

Summer 2017

A vertical strip of yellow sunflowers with dark brown centers, arranged in a slightly overlapping manner, running down the left side of the page.

Dear Member

As summer approaches and you prepare for holidays and sunshine, we would like to make you aware of three important events that we think might be of interest to you.

Membership Event - Deaf Awareness

Wednesday 21 June at Walkergate Park 5pm – 7pm
Mental Health and Deafness

Annual Members' Meeting

Tuesday 18 July at St Nicholas' Hospital 3pm – 6 pm

Governor Elections 2017

Will commence in October for term of office
1 December 2017 – 30 November 2020

Please contact the Membership Office for more information on any of the above events or to reserve a place on 0191 245 6827

Thank you

Free Membership Event

Wednesday 21 June

5pm-7pm

Walkergate Park

Deaf Awareness

Come along and learn more about deafness and mental health from our guest speaker Dr Philip Matthews, Consultant Psychiatrist and Cheryl Young, Clinical Support Assistant.



Browse our stalls and pick up lots of interesting information on healthy living. There will be a range of award-winning patient information leaflets on display.



Meet some of our Trust Governors and have a chat over a cuppa and a sandwich.

A Trust nurse will be on hand to give advice around healthy living, including diet, alcohol and smoking cessation and will also offer free blood pressure, pulse, temperature, height, weight and BMI checks.



You don't have to be a Trust member but are welcome to sign up to free membership at the event.

Walkergate Park, Benfield Road, Newcastle, NE6 4QD

Free parking and light refreshments available.
Don't delay, book your place now



0191 245 6827



members@ntw.nhs.uk



Visit **www.ntw.nhs.uk/getinvolved** for more information.

Places are limited so don't miss out

Our Trust dogs, Coco and Jasper, will also make a special appearance.

Annual Members' Meeting 2017

This year's theme:
Caring, discovering, growing: Together



Tuesday 18 July 2017 3pm – 6pm
Jubilee Theatre, St Nicholas' Hospital, Gosforth
Newcastle, NE3 3XT

Come along and find out more about our new strategy and services, meet the Governors who represent you, visit the information stands and chat with Trust staff and colleagues.

Main meeting from 4pm – 5pm

Market place from 3pm – 4pm
and then from 5pm – 6pm



Light refreshments available
Free parking

Book your place now on **0191 245 6827** or
email: **members@ntw.nhs.uk** or
visit **www.ntw.nhs.uk/getinvolved** for more information

Governor Elections 2017

Coming soon!



Throughout October and November, nominations will be invited for the following constituencies:

- Public: Gateshead
- Public: Northumberland
- Service User: Adult Services (2)
- Carer: Learning Disability Services
- Carer: Children and Young People's Services
- Staff: Non-Clinical



If you think you may be the person to represent members in these areas, or are not sure but would like more information, please contact:

Membership Office on: **0191 245 6827** or

email: **governors@ntw.nhs.uk** or

visit: **www.ntw.nhs.uk/getinvolved** and follow the link to Elections 2017.

