

**Northumberland, Tyne and Wear NHS Foundation Trust**

**Board of Directors Meeting**

**Meeting Date:** 23 November 2016

**Title and Author of Paper:** Chief Executive's Report  
John Lawlor, Chief Executive

**Paper for Debate, Decision or Information:** Information

**Key Points to Note:**

**Trust updates**

1. CQC Community Mental Health Survey
2. Investors in People (IIP) and Good Practice Health and Wellbeing (H&WB) Assessments
3. Roy Lilley Visit - 28 October 2016
4. North and South of Tyne Carer Liaison Group
5. Mitford Unit, Northgate Hospital
6. Intermediaries
7. Contracting Process

**Regional updates**

8. Sustainability and Transformation Plan (STP) Update

**National updates**

9. GMC Training Survey

**Appendix 1**

10. Health Select Committee Letter to the Chancellor

**Outcome required:** For information

## **Chief Executive's Report 23 November 2016**

### **Trust updates**

#### **1. CQC Community Mental Health Survey**

The 2016 survey of people who use community mental health services involved 58 providers in England (including combined Mental Health and Social Care Trusts, Foundation Trusts and Community Healthcare Social Enterprises that provide mental health services). Responses were received from more than 13,000 service users giving an overall national response rate of 28%. Key Trust Information includes:

850 service users from NTW and a total of 222 responded. The NTW response rate was 27% which is 1% lower than the national average but is equivalent to the 2015 response rate.

Overall for each of the 10 sections, NTW performed 'about the same' compared to the other 58 providers involved. A full discussion on the survey is included later in the meeting.

#### **2. Investors in People (IIP) and Good Practice Health and Wellbeing (H&WB) Assessments**

Following the recent reassessment for both the Investors in People and Health and Well-being Good Practice Awards the Trust has been successful in retaining both accreditations.

Over a period of two weeks (3 - 17 October 2016), 108 staff were interviewed either individually or in small groups. The Assessor has highlighted a number of areas of good practice and strengths, including;

- Strategic Development; the process for developing the Trust strategy through consultation was considered to be an area of good practice.
- The level of understanding of Trust values has improved and are now embedded into the organisation with behaviours demonstrated by staff.
- Learning and Development opportunities for a whole range of staff.

The Assessor also made a small number of recommendations for development, for example:

- More awareness required on the purpose of Speak Easy and Conversations.
- Time needed for devolution and empowerment to embed.
- Collaborative leadership will take time to be implemented and be understood.

The report includes a continuous improvement plan against which the Trust will be monitored in 18 months' time.

### **3. Roy Lilley Visit - 28 October 2016**

Health analyst, commentator and founder of the NHS Academy of Fabulous NHS Stuff and this year's NHS Change Day Roy Lilley, together with Dr Terri Porrett and Alfie the Pets as Therapy dog, visited the Trust on 28 October. He visited teams at Hopewood Park and also heard about developments in supporting people with learning disabilities and our technological developments. Additionally, he facilitated a workshop attended by over 70 people on sharing good ideas.

Roy shared a very positive blog about the trust with his readers following this visit. Saying, "Very few architects could have designed a building as delightful as The Sage. Very few people can design mental health services as elegant, relevant and innovative as The Sage. Perhaps just one place; it is a quirk of fate that both leading edge designs can be found in one place. Northumberland, Tyne and Wear FT is The Sage Concert Hall of mental health service design and architecture."

The ideas generated from his workshop are being considered by the Trust's Organisational Development Group.

### **4. North and South of Tyne Carer Liaison Group**

A joint meeting of the carer's liaison groups took place on 3 November and was attended by the Chief Executive and Deputy Chief Executive. Issues considered included:

- Changes to local authority services.
- Support provided by Carers Northumberland.
- Changes to service user and carer support structures in the Trust.

### **5. Mitford Unit – Northgate Hospital**

We are delighted to announce that the Trust will soon take ownership of our new purpose built inpatient facility for people with autism from contractors Kier Group.

Mitford Unit is located on the Northgate Hospital site in Morpeth and is a highly specialist inpatient service for adults on the autism spectrum with extremely complex needs. The unit has been specifically designed to meet those needs and allow for highly individual environment adaptations to reduce anxiety and positively impact on challenging behaviours. The Trust's current inpatient service, provided at Woodside and Ingram will move into Mitford Unit at the end of November 2016.

We are delighted that the unit will soon be operational and it is down to the hard work and dedication of everyone involved that we have such an impressive, purpose designed unit which combines the best of highly specialist patient-centered treatment with clinical architectural expertise.

### **6. Intermediaries**

Her Majesty's Court Service have commissioned the Trust to provide intermediary support to vulnerable defendants at Newcastle Crown Court. Intermediaries

specifically function in assisting and improving communication for defendants and witnesses involved in a trial process. This will be the first service of such a nature in the country and adds to the range of innovative services which the Trust provides in the area of offender health.

## **7. Contracting Process**

The NHS planning guidance has been published and has brought the timescale forward for 2017-19 contract negotiations. All contracts should be signed by 23<sup>rd</sup> December 2106 and work is underway to meet this deadline.

The Trust has received contract offers from all commissioners with a contract value over £5m with the exception of Northumberland Clinical Commissioning Group. The Trust is now in weekly contract negotiations with the aim to reach agreement by the nationally set timescales.

## **Regional updates**

### **8. Sustainability Transformation Plan (STP) update**

Every health economy in England has been asked to produce a sustainability and transformation plan or STP which sets out how local services across all of the health and social care organisations will evolve over the next five years. Plans need to demonstrate how services will be more joined up, high quality and also sustainable. There will also be a focus on supporting improvements in the health and well-being of people across the STP. In the North East the STP covers Northumberland, Tyne and Wear area (i.e. the same area as NTW) plus North Durham. The Trust has been fully involved in the developing STP, and in particular we have been speaking up for people with mental health needs and disabilities so that their needs are fully recognised and included in the future planning. Importantly, we have secured a mental health work stream, which the Trust will lead to look at the future sustainability of mental health services.

The local STP has been published and is available on the websites of local Clinical Commissioning Groups.

## **National updates**

### **9. GMC Training Survey**

I am delighted to confirm that NTW is in the top ten Mental Health Trusts in the measures of trainee satisfaction. The GMC also rate all Trusts based on a combination of all the different measures and this year we rated in the top 10% of all Trusts.

We have also received some positive feedback in relation to foundation training (i.e. years 1 and 2 of junior doctor training) - an area you will be aware has expanded over the last five years.

## **10. Health Select Committee Letter to the Chancellor**

Enclosed with this report is a letter from Dr Sarah Wollaston MP, Chair of the Health Select Committee setting out the Committees concerns over the current NHS financial pressures.

**John Lawlor**  
**Chief Executive**