

NRGDS outpatient clinic

The address where your appointment will take place is:

Queens Court Business Centre 73 Gilkes Street Middlesbrough TS1 5EH

Directions to site: See next page

The entrance to Queens Court Business Centre is on the corner of Gilkes Street and Harris Street. The entrance has a doorbell/intercom. Press this and speak to reception staff who will ask who you have come to see and release the door to let you in. Reception have a list of people attending and they will direct you to the waiting area and tell the clinician you are here. The clinician will come down to collect you. Please tell reception if you have been waiting more than 15 minutes past your appointment time. There are toilet facilities within the building please ask at reception.

Phone number/email to contact us about the appointment:

Direct Line: 0191 287 6130 Fax No: 0191 287 6131 E-Mail: <u>NRGDS@ntw.nhs.uk</u>

Our postal address and where our admin staff are based if you need to reach us:

Northern Region Gender Dysphoria Service Benfield House Walkergate Park Benfield Road Newcastle upon Tyne NE6 4QD

If you have any particular mobility or access needs please discuss with our admin staff in advance of the appointment



Queens Court Business Centre 73 Gilkes Street Middlesbrough TS1 5EH





A19 from the North

Travelling from A19 to Gilkes Street, via B1272 in Middlesbrough.

From the A19, merge onto A66 via the slip road to Middlesbrough. Take the exit towards Middlesbrough Centre from A66. At the roundabout, take the 3rd exit onto B1272. At the first set of traffic lights turn left onto Newport Road, then turn immediately left into Denmark Street Car Park. Parking costs £1.10 for 2 hours.

Queens Court is on Gilkes Street, the opposite side of the road, close to the BBC Tees building – see map.

A19 from the South

Travelling from A19 to Gilkes Street, via B1272 in Middlesbrough.

Head north-east on A19. Take the A66 slip road to Middlesbrough/ Darlington/ Stockton Airport. Keep right at the fork, follow signs for A66/Middlesbrough and merge onto A66. Take the exit towards Middlesbrough Centre. At the roundabout, take the 3rd exit onto B1272, turn left onto Newport Road, then turn immediately left into Denmark Street Car Park. Parking costs £1.10 for 2 hours.

Queens Court is on Gilkes Street, the opposite side of the road, close to the BBC Tees building – see map.

By Train

The office is approximately a 10 minute walk from the Middlesbrough train station. From the station, start out along Zetland Road heading west. After 9 metres turn left onto Linthorpe Road heading south. After 250 metres turn right onto Corporation Road heading south. After 100 metres continue straight onto Newport Road heading west. After 150 metres bear left onto Brentnall Street and then turn right onto Gilkes Street. Queens Court is on the left.

By Bus

The central bus station is clearly marked on the map as Arriva. It is 2-3 minutes' walk to Queens Court, Gilkes Street as marked on the map.

