

Protected Mealtimes



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust

**This ward/unit operates a
protected mealtimes policy**

**Lunch
from**

to

**Evening meal
from**

to

**Please avoid entering, telephoning or visiting
during mealtimes.**

**For further information speak to the nurse in
charge.**



Caring | Discovering | Growing | **Together**