

Resources for carers

NHS

Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust

The Trust is committed to working in partnership with carers. We have produced a range of resources to support you in your caring role.

Please ask a member of staff for a copy of the booklets below. This information is also available at www.cntw.nhs.uk/carers

- ① Working together to support the person you care for
- ① Commonsense confidentiality
- ① Carers' Charter
- ① A checklist for carers
- ① Getting to know you
- ① Useful contacts for carers
- ① Mummy is poorly
- ① Resources for carers

