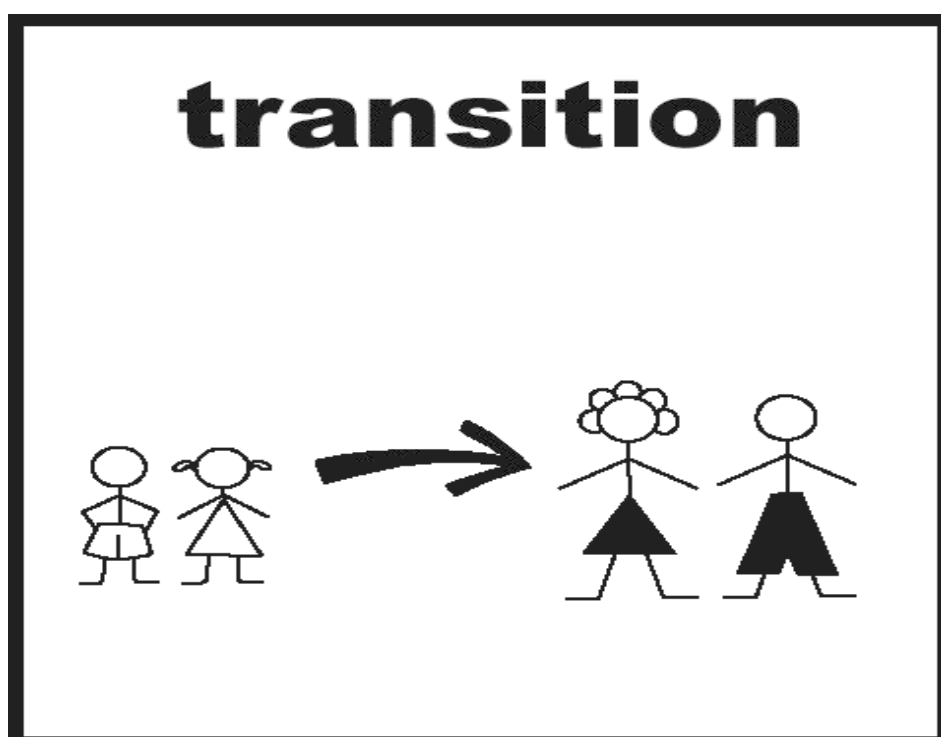


# Health Transition Nursing Team

Learning Disability Service, Sunderland



Information for carers



## **The Transition Nurses**

Transition Nurses work in Sunderland and offer health needs assessments and support to young people with a learning disability and complex healthcare needs to make the transition from child to adult acute health services.

We have a key role in liaising with other health professionals and agencies to ensure that the healthcare received by the young person throughout the transition process is co-ordinated and uninterrupted.

## **What do we mean by ‘transition’?**

Transition refers to the ages 14 to 25 years, at which time young people with disabilities (learning and/or physical) will have moved seamlessly into adult life with all relevant arrangements in place.

## **What we might do:**

The transition process begins with the Year 9 review at school; we will usually attend and assess the young person.

After assessment we will decide how we can help the young person and their families/carers through completion of a Health Action Plan, if the young person wants one, and (if appropriate) development of a Health Transition Plan as part of their broader Education Health and Care plan.

## **Support we might give:**

- Screening
- Assessment, the level of assessment will depend on complexity of need
- Signposting and/or referral to appropriate agencies
- Co-ordination
- Monitoring and tracking
- Consultation/advisory role
- Support/guidance
- Information giving

- Task centred work with individuals
- Build up a therapeutic relationship with young person and their family/carer

## **Working with others**

Transition Nurses work collaboratively with a range of health professionals and other agencies in order to co-ordinate person centred healthcare as young people move from one service to another.

This can include:

- Schools
- Services for Disabled Children
- Adult Services
- Connexions
- City Hospitals Sunderland
- Acute Services Learning Disability Liaison Nurse

## **Useful website**

- [www.sunderlandactionforhealth.co.uk/](http://www.sunderlandactionforhealth.co.uk/)  
Provides useful information for people with learning disabilities, their carers and health professionals.

## **Contacting us**

The Transition Nurses can be contacted at:

Learning Disabilities Service, Health Transition Team

Monkwearmouth Hospital, Newcastle Road, Sunderland, SR5 1NB

main office tel: 0191 5665633 9-5pm or tel: IRS 0800 6522 867

out of hours.

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