

PALS



North of Tyne
Patient Advice and Liaison Service (PALS)

Freephone:

0800 0320202

The Patient Advice and Liaison Service

A free confidential NHS service for patients, their relatives and carers of all ages.

We're here to help with:

- **information**
- **advice and support**
- **help to sort out problems about NHS services**

Text us on: 01670 511098

Email us on: northoftynepals@nhct.nhs.uk

North of Tyne PALS for all NHS services in Newcastle, North Tyneside, Northumberland and the North East Ambulance Service