

## **NRGDS outpatient clinic**

### **The address where your appointment will take place is:**

Benfield House  
Walkergate Park  
Benfield Road  
Newcastle upon Tyne  
NE6 4QD

### **Directions to site:** See next page

When you arrive at the Walkergate Park Site, Benfield House is signposted from the main entrance. If you are walking from the main drive walk past the main hospital building on your left and Benfield House is the second single storey building past the IBM building. Enter the main doors. Please let reception know you have arrived, they will contact the clinician. If you are waiting more than 15 minutes after your appointment time please speak to reception. There are toilet facilities within the building, please ask at reception. The hospital has a café in the main building. Please note this is cash only.

### **Phone number/email to contact us about the appointment:**

Direct Line: 0191 287 6130  
Fax No: 0191 287 6131  
E-Mail: [NRGDS@ntw.nhs.uk](mailto:NRGDS@ntw.nhs.uk)

### **Our postal address and where our admin staff are based if you need to reach us:**

Northern Region Gender Dysphoria Service  
Benfield House  
Walkergate Park  
Benfield Road  
Newcastle upon Tyne  
NE6 4QD

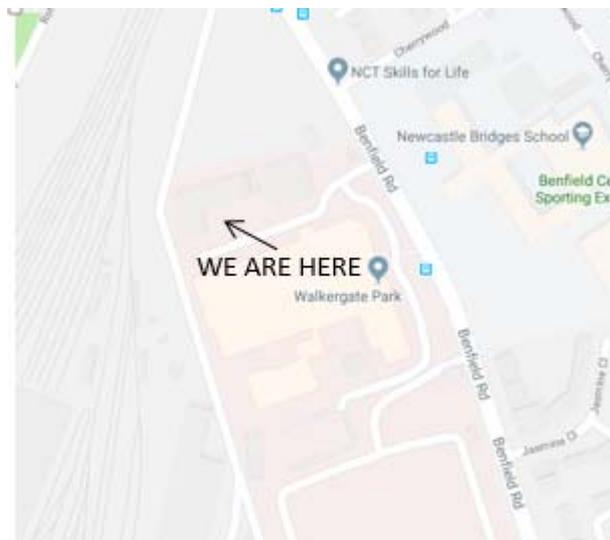
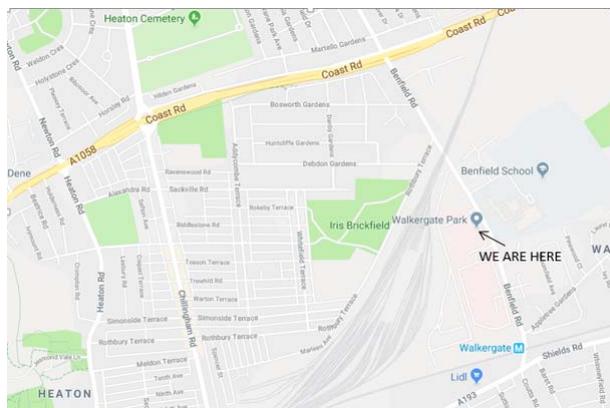
If you have any particular mobility or access needs please discuss with our admin staff in advance of the appointment



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Northumberland,  
Tyne and Wear  
NHS Foundation Trust



### A1(M) from the South

Approaching Washington Services move into the right lane signposted A194(M) and follow signs for the Tyne Tunnel. The tunnel has a toll requiring change. There are change machines in a layby ahead of the toll booths. After exiting the tunnel head north on the A19. After 1 mile take the left exit at the interchange onto the A1058 towards Newcastle. After 2.5 miles pass under a railway bridge and exit left onto the slip road signposted Walker/Walkergate Hospital. At the top of the slip road turn left at the traffic lights onto Benfield Road. Walkergate Park main entrance is about 0.5 miles on the right.

### A1 from the North

Exit the A1 at Gosforth A167 and follow A167/A167(M) towards City Centre for about 2 miles until entering the double deck section then bear left onto A1058 for Tynemouth/East. Continue on A1058 for about 2 miles through tunnel and up hill past Peoples Theatre. Go straight on at traffic lights, under an overbridge and take the left hand lane to Walker/Walkergate Hospital. At top of slip road turn right at the traffic lights and then go straight on at the next set past the Crossling building on the left. Walkergate Park main entrance is about 0.5 miles on the right.

### A69 from the West

Leave the A69 and take the left slip road at the interchange to join A1 North for 2 junctions then exit at the A167 towards Gosforth and follow instructions for A1 from the North above.

### Parking

Parking is available on site and is pay and display. Spaces can be limited. If you are unable to park please phone admin staff who will advise on overflow locations.

### By Train

Leave the train at Newcastle Station. Taxi ranks (black cabs) are at the front of the station building. Alternatively Newcastle Central Metro Station is accessible from the station concourse. You will need a Daysaver Ticket Zone A for a return journey. Get on at platform 2. Travel one stop to Monument Station platform 2 and get off to change to platform 3 to go towards South Shields and get off at Walkergate. See directions below from station.

<https://www.nexus.org.uk/metro>

### By Metro

Walkergate Park is a short walk from Walkergate Metro. Walk up Benfield road away from the traffic lights/junction and past an NHS primary care centre to reach the hospital site on the left.

<https://www.nexus.org.uk/metro>

### By Bus

Benfield Road is on a number of local bus routes. Details and journey planner are available:

<https://www.nexus.org.uk/bus>



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