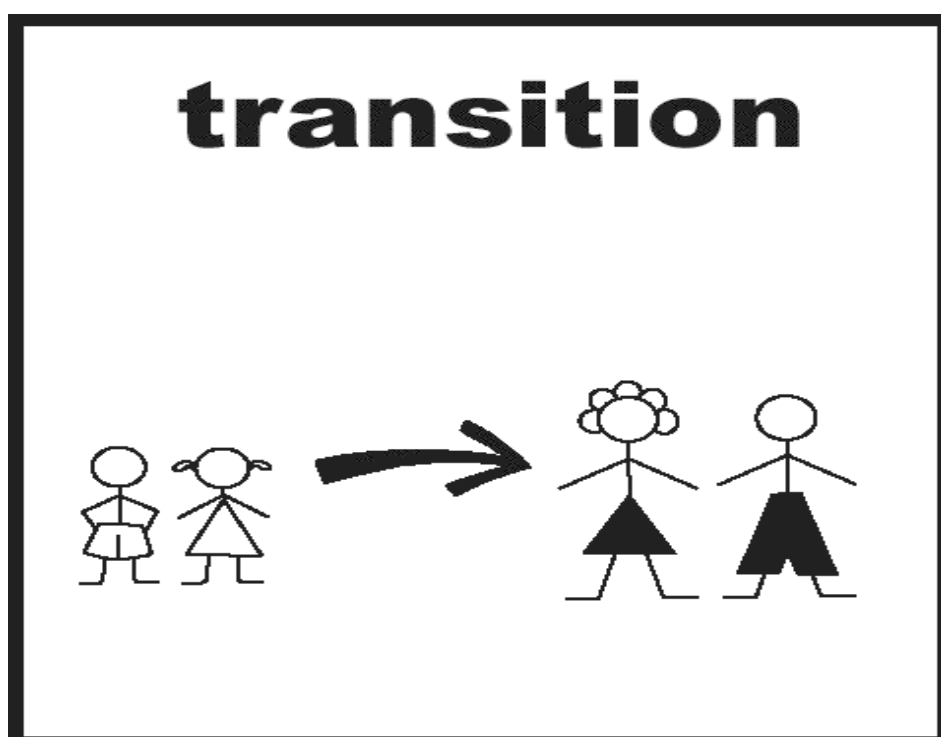


# Health Transition Nursing Team

Learning Disability Service, Sunderland



Information for carers

## **The Transition Nurses**

Transition Nurses work in Sunderland and offer health needs assessments and support to young people with a learning disability and complex healthcare needs to make the transition from child to adult acute health services.

We have a key role in liaising with other health professionals and agencies to ensure that the healthcare received by the young person throughout the transition process is co-ordinated and uninterrupted.

## **What do we mean by ‘transition’?**

Transition refers to the ages 14 to 25 years, at which time young people with disabilities (learning and/or physical) will have moved seamlessly into adult life with all relevant arrangements in place.

## **What we might do:**

The transition process begins with the Year 9 review at school; we will usually attend and assess the young person.

After assessment we will decide how we can help the young person and their families/carers through completion of a Health Action Plan, if the young person wants one, and (if appropriate) development of a Health Transition Plan as part of their broader Education Health and Care plan.

## **Support we might give:**

- Screening
- Assessment, the level of assessment will depend on complexity of need
- Signposting and/or referral to appropriate agencies
- Co-ordination
- Monitoring and tracking
- Consultation/advisory role
- Support/guidance
- Information giving
- Task centred work with individuals

- Build up a therapeutic relationship with young person and their family/carer

## **Working with others**

Transition Nurses work collaboratively with a range of health professionals and other agencies in order to co-ordinate person centred healthcare as young people move from one service to another.

This can include:

- Schools
- Services for Disabled Children
- Adult Services
- Connexions
- City Hospitals Sunderland
- Acute Services Learning Disability Liaison Nurse

## **Useful website**

- [www.sunderlandactionforhealth.co.uk/](http://www.sunderlandactionforhealth.co.uk/)  
Provides useful information for people with learning disabilities, their carers and health professionals.

## **Contacting us**

The Transition Nurses can be contacted at:

Learning Disabilities Service, Health Transition Team

Monkwearmouth Hospital, Newcastle Road, Sunderland, SR5 1NB

Tel: 0303 123 1145

Please note that information sent to the Trust via email is sent at your own risk.



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

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