

Northumberland, Tyne and Wear NHS Foundation Trust

Council of Governors Meeting

Meeting Date: 17 May 2018

Title and Author of Paper: Chief Executive's Report
John Lawlor, Chief Executive

Paper for Debate, Decision or Information: Information

Key Points to Note:

Trust updates

1. Nursing Conference
2. Schwartz Rounds
3. Deciding Together

Regional updates

4. Mental Health Sustainability and Transformation Partnership Workshop

National updates

5. NHS Providers report on regulation in the NHS

Outcome required: For information

Chief Executive's Report

17 May 2018

Trust updates

1. Nursing Conference

The Annual Trust Nursing Conference took place on Wednesday 18th April 2018. The Theme of the conference was 'Delivering Compassion in Practice. Learning from the Past: Shaping the Future'.

The day was opened by Malcolm Rae OBE and also included an update on the progress to deliver the nursing strategy from Gary O'Hare, Chief Operating Officer and Executive Director of Nursing.

A 'pop up' Schwartz round was held as part of the event which looked at 'Exploring the emotional impact of nursing and being nursed' and participants were also able to participate in a workshop session.

2. Schwartz Rounds

Schwartz Rounds are an internationally recognised approach to promoting compassion within clinical culture. These were introduced to NTW in June 2016 which have focussed on the emotional impact on staff of working in the Trust.

Attendance has been between 45 and 90 staff at each of the 12 rounds held so far. The impact of the rounds has been evaluated recently with positive findings including that staff who regularly attend rounds suffer less stress than their colleagues who do not attend. (Statistically significant fall from 25% to 12%).

A full programme of Schwartz Rounds is in place for the coming months.

3. Deciding Together, Delivering Together

This program of work is led by Newcastle Gateshead CCG and looks to deliver the changes to local mental health services for adults and older people which were considered in the public consultation 'Deciding Together'.

NTW is developing local proposals to move towards implementing the decisions that have been made, and initial conversations with staff, local service user/carer groups and partners have commenced. The NTW work programme is being coordinated through the CEDAR Board and will be reported to the Board regularly.

Regional updates

4. Mental Health Sustainability and Transformation Partnership Workshop

The Mental Health Five Year Forward View sets out an ambitious programme of work to transform mental health services in order to ensure that integrated systems of mental health and physical health care are provided to meet the needs of the population.

Following publication in February of 2016, the Mental Health Five Year Forward View has been adopted as the national mental health strategy by the government and NHS England.

The Five Year Forward View sets the NHS the challenge of delivering against 3 key gaps;

- Health and Wellbeing
- Care and Quality
- Finance and Sustainability

The planning framework (Delivering the Five Year Forward View) led to the development of Sustainability and Transformation Partnerships (STPs). Forty four STPs areas were established initially, of which 3 were in the North East and North Cumbria. The 3 regions are now officially working together as one Accountable Care Partnership (ACP).

In order to move towards a North East and North Cumbria Integrated Care System for Mental Health a joint working event is arranged for 19th April 2018 to bring together representatives from the key agencies. Eighty delegates are attending from; primary care, acute services, local authorities, mental health services, public health, commissioning and the third sector. Service user and carer representatives are also attending.

Workshops are arranged to progress action plans in line with the priority areas identified by the STP Steering Group in the mandate;

1. Child Health
2. Suicide zero ambition
3. Employment
4. Acute optimisation
5. Long Term Conditions and Medically Unexplained Symptoms
6. Older people
7. Physical health of people with SMI

The purpose of the mental health STP work stream is to ensure that mental health is fully integrated across the 'whole system' in order to ensure the delivery of No Health without Mental Health (Department of Health, 2011).

A briefing paper will be circulated following the joint working event to communicate the next steps and encourage the involvement of service users, carers, clinicians, managers, leaders and partners in taking forward transparent co-produced plans. Further engagement events will be arranged to review and finalise the action plans and support ongoing implementation arrangements.

A further update will be provided at the next NTW Board meeting.

National updates

- 5. NHS Providers report 'The Changing Nature of Regulation in the NHS'**
NHS providers published the attached report which sets out the results of a survey into how the NHS is regulated.

The report highlights that just one in five trusts who responded are clear about the future direction of the health and care system in regards to how providers will be regulated to ensure high quality and safe services for patients and service users. Also despite investing significant time into sustainability and transformation partnerships (STPs) and integrated care systems, trusts say there is a lack of clarity about what is expected from them from the regulators.

Despite these concerns, the report says that trust leaders remain optimistic about the changes put in place by regulators over the last year, and a majority believe the regulators have a good understanding of the pressures trusts face. In particular, trusts are broadly positive about how NHS Improvement is using the Single Oversight Framework and they are also optimistic about the CQC's new approach to inspections, with 81 per cent of respondents agreeing that it will lead to more effective inspections.

The full report is available online: <http://nhsproviders.org/the-changing-nature-of-regulation-in-the-nhs>