

## Hopewood Park

A new hospital in  
Ryhope, Sunderland  
providing a range of  
Mental Health Services









# Hopewood Park

Northumberland, Tyne and Wear NHS Foundation Trust's progress towards one of our strategic objectives – providing first class care in first class environments – takes a major step forward with the opening of **Hopewood Park** in Ryhope, Sunderland.

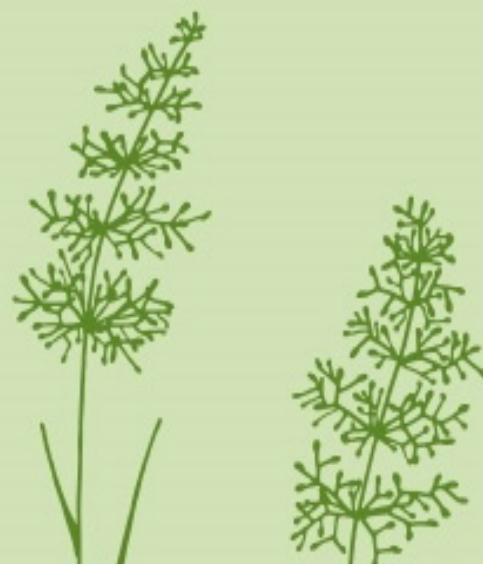
Our new £50 million hospital, developed as part of the Trust's Pride Project, has 122 beds in seven wards. The adjacent Meadow View Unit, which has 15 beds, is being retained.

We are also transforming the way in which we provide community mental health services, by improving their capacity and capability to care for people in the community, rather than in hospital. However, we want to ensure that when people do need to be cared for as an inpatient, they receive the best possible care in an environment that promotes recovery. We firmly believe that Hopewood Park will help us to achieve this.

## Why is the new hospital needed?

There has been a long recognised need to improve mental health inpatient facilities for people living in Sunderland and South Tyneside. In particular many of the existing buildings at Cherry Knowle Hospital date from the 1930's and are in poor condition and unsuitable for the provision of modern mental health care.

Also, our lease of the Cherry Knowle Hospital site from the Government Homes and Communities Agency expires in 2015.



## What is provided in Hopewood Park?

There will be **seven wards** in **Hopewood Park**, plus the adjacent Meadow View Unit

- Two male and one female ward providing an **assessment and treatment** service for adults experiencing a mental health problem.
- One **psychiatric intensive care** unit providing a service for men and women detained under the Mental Health Act (1983) who are experiencing a relapse or crisis and require a period of intensive secure care until they can return to an open inpatient unit
- One **complex care** ward, providing a specialist rehabilitation and recovery service for men and women who have complex mental health needs requiring continuing psychiatric healthcare and long term rehabilitation
- One male and one female **stepped care, high dependency** ward for people with highly complex mental health needs and challenging behaviours who require intensive rehabilitation over a short to medium term

The adjacent **Meadow View** unit will provide a “move on” service for people with complex mental health needs who require short term intensive rehabilitation

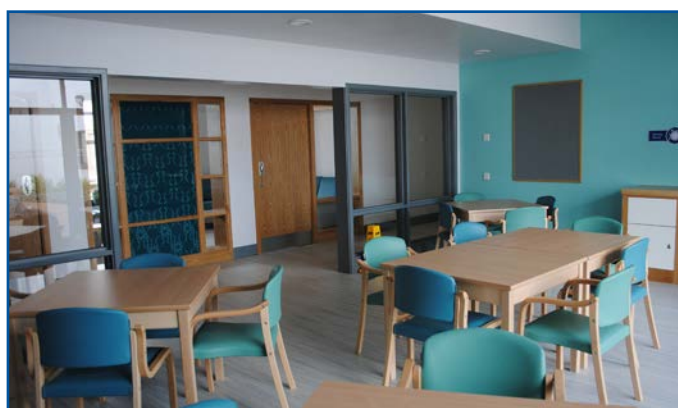
The **Barton Centre** accommodates the hospital reception, the Initial Response Service, physiotherapy, exercise therapy, occupational therapy, pharmacy, physical treatment, the chaplaincy service, mental health act tribunal offices, a carers information hub and a café and lounge.

Also on the site there is a horticultural centre, a section 136 suite, the estates department building, a facility for overnight accommodation for carers, and a training suite for PMVA training (prevention and management of violence and aggression)

# Designing the hospital to help promote recovery

## Features in the hospital include:

- All single bedrooms with en-suite facilities
- Accessible outdoor courtyards in every ward maximising natural light and sense of space
- Provision of a range of different sized activity spaces in each ward
- A gym, for service users and staff, and outdoor activity areas
- Activity kitchens for service users
- Artwork throughout the hospital to help deliver a pleasant and welcoming environment for service users and staff



## Building the new hospital

Hopewood Park has been developed with public funds at a cost of approximately £50 million. The hospital has been built under the NHS Procure21 partnership process with Laing O'Rourke and their supply chain partners, including Medical Architecture which specialises in the design of healthcare buildings.

This partnership working over the previous 10 years has produced award winning developments including:

- **Bamburgh Clinic** - Medium Secure Unit at St. Nicholas Hospital, Newcastle
- **Ferndene** - Children and Young People's Mental Health and Learning Disability Centre in Prudhoe, Northumberland
- **Tyne Unit** - Learning Disability Service at Northgate Hospital, Morpeth
- **Roker and Mowbray Dementia Care Unit** at Monkwearmouth Hospital, Sunderland









**If you would like more information  
about the services provided at  
Hopewood Park please contact  
Northumberland, Tyne and Wear  
NHS Foundation Trust on  
0191 223 2511**

**To request extra copies of this  
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