the University of Northumbria. I have worked on the bank as a nursing assistant for Northumberland, Tyne and Wear NHS Foundation Trust throughout the three years of the course. I have recently secured a staff nurse</p>

		<p>position within the trust on Cheviot ward on the Kenneth Day Unit at Northgate Hospital. This is a medium secure unit for individuals with learning disabilities. This was my management placement whilst in my third year, I thoroughly enjoyed it and so am thrilled to begin my preceptorship there.</p>
	<p><b>Rita Alli-Ojeme</b> PhD Researcher</p>	<p>Rita Alli-Ojeme is a freelance writer and I have been writing various research articles since 2010. My most relevant work started in 2017 and is still ongoing. Research and writing is my hobby. My first degree was in Human Physiology in 2006. I then earned a Master's degree in Public Health in 2011 at Sunderland University. Additional certifications include PG Certificate in 2018. I am currently a 3rd year PhD student at Newcastle University. Most of my work has been published in the British Academy of Management Proceedings. My current project is looking at work-related stress in the NHS.</p>
	<p><b>Dale Metcalfe</b> PhD Researcher</p>	<p>Dale Metcalfe is a PhD researcher in Psychology, with interests in Autism Spectrum Disorder (ASD) and intellectual disabilities.</p> <p>He is a member of the Research and Practice In Developmental Disabilities (RAPIDD) group, based at <u>Northumbria University</u>, in Newcastle-upon-Tyne. Here, he works alongside Prof. Karen McKenzie, Dr. Kris McCarty, Prof. George Murray.</p> <p>Dale's PhD project aims improve screening for ASD in people with intellectual disabilities. This is an area of upmost importance due to the chronic under-diagnosis of ASD in this population, which leads to a lower quality of life for these people.</p> <p>Further research interests include:</p> <ul style="list-style-type: none"> <li>• Emotion recognition and ASD</li> <li>• Dementia and intellectual disability</li> <li>• Workforce development for staff working with ASD/intellectual disability</li> </ul>
	<p><b>Naoimh Fox</b> Trainee Clinical Psychologist</p>	<p>Naoimh Fox is currently a Trainee Clinical Psychologist supporting children and their families with cancer. Naoimh is due to qualify in 2019 and completed this research as part of her</p>



		Doctoral in Clinical Psychology training. Naoimh's main research interests are oncology and dementia.
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