

Northumberland, Tyne and Wear



NHS Foundation Trust

Facilities on Roker Ward

Patient and Carer Information

Shining a light on the future



Welcome to Roker Ward

We hope you will be as comfortable as possible during your stay.

The aim of this leaflet is to provide you, your carers, relatives and friends with information about what you can expect during your stay. We hope that this information will reassure and answer questions that you may have and help you to settle into the ward.

If you have any concerns please remember the staff are here to help you and will be happy to answer any questions you may have about your care.

If you feel we have missed anything please let us know so we can make improvements.

Roker Ward
Monkwearmouth Hospital
Newcastle Road
Sunderland
SR5 1NB
Tel: 0191 566 5560

Introduction

Roker Ward is situated at Monkwearmouth Hospital.

Roker is a male admission ward which has 12 single beds with en suite facilities. The ward is built on one level and is easily accessible.

Accommodation

Facilities on the ward include a large lounge/dining room, two smaller lounges. There is a large dining area and you will be allocated a dining area according to your needs.

Bedrooms

You will be allocated a sleeping area according to your individual needs.

Patients bedrooms are used for visiting in negotiation with the nurse in charge.

Bathrooms

You will have direct access to toilet and washing facilities. There are also disabled toilet and bathroom facilities on the ward, including an assisted bath.

Kitchen

There is a ward kitchen which is supervised by staff at all times. Hot and cold drinks are available for patients whenever required.

Garden

The ward has direct access to a large internal courtyard area which provides secure outdoor space.

Telephone

You can make and receive telephone calls in private and you may bring in a mobile phone if you wish but please discuss with the staff.

TV/music

There is a TV with DVD player situated in the main lounge, another in one of the small lounges. Each lounge also has a radio and CD player for your use.

Money and valuables

We advise you not to bring cash or valuables with you whenever possible. However there is access to a patient's bank for safekeeping of valuables or cash. There is a safe in each of the bedrooms to store items

Clothing and laundry

We encourage you to wear your own clothing as normal when you come into hospital.

As part of your treatment you may be encouraged to do your washing as part of your care plan. However for most patients we encourage relatives to take clothing home to be washed. All clothing is left in the bottom of patients wardrobes for relatives to collect.

Staff

For the benefit of patients, carers and visitors, all staff are identified by name, job title and photograph on a ward identification board at the entrance of the ward.

Alarms

Alarm systems are carried by all members of staff. Call buttons are available in the assisted bathrooms and bedrooms.

Fire alarms

Fire alarms are tested on Roker every Wednesday morning.

Visiting

Visiting times are clearly displayed on the ward and detailed in the ward information leaflet. You should avoid visiting at breakfast, lunch or dinner times, this will ensure staff have time to support patients with their meals.

The ward has a room available for patients to receive visits from children.

Health information

Information leaflets about relevant mental and physical health problems are available, please ask a member of staff. An information board is also situated at the ward entrance.



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Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, easy read, BSL or other languages). Please contact the Patient Information Centre
Tel: 0191 223 2545

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