

Appendix 2
Bristol Stool Chart

THE BRISTOL STOOL FORM SCALE

Type 1		Separate hard lumps, like nuts (hard to pass)
Type 2		Sausage-shaped but lumpy
Type 3		Like a sausage but with cracks on its surface
Type 4		Like a sausage or snake, smooth and soft
Type 5		Soft blobs with clear-cut edges (passed easily)
Type 6		Fluffy pieces with ragged edges, a mushy stool
Type 7		Watery, no solid pieces ENTIRELY LIQUID



Reproduced by kind permission of Dr KW Heaton, Reader in Medicine at the University of Bristol.
Norgine Pty Limited (ACN 005 022 882), 6/33 Ryde Road, Pymble NSW 2073

N-0032