

NORTHUMBERLAND, TYNE AND WEAR NHS FOUNDATION TRUST

BOARD OF DIRECTORS' MEETING

Meeting Date: 24 February 2016

Title and Author of Paper: Delivering the Learning Disability and Autism Transforming Care Agenda. Tim Docking & Caroline Wills

Paper for Debate, Decision or Information: Information

Key Points to Note:

1. Transforming Care provides a positive opportunity to improve the quality services for people with a learning disability and or autism across health and social care.
2. NTW Learning Disability Programme was established In June 2015 with representation across the groups, workforce, finance and commercial support .The aim of the project was to develop an accelerated internal work plan building on work already started in response to 'Transforming Care for People with Learning Disabilities – Next Steps'.
3. The NTW Learning Disability programme supports the work of the NE&C Transforming Board (Transforming Care Partnership (TCP) and the wider national work with NHS England – establishing evidence based interventions that improve culture, safety, care, communication and staff support. We are awaiting clarity on the delivery framework.
4. The programme supports NTW to meet the targets as laid out in the regional and national plan (October 2015) ie developing and implementing the new community model to reduce the reliance on beds as identified in bed trajectories
5. The programme supports the partnership working with statutory agencies to achieve the above
6. NTW has had a significant role in showcasing good practice and research led initiatives and is linked in nationally with the development of the new service model development work.
7. The programme seeks to improve service user and carer engagement through use of expert patients, Quality checkers and increasing the employment opportunities for people with a learning disability within NTW.

Outcome required:

Update

Delivering the Learning Disability and Autism Transforming Care Agenda update

This report describes the progress to date with the NTW Learning Disability Transforming Care and Fast track agenda. It describes the internal NTW programme structure, explains the wider transformation work of the North East and Cumbria Learning Disability Transformation Board as well as a number of additional national initiatives within learning disability services.

Background

In June 2015 an NTW Learning Disability Project was established with representation across the groups, workforce, finance and commercial support. The aim of the project was to develop an accelerated internal work plan building on work already started in response to 'Transforming Care for People with Learning Disabilities – Next Steps'.

Transforming Care Fast Track

In June the North East and Cumbria Transformation Board became a fast track site and will become a Transforming Care Partnership (TCP wef 1/4/16). The TCP will be responsible for implementing the plan which was submitted September 2015- redesigning a community model and delivering the proposed bed reductions by provider. The NE&C Board has a number of task & finish groups to implement the plan and we are awaiting further guidance of what the delivery framework will look like and where the levels of accountability will lie.

In addition to the regional work there are also locality plans which were submitted and are owned by CCGs and LA. Specialised Commissioning is included within the task and finish groups and there are also additional fortnightly meetings with NHSE, NTW & TEWV to look specifically at the reduction in the secure estate. Children's beds are out of the scope of this work at the moment but this work is starting to be developed in 2016. NTW are actively involved in the work of the NE&C Board including the workstreams.

Some of the key initiatives which sit within and will help to drive the Transforming care agenda include:

- **Care and Treatment reviews (CTRs)** – all inpatients (adults and children) within Learning disability and or autism inpatient services require a CTR every 6 months . CCGs are also expected to conduct pre-admission CTRs with the clinical team to ensure that an admission is in the best interests of that individual and that if an admission is not appropriate that all alternatives have been explored. The process for the CTRs is still being developed and funding to support this process is being explored as commissioners currently have limited capacity to deliver this process.
- **Personal health Budgets**- we are awaiting the development of the local offers as currently it is not clear what impact this may have on us as an organization. This work should have been completed by the end of March 2016

- **Anticipated Call to action and reduction in the use of antipsychotic medication (24th February 2016)** for people who have a learning disability but no recorded mental health diagnosis. There is a concern that GPs will respond with reactive referrals to learning disability psychiatrists so NTW are working with the NE&C Board to ensure good communication and providing good practice guidance on how to conduct the medication reviews safely.
- **Learning Disabilities Mortality Review (LeDeR) Programme** – this is a pilot which is being rolled out across NE&C to look at any deaths of people with a learning disability. It is one of the recommendations of the CIPPOLD review and we are also anticipating that this will be rolled out nationally on the back of the Mazaars report (Independent Review of deaths of people with a learning disability or mental health problem in contact with Southern Health NHS Foundation Trust April 2011- March 2015)
- **Belsay business case** - As part of achieving the reductions in beds Belsay ward has been emptied and we are awaiting the response to a business case submitted to the CCGs in December

NTW

When establishing the internal NTW project we did not anticipate the high level of demand or pace required for the Fast Track programme both regionally and nationally and the project structure was reviewed (Transforming Learning Disability Services update including Fast Track and North East and Cumbria Transformation Plan, Exec paper 12/10/15).

The NTW Transforming Care for People with Learning Disabilities and/or Autism Programme aims to improve services for people with learning disabilities and/or autism, who display behaviour that challenges, including those with a mental health condition. It will do this by; driving system-wide change to enable more people to live in the community, close to home, with the right support and by developing a physical health agenda to address parity of esteem and increasing access to good primary health care. In response to this, NTW has established its own internal Transforming Care Programme to deliver on the national agenda through the following objectives:

1. To ensure an engaged, skilled and competent workforce to support a new community model of care for people with a learning disability and or autism which links with Health Education England (HEE)
2. To implement the NE&C community model of care to support the bed reduction agenda, ensuring consistency and quality while enabling the involvement and empowerment of those who use the services
3. To develop and implement e-care pathways to support evidence based interventions
4. To ensure the internal data/ finance collection systems deliver on the national agenda requirements
5. To strengthen participation of people who use our services through third sector and voluntary sector
6. To increase employment of people who have a learning disability within NTW

7. To ensure the regional and national profile of NTW learning disability and autism services as a leader in the development of clinical excellence through involvement in groups, grants, research and publications
8. To position ourselves as a market leader

The structure and membership of the programme has been reviewed in light of the identified objectives. It is proposed that there are two key methods of managing the delivery of the objectives:

Business delivery group:

- Horizon scanning and awareness of the factors that influence business decisions and strategy
- Building effective relationships and managing internal and external relationships
- Building resilience to ensure we can maintain services while the Trust is embarking on a 3 year delivery programme to implement the Transforming Care agenda.
- Oversee the work of the other subgroups in several ways including by setting and reviewing the terms of reference and work of each subgroup.
- The development and review of supporting strategies, and ensuring the delivery of objectives and monitoring of key performance indicators in the Transforming care agenda

Proposed membership - Lisa Quinn, Gary O'Hare, Group Directors, Trust wide Central support functions - Performance, HR, Finance and Commissioning and Quality Assurance

Clinical reference group

The LD Clinical reference Group is charged with reviewing and promoting evidence based practice across services. It looks at current developments and service delivery. It also provides advice and guidance to Clinical directors on national and local developments via the Business delivery Group

Steve Noone is the Chair as Trustwide Learning Disability Pathway Lead

Proposed Membership Clinical and professional leads from across Learning disability and or autism services as nominated by the Groups

Reporting

Reporting will be via CDT via a dashboard