

**Northumberland, Tyne and Wear NHS Foundation Trust
Board of Directors Meeting**

Meeting Date: 24th January 2018

Title and Author of Paper:

Sustainability and Transformation Partnership – Mental Health - Progress update
Gail Kay – Associate Director

Executive Lead: James Duncan

Paper for Debate, Decision or Information: Information

Key Points to Note:

This paper provides a summary of the back ground, context and implementation proposals for the North East and Cumbria Sustainability and Transformation Plan.

The programme development is managed via the STP steering group and following a planning phase an engagement event to progress implementation is arranged for 1st March 2018.

The STP position will continue to be responsive to national, regional and locality drivers and the Board will be provided with regular updates by the programme leads.

Risks Highlighted to Board: Risks will be managed in line with the implementation plan and escalated in line with policy.

Does this affect any Board Assurance Framework/Corporate Risks?

Equal Opportunities, Legal and Other Implications:

Outcome Required: Briefing paper for information.

Link to Policies and Strategies:

- Mental Health Five Year Forward View (Department of Health, 2016)
- No Health without Mental Health (Department of Health, 2011).

Briefing paper for NTW Public Board Meeting

**Subject – Sustainability and Transformation Partnership – Mental Health -
Progress update**

Date – 24th January 2018

1. Background and Context

The Mental Health Five Year Forward View (MHFYFV) was commissioned by the government and delivered by an Independent Mental Health Taskforce who provided recommendations that were informed by public feedback.

The Mental Health Five Year Forward View sets out an ambitious programme of work to transform mental health services in order to ensure that integrated systems of mental health and physical health care are provided to meet the needs of the population.

Following publication in February of 2016, the Mental Health Five Year Forward View has been adopted as the national mental health strategy by the government and NHS England.

The Mental Health Five Year Forward View sets the NHS the challenge of delivering against 3 key gaps;

- Health and Wellbeing
- Care and Quality
- Finance and Sustainability

The planning framework (Delivering the Five Year Forward View) led to the development of Sustainability and Transformation Partnerships (STPs). Forty four STPs areas were established, of which 3 were in the North East and North Cumbria. The 3 have now been consolidated to form one single mental health STP work stream across the North East and North Cumbria. Within this framework health and care communities are required to work together to deliver plans to meet the challenges facing the health and care system through redesign and transformation.

2. Defining the task

It is clear that health and care services are facing one of the most difficult periods as people live longer the proportion of their life spent in ill health and their need for health and care support is growing.

Although this must be celebrated the changes in the population profile are taking place at a time when the collective resources to support them are increasingly limited and therefore challenges health and care systems to operate in a better, more sustainable way to support the population, and to do so quickly.

This will not be achieved by each organisation continuing to do more in the usual way, but by developing a new model of shared responsibility for health and wellbeing between communities and services, and by developing new models of working together across health and care organisations.

Across all STP areas it has been recognised that mental ill health is one of the key factors determining health inequality. The STP plans will support the development of more integrated preventative and early intervention services to;

- Reduce the risk of ill health
- Develop individual and community resilience
- Improve the health and well-being of the population
- Support a financially sustainable system

3. Confirming a joint working approach

A high level steering group was initiated in 2017 to agree the purpose of the North East and North Cumbria STP programme. The process of developing the Mental Health STP programme brought together leaders of health and social care services across the region via the steering group to agree a joint working approach and find innovative ways to continue to deliver the best care.

The need to make some fundamental changes in order to deliver care in more joined-up ways was acknowledged and a strategic approach has been agreed. A joint working mandate has been prepared for review and sign off at the steering group meeting on 16th January 2018.

4. Identifying priorities and engaging stakeholders

Key priorities have been agreed through initial discussions and early engagement events that are aligned to the MHFYFV deliverables.

The emphasis is on maximising opportunities to achieve whole population health and well-being gains through improving integrated pathways.

The need to understand variations through reliable data sources and ensure improvement plans are informed by best evidence and sharing positive practice was agreed as a key enabler to achieve high quality sustainable services.

In order to manage the task and ensure engagement with service users, providers and supporters priority work streams have been proposed and an Engagement, Commitment and Set up launch event is planned for 1st March 2018.

The STP ambition is to support the transformation of mental health services to help ensure North East and North Cumbria is the best place to live for people with a mental health condition.

5. Priority Areas

The following priorities have been proposed across North East and North Cumbria. Sponsors have been identified to progress wider engagement in order to fully inform the implementation plans.

Priority Area
Child health
Suicide zero ambition
Employment

Acute optimization
Long Term Conditions and Medically Unexplained Symptoms
Older people
Physical health of people with SMI

6. Role of the Priority Area Sponsors

The sponsors will work with identified leads across the region and engage the wider stakeholders within the localities to take forward an implementation agenda in line with the following principles;

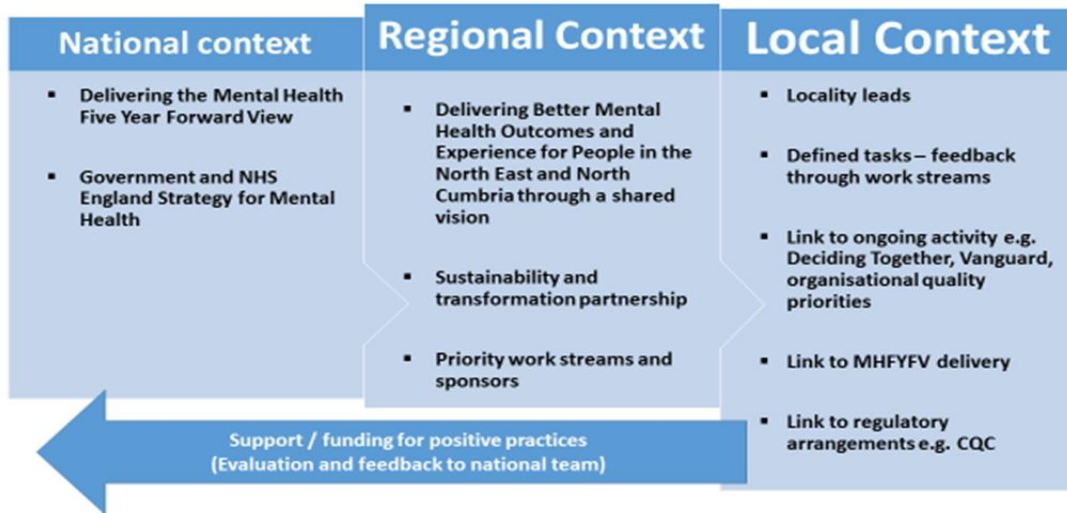
- Source reliable demographic information to establish a baseline position to inform areas for improvement and prioritise implementation plans, for example, *Strategy Unit Report – Making The Case for Integrating Mental and Physical Health Care (NHS England, 2017); Public Health Annual Reports.*
- Identify and utilise examples of best practice to inform the delivery of integrated care pathways
- Understand variations in health and wellbeing and the care provision to inform implementation plans
- Engage with patients, carers and relevant stakeholders to inform plans to address gaps in provision
- Communicate plans through the STP governance structures and local transformational change agendas
- Develop and share best practice in integrated physical and mental health care for adoption across the other core programmes and local health and care economies
- In all of the above to focus on the opportunities arising from the implementation of the Mental Health Five Year Forward View
- Provide a resource to local health and care economies (and other core programmes)
- Identify variation in delivery and the evidence that supports implementation through contributing to the closure of the three core gaps identified within the STP.

The purpose of the STP programme is to improve the physical, mental health and wellbeing outcomes for people and their families through the delivery of best practice interventions.

This will include the development of high level, principles and standards, across STP footprints and support to, and overview of, local delivery. While the plan will provide support with the implementation of MHFYFV, local delivery will remain the responsibility of individual localities.

Diagram 1 illustrates the context of the STP programme and the alignment with other strategic and locality specific initiatives.

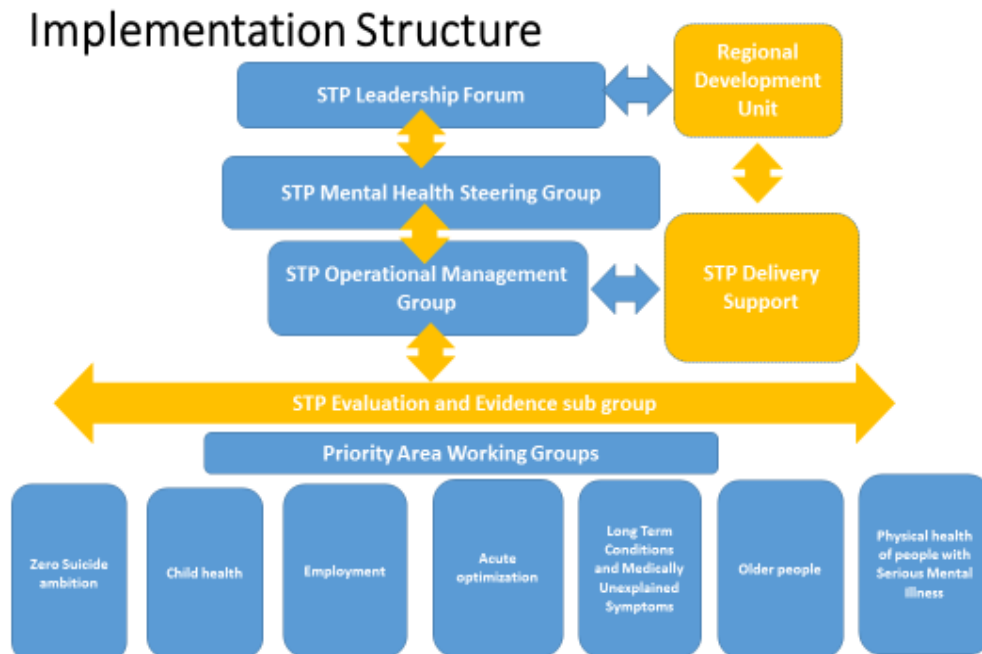
Diagram 1



7. Implementation structure

Diagram 2 outlines the implementation structure.

Diagram 2



8. Summary

This paper provides the back ground, context and implementation proposals for the North East and Cumbria Sustainability and Transformation Plan. The identified leads will take forward an initial Engagement, Commitment and Set up launch event on 1st March 2018. Further events will be arranged in September, January and May 2019 to review progress. The Board will be provided with regular updates by the programme leads.

Programme Leads:

- NHS England Lead: Dr Jonathan Slade
- SRO: John Lawlor
- Provider Lead: James Duncan and Dr Rajesh Nadkarni
- Programme Lead: Gail Kay

Priority Area	Joint Sponsors	Organisation
Child health	Jacqui Old James Gordon	North Tyneside Local Authority South Tyneside CCG
Suicide zero ambition	Andrew Brittlebank Andy Airey	Medical Director – Cumbria PFT Cumbria CCG
Employment	Caroline Wild Lucy Topping	NTW NHS England
Acute optimization	Chris Grey Rajesh Nadkarni	NHS England NTW
Long Term Conditions and Medically Unexplained Symptoms	John Stamp	NECS
Older people	David Hambleton	South Tyneside CCG
Physical health of people with SMI	Sharon Pickering Mike Brierley	TEWV FT North Durham CCG

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Within this framework health and care communities are required to work together to deliver plans to meet the challenges facing the health and care system through redesign and transformation.

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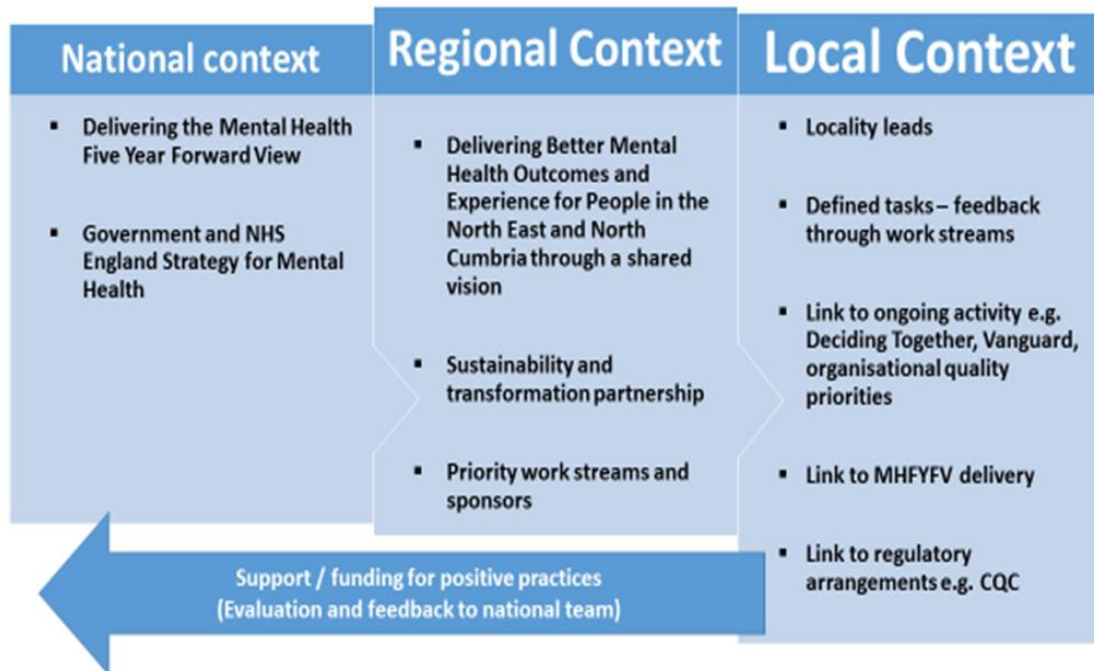
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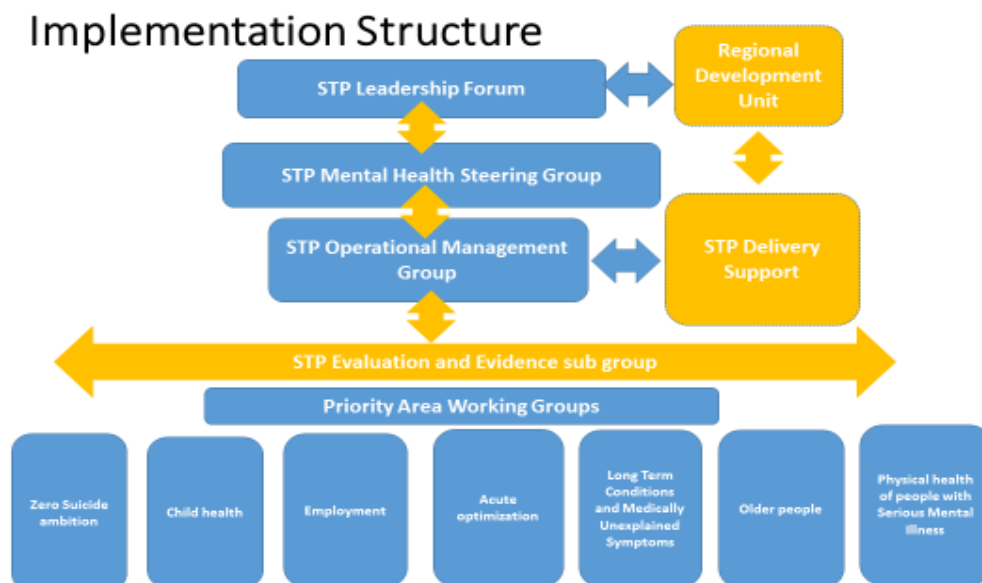
Context of Delivering Better Mental Health Outcomes and Experience for People in the North East and North Cumbria



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