

we are smokefree...

Please help to keep our Trust
smokefree to protect our staff and
service users by:

- ✓ Not smoking anywhere on Trust sites
- ✓ Leaving smoking materials at home and not bringing any to the ward with you (smoking materials are prohibited on wards)
- ✓ Asking a member of staff for support to stay smokefree
- ✓ Using nicotine products such as patches, lozenges, inhalators
- ✓ Using an e-cigarette (vaping) which is permitted outdoors, including ward gardens



SMOKE FREE

For more information see the Smokefree Policy
www.cntw.nhs.uk/smokefree

