

Research and Development
e-Bulletin

January
2019



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Save the Date!

**Please note the date of the
Annual Research and
Development Conference
has now changed to**

16th October 2019

Research Funding Alerts

[18/95 - Rivastigmine for psychotic symptoms associated with Parkinson's disease](#)

Closing date: 23 January 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

18/99 - Lifestyle modification interventions in adults with learning disabilities

Closing date: 30 January 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this topic:

18/184 Public Health Research Programme: Researcher-led

Closing date: 12 March 2019

The Public Health Research Programme are accepting stage 1 applications to their researcher-led workstream

18/138 Suicide prevention in high risk groups

Closing date: 19 March 2019

The Public Health Research Programme are accepting stage 1 applications to their commissioned workstream for this topic.

18/170 Efficacy and Mechanism Evaluation Programme - Researcher-led

Closing date: 19 March 2019

The Efficacy and Mechanism Evaluation Programme is accepting stage 1 applications to their researcher-led workstream:

Research for Patient Benefit Programme- Competition 38

Closing date: 20 March 2019

Applications are invited for Competition 38 of the Research for Patient Benefit programme. The deadline for applications is 20 March 2019.

[Biomarkers for brain injury](#)

Potential advert date: 21 March 2019

The Health Technology Assessment Programme is considering this topic area for future commissioned research.

18/185 Antipsychotics for anorexia nervosa

Closing date: 03 April 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

18/186 Active management vs conservative management for symptomatic brain cavernoma

Closing date: 03 April 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

18/189 Combination treatment for dementia with Lewy Bodies and Parkinson's disease dementia

Closing date: 03 April 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

18/191 Care planning intervention for people with dementia who do not have regular contact with an informal carer

Closing date: 03 April 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

18/194 Vagus nerve stimulation for highly treatment-resistant depression

Closing date: 03 April 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

18/195 Extended treatment in early intervention in psychosis services

Closing date: 03 April 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their commissioned workstream for this primary research topic:

19/05 - Health Services & Delivery Research Programme (researcher-led evidence synthesis)

Closing date: 25 April 2019

The Health Services and Delivery Research (HS&DR) Programme is accepting stage 2 evidence synthesis applications to their researcher-led workstream.

19/06 - Health Services & Delivery Research Programme (standard researcher-led)

Closing date: 25 April 2019

The Health Services and Delivery Research (HS&DR) Programme are accepting stage 1 applications to their researcher-led workstream.

19/10 Health Technology Assessment Programme - researcher-led (evidence synthesis)

Closing date: 15 May 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their researcher-led workstream.

19/11 Health Technology Assessment Programme - researcher-led (primary research)

Closing date: 15 May 2019

The Health Technology Assessment Programme is accepting stage 1 applications to their researcher-led workstream.

19/01 Improving health and wellbeing for people who are at risk of or exposed to Adverse Childhood Experiences (ACEs)

Closing date: 30 July 2019

The Public Health Research Programme are accepting stage 1 applications to their commissioned workstream for this topic.

19/02 Interventions that reduce harmful substance use with a focus on novel psychoactive substances

Closing date: 30 July 2019

The Public Health Research Programme are accepting stage 1 applications to their commissioned workstream for this topic.

Public Health Research Programme Rapid Funding Scheme

Closing date: 31 December 2019

The RFS has been set up to provide the public health research community with an accelerated route to funding for small-scale, short and time sensitive proposals that demonstrate a need for a rapid commissioning process to be followed.

Job, Training, Events Conference Opportunities



NIHR Programme Grants for Applied Research (PGfAR) Roadshow

Who is the event for?

The event will offer an opportunity to gain a greater understanding of the NIHR Programme Grants for Applied Research (PGfAR) funding stream. Registration is FREE of charge and refreshments will be provided.

Researchers currently developing, or considering developing, a proposal for submission to PGfAR for funding are invited to take advantage of a one to one session with PGfAR programme and RDS staff to discuss their proposed study.

When and where?

Thursday, 14th February 2019 - [Wedgwood Suite, Assembly Rooms, Newcastle upon Tyne](#)

Event Programme (subject to change)

| | |
|-------------|--|
| 10:30-11:00 | Registration and refreshments |
| 11:00-11:10 | Introduction (Prof Helen Hancock, Director RDS North East & North Cumbria) |
| 11:10-11:40 | Overview of NIHR Programme Grants (Speaker to be confirmed) |
| 11:40-12:00 | A successful PGfAR grant holder's experience and top tips for success (Dr Chris Price) |
| 12:00-12:15 | Q & A |
| 12:15-13:00 | Lunch and networking |
| 13:00-15:00 | 1:1 advice sessions |

To book a place, please [click here](#) - registration closes 7th February 2019

Accelerating Digital presents the Digital Festival

We are pleased to announce that registration is now open

When and Where?

Tuesday 26 March 2019 | 09:30 - 16:00

[The NEC](#) | Birmingham, B40 1NT

Why you should get involved

It's bigger, it's better and it's in Birmingham.

The Digital Festival 2019 celebrates digital innovation across the NIHR and the people who make it happen.

This one-day event will take place on Tuesday 26 March at the NEC in Birmingham and builds on the success of previous years' Accelerating Digital Showcase events.

Our stellar Digital Festival 2019 line-up is set to include amazing showcasers sharing their stories of using digital to work in new ways, alongside leading digital innovators from across the NHS and Industry. There will be demos, workshops, awards and much more.

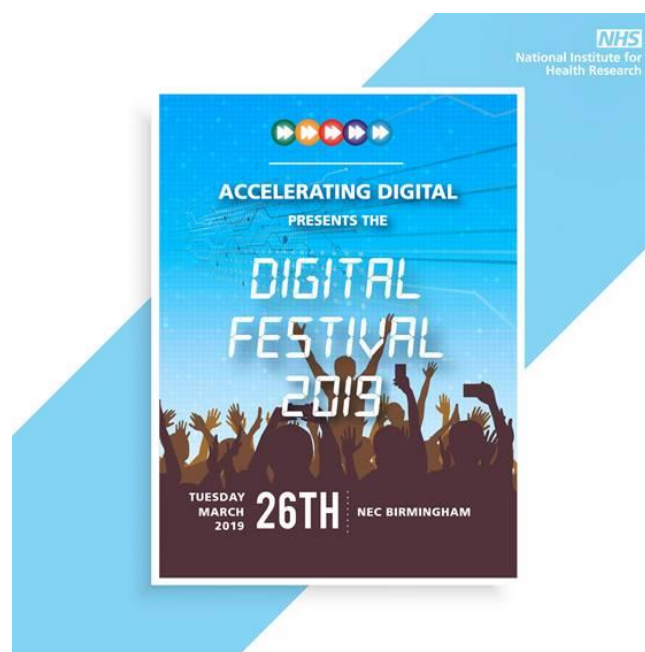
Attend as a participant

Want to learn about the exciting initiatives (big and small) happening across the Network, and what a Digital NIHR means for research delivery? Then look no further.

You can register to attend the Digital Festival as a participant and receive the latest updates concerning the event, the speakers, and venue specific information.

Registration is now open

Register to attend [here](#). Please note that spaces for this event are limited, and as this is likely to be a popular event, we recommend that you secure your place as early as possible!



Research Seminar

RCN Research Society (Northern Region) * is hosting:

Starting out in research: Tools to equip the early researcher.



@ResearchRCN

Date:

Tuesday 5th February 2019

Registration from: **11:30**

Seminar and networking lunch:

12.00 – 16.00

Light lunch provided.

Presentations by:

Linda Tinkler - 'Braving the Wilderness;
Developing as a Researcher and a Leader to
be able to lead Research!'

Yitka Graham - 'The role of NMAHP
Research Strategic Lead'.

Nikki Rousseau - 'Obtaining research funding
– how the NIHR RDS can help'.

Elaine Andrew - 'Advanced
database/literature searching'.

To book a free place e-mail:
michael.collins@sunderland.ac.uk

At:

Hope Street Xchange

1-3, Hind Street,
Sunderland University,
Sunderland,
SR1 3QD

*The Northern Region of the Research Society is a sub-group of the Royal College of Nursing's UK Research Society. It exists to promote research by encouraging education and training, networking and collaborative opportunities among its members in the Northern region.

More details about the RCN Research Society and future events can be found at
www.rcn.org.uk/development/research_and_innovation/rs

The Nottingham Systematic Review Course - Nottingham, UK

Centre for Evidence Based Hand Surgery, University of Nottingham.

Tuesday 18th June – Friday 21st June, 2019.

This course qualifies for 24 Royal College of Physicians CPD Points.

The Nottingham Systematic Review Course is aimed at participants who wish to become proficient in developing and undertaking a Cochrane-style systematic review of interventions. As this is an introductory course, no previous knowledge of systematic reviewing is required.

This is a hands-on course with a high focus on practical and computer-based learning delivered through demonstrations, guided practical exercises and facilitated tutorials using Review Manager (RevMan) and Endnote software. Experienced facilitators are on hand to give you practical advice on undertaking publishable systematic reviews.

No prior knowledge is required, though to maximise your learning, we ask you to have considered the topic (PICO) of your own review prior to the course.

Please note that this course does not cover diagnostic or qualitative methods systematic reviews. Please contact us if you need more information on whether this is the right course for you.

What will you learn?

- *Identify and Clarify your Review Questions*
- *Understand and Develop Search Strategies*
- *Manage the Results of Systematic Searches*
- *Extract Data and Assess the Risk of Bias of Included Studies*
- *Understand and carry out the Syntheses of Data Extracted, Apply the Methodology*

Conduct Reviews Independently.

Our Speakers:

[Professor Brigitte Scammell](#), Professor in Orthopaedics, Faculty of Medicine & Health Sciences, University of Nottingham.

[Clinical Associate-Professor Alexia Karantana](#), Clinical Associate-Professor in Hand Surgery, Faculty of Medicine & Health Sciences, University of Nottingham.

[Ms Judy Wright](#), Senior Information Specialist, Faculty of Medicine and Health, Leeds Institute of Health Sciences, University of Leeds.

[Professor Sarah Lewington](#), Scientific Director- MSc in Global Health Science, University of Oxford.

[Ms Jun Xia](#), Co-Director Nottingham Ningbo GRADE Centre, University of Nottingham-Ningbo.

[Dr Douglas Grindlay](#), Information Specialist, Faculty of Medicine & Health Sciences, University of Nottingham, Nottingham, UK.

[Mr Farhad Shokraneh](#), Research Fellow (Information Specialist), Cochrane Schizophrenia Group, Nottingham, UK.

Course Venue: The course venue is the new state of the art Teaching & Learning Hub, at the University of Nottingham, University Park Campus.

Course Fee: Early Bird discount fee is £800 if booked before 31st March, 2019.

Later bookings, fee is £895. A limited number of places are available to University of Nottingham PG students and staff at 25% discount. The course fee includes all learning materials, refreshments and lunch every day, plus farewell evening meal on Thursday 20th June, 2019.

General Enquiries please mail: carrie.chalmers@nottingham.ac.uk

For Further Course Information please visit: [Course Webpage](#)

To Book Direct Online please visit: [Nottingham Systematic Review Course-Online Shop](#)

Course Content Enquiries please email: jun.xia@nottingham.ac.uk

Launch of [**NUAcT \(NU Academic Track Fellowships\)**](#)

Our NUA^{CT} (Newcastle University Academic Track) Fellowship programme offers five year, well resourced, academic-track Fellowships in **any discipline**. Beginning in 2019, we are recruiting 100 new Fellows over the next 5 years.

You'll be a researcher with the **talent and motivation to develop** into a future research and academic leader in your field.

About NUA^{CT} Fellowships

As a NUA^{CT} Fellow you will develop your career in an exciting working environment. You will get:

- a high level of dedicated time for research
- freedom to develop your research interests
- access to our cutting-edge facilities.

We are developing into a diverse and inclusive institution, offering a supportive and welcoming staff environment. We hope that you will join us to achieve this vision.

See <https://www.ncl.ac.uk/nuact/about-nuact/> for further information and to apply

Research Design Service



NIHR Research Design Service North East and North Cumbria (RDS NENC)

RDS Blog: From the RDS Desk

Demystifying Public Involvement with Young People: ‘Never work with children (young people) or animals’ or so the quote goes, well we’re just going to change your mind with this month’s blog on the inspiring young adult patient and public involvement group YAPPI!

Click [here](#) to read the blog.

[Find out more about how RDS North East & North Cumbria can help you](#)

Want to keep up to date with the latest RDS NENC news? [Sign up to our newsletter here](#)

Efficiency, Cost and Quality of Mental Healthcare Provision

Online Survey for mental health service users and mental healthcare professionals

Project outline

- The purpose of this study is to look at how people value different aspects of quality of healthcare in mental health.
- Knowing information like this can help policy-makers to decide how best to allocate scarce resources and how to provide better quality health services

What will happen if I take part?

- You will click on a website link to take an online survey
- You will read information about the survey
- If you decide to take part after reading this information you can complete the questionnaire online straight away. The survey will take around 20 minutes to complete.
- The survey has three parts:
 1. You will be asked questions about you and your health.
 2. You will be asked to look at pairs of **different mental healthcare services** and asked which one you think is best.
 3. You will be asked what you thought of the survey.

Who can take the survey?

- Mental healthcare service users
 - Upon successful completion of the survey you will be asked if you want to enter a prize draw to win a £50 shopping voucher. Entering the prize draw is optional.

<https://www.sheffield.ac.uk/scharr/sections/heds/mvh/emhepsus>

- Mental healthcare professionals

<https://www.sheffield.ac.uk/scharr/sections/heds/mvh/emhephps>

A register for collecting and measuring outcomes of licensed Anti-Epileptic Drugs In patients with Epilepsy and Intellectual Disability and/or Pervasive Developmental Disorder

(Short title: EP ID PDD AED Register)

The NTW NHS Foundation Trust Portfolio Research Delivery Team, in collaboration with the Cornwall Partnership NHS foundation trust would like to introduce the above study.

What is the aim of the study?

Epilepsy has an estimated prevalence of 2-5% within the general population. However, for those diagnosed with an ID (*Intellectual Disability*) and/or a PDD (*Pervasive Developmental disorder*), (such as *autism*), epilepsy prevalence is found to be much higher. Within the overall ID population, Epilepsy prevalence is estimated to be over 25%, which increases with severity. For example, approximately 10% of individuals diagnosed with mild ID and 30% of individuals with diagnosed moderate to Severe or profound ID will also have been diagnosed with epilepsy. For those diagnosed with severe ID alone the estimated prevalence of Epilepsy is as high as 50%.

With the above in mind and in order to gain a better understanding of how anti-epileptic medications may work differently amongst individuals with a diagnosed ID and/or PDD, compared to those from the general Mental Health service user population, we aim to contribute to the development of a national, multi centred register/database, that will help to inform and hopefully improve local and national NHS service provision.

(No patient identifiable data will be collected and/or added to the database, or shared outside of NTW NHS Foundation trust).

In order to ensure that we contribute to the development of a thoroughly comprehensive and reflective national database, our aim locally within NTW is to investigate all currently prescribed Anti-Epileptic Drugs (AED's) in a nationally recognised sequence, starting with Levetiracetam (*Keppra*). We feel that this will be best achieved by firstly concentrating on the recruitment of individuals with diagnosed ID and/or PDD from both inpatient and outpatient services. It is worth remembering at this point, that in many instances, our ID and PDD diagnosed service users (*especially those with Mild to moderate ID and/or PDD*) may well be receiving care and support within our general inpatient and community based mental health teams, as well as our specialised ID/PDD service providers.

Inclusion Criteria:-

- Diagnosed with both Epilepsy and either an ID/PDD or can be any other NTW service user with Diagnosed epilepsy.
- Able to provide informed consent, or have a relative/responsible adult who can act as consultee and provide consent on behalf of those wishing to participate.
- Must be 18 years or over.

For further information, or to refer a NTW service user, please contact me on one of the numbers, or the email address below: - *(If referring via email, please only provide a Rio number, initials and date of birth).*

Andrew Hamilton (Research Nurse RNMH). NTW Portfolio Research Delivery Team (Mental Health and DeNDRoN. Tel: 0191 208 1338, Mob: 07867142629, or email to andrew.hamilton@ntw.nhs.uk.

Back to Life, Back to Normality 2

- 🧐 What is psychosis?
- 🧐 Can we make sense of it?
- 😊 Communicating, coping and discovering
- 😊 Activating positive emotions and achievements

BACK TO LIFE, BACK TO NORMALITY 2

*CBT informed recovery for families
with relatives with schizophrenia
and other psychoses*

**Douglas Turkington
and Helen Spencer**

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Medicine

20% Discount on this title

Expires 19 September 2019

Back to Life, Back to Normality 2

CBT Informed Recovery for Families with Relatives with Schizophrenia and Other Psychoses

Edited by Douglas Turkington

Institute of Neuroscience, Newcastle University

and Helen M. Spencer

Northumberland, Tyne & Wear NHS Foundation Trust

What do I do when my son or daughter appears to be hallucinating, paranoid or has stopped looking after themselves?

Written for family members and friends of those who suffer from schizophrenia and other psychoses, *Back to Life, Back to Normality 2* describes the typical symptoms and problems of those suffering from psychotic disorders and discusses how a relative can best listen, interact and communicate their support.

Research conducted by authors Professor Douglas Turkington and Helen Spencer has shown that individuals without psychiatric training and qualifications can easily learn and safely use some basic Cognitive Behavioural Therapy (CBT) techniques to help communicate effectively and provide support to their loved one suffering from psychosis. These techniques are described and illustrated with examples throughout this book, to allow carers to learn how to provide the best possible support and help facilitate a recovery for those suffering.

What is Psychosis? What is Schizophrenia?; 2. Psychosis usually has a Natural Tendency towards Recovery; 3. Positive Aspects of Psychosis: Enhanced Spirituality and Creativity; 4. When can Psychosis Escalate and will Medicines Help?; 5. Making Sense of Psychosis; 6. What if the Psychosis was Linked to Trauma?; 7. The 5 Pillars of Caring for Psychosis; 8. Effective Coping: Carer and Service User Self-Care; 9. Caring about Delusions and Other New Beliefs; 10. Hearing Voices, being Paranoid and Depressed: My Recovery with CBT; 11. Dealing with Visions; 12. Compassion Focused Approaches for Clients, Family & Health Care Providers; 13. Improving Self-Care, Attention, Motivation and Social Functioning; 14. Where can we Learn More?.

- What is psychosis?
- Can we make sense of it?
- Communicating, coping and observing
- Accessing positive emotions and achievements

BACK TO LIFE,
BACK TO
NORMALITY

VOLUME 2

CBT informed recovery for families with relatives with schizophrenia and other psychoses

Douglas Turkington
and Helen M. Spencer

Foreword by Aaron T. Beck

October 2018

234 x 156 mm 130pp

Paperback 978-1-107-56483-1

| Original price | Discount price |
|----------------|----------------|
| £14.99 | £11.99 |
| \$19.99 | \$15.99 |



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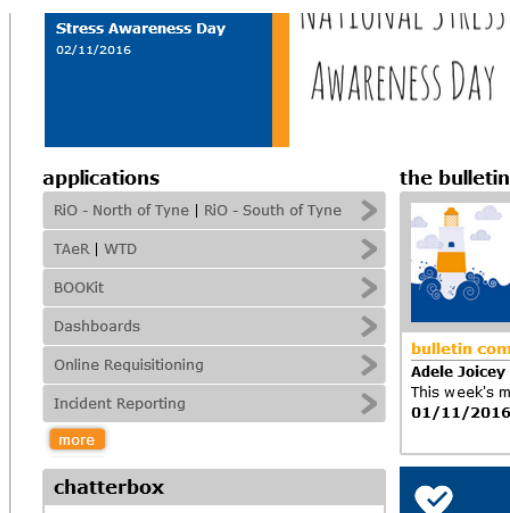
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NIHR Research Currently in Recruitment

Opportunities for our service users to become involved in research is now available for quick access:

Under “Applications” click the “more” button and then “Research” – this takes you straight to the list of NIHR Portfolio research open in NTW.

[Research looking for participants](#)



Library and Knowledge Services

News from the Library and Knowledge Services

Want an easy way to **make your research more visible** to NTW staff?

K'nect has been upgraded and is now live on the intranet allowing you to create your own profile and **add your publications** for other NTW staff to view. Profiles are searchable enabling greater visibility of your work to colleagues.

You can also add **skills and interests** to your profile making collaborating with colleagues easier.

Add your profile today and start connecting: <https://weblive.ntw.nhs.uk/knect/>



@NTWlibrary

Please follow the link below to view the latest NTW staff publications:

<https://www.ntw.nhs.uk/about/research/#new-ntw-staff-publications>

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Caring | Discovering | Growing | **Together**