



Cleadon

A new ward providing Mental Health assessment and treatment for older people who are physically frail in Sunderland and South Tyneside





Cleadon Ward

Northumberland Tyne and Wearside NHS Foundation Trust's objective, to provide first class care in first class environments, takes another huge step forward with the opening of Cleadon Ward in October 2016 at Monkwearmouth Hospital in Sunderland. The 4.6 million 18 bed assessment and treatment unit provides modern purpose built accommodation and replaces the 18 bedded Ward at Rosewood in Hopewood Park Sunderland.

The new ward will work alongside the Dementia unit, of Mowbray and Roker Ward, the challenging behaviour unit of Marsden and the Grange Day Unit already situated on the Monkwearmouth Hospital site to form a specialist Older Persons Centre.

“ There is a huge potential for well-designed environments to encourage the healing process for people who are physically frail and experiencing mental health issues ”

Antony Buckley, Ward Manager

“ The ward staff have worked closely on the design of Cleadon and are very much looking forward to providing care for their patients in their new accommodation ”

Grahame Ellis, NTW Staff Governor

What is our new Ward ?

Cleadon ward has:

- 18 beds providing care for both men and women
- All bedrooms have en-suite facilities
- Attractive outdoor courtyard
- An outside agricultural area that can be used by other areas within Monkwearmouth Hospital site
- Access to resources within Monkwearmouth Hospital site including:
- Events room
- Hairdressing salon
- Activity kitchen



Cleadon Ward features a package of artwork designed by Dan Savage of Artstop Studios and has been developed with the involvement of the patients and staff.

The aim has been to provide a welcoming and pleasant environment. Dan has won national awards for his artwork including the 2012 Building Better Healthcare 'Best Use of the Arts' for his work with the Trust on Ferndene, Young Peoples unit in Prudhoe Northumberland.

Designing a building for older people who are physically frail and have a mental illness other than dementia

The design of the environment can make a fundamental difference to the care and treatment for patients.

Our aim was to provide first class accommodation to support people with physical frailty who are experiencing significant mental health issues that are “functional” in nature; for example presentations of Anxiety, Depression, Psychosis. Our staff worked closely throughout the project with architects and builders, learning from previous building projects to ensure the new ward would be able to meet the specific needs of patients.



Some of the features of the ward include:

- Wider corridors with anti-ligature hand rails
- Direct line of sight between bed positions and en-suite toilets
- Safer bedrooms for those patients who require increased support
- Flexible sleeping areas to ensure that the ward is responsive to service needs whilst ensuring privacy and dignity of patients is maintained at all times
- Maximising opportunities for Health and Social Care Professionals, Carers and relatives to attend care meetings, to make services both timely and responsive and thereby reduce length of stay.

Building the new unit

The trust has just taken possession of Cleadon Ward on the Monkwearmouth site in Sunderland. This is a 18 bed functional frail service for people with mental health problems covering South of Tyne and Wear. Cleadon has a number of bespoke Art installations to reinforce the wards links with Tyne and Wear including artwork windows and wall papers. The trust has been working with their long term Construction partners Laing O'Rourke, and the architects Medical Architecture who have also designed the new Hopewood site, Ferndene and numerous other projects for the trust.

“ Cleadon Ward offers patients and their families and superb internal and external accommodation and facilities. The detail in the design is a real credit to the project team to who have demonstrated with great enthusiasm, commitment and consideration every detail of the new ward. ”

Denise Pickersgill, Service Manager





For extra copies of this brochure please contact us on 0191 213 0151.

Alternatively if you would like to speak to someone about the service please contact the Service Manager on 0191 5699099.

Cleadon Ward

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