

Northumberland, Tyne and Wear NHS Foundation Trust

Board of Directors Meeting

Meeting Date: 23 November 2016

Title and Author of Paper: Delivering the Learning Disability and/or Autism Transforming Care Agenda. Tim Docking & Caroline Wills

Executive Leads: Gary O'Hare & Lisa Quinn

Paper for Debate, Decision or Information: Information

Key Points to Note:

1. The community model of care including the Secure Outreach Transitions Team has been agreed in principle by the North East & Cumbria Transformation Board. It has been passed to Local Implementation Groups (LIGs) for implementation. A number of caveats have been added to reflect the concerns of Local Authorities. The LIGS are now starting to look at total spend across health and social care on lifespan learning disabilities and or autism within each locality and how they reshape services.
2. Nationally the refresh of the Care and Treatment Review (CTRs) guidance has now been put back until early 2017. A further brief regarding CTRs will be circulated internally week commencing the 14th November 2016.
3. We are awaiting the release of the commissioning service specifications which support the national service model. These will focus on:
 - Acute learning disability inpatient services (CCG commissioned).
 - Specialist multi-disciplinary forensic support in the community.
 - Enhanced (intensive) multi-disciplinary health and social care support in the community.

The acute and primary care liaison specification has been dropped.
4. NHS England have raised concerns that the NE&C is not achieving the trajectories for patient and bed number reductions and have asked for a further breakdown of the numbers. There is also a regional 'deep dive' to understand the figures and look at performance against the trajectories for March 2017. A process is in place to accelerate discussions between partner agencies where delays with discharge are occurring. The NTW bed trajectory numbers are illustrated in Appendix 1.
5. The data in relation to bed trajectories (aligned to finance and workforce) is currently being looked at through the Trust Transforming Care project and is identifying risks and opportunities for service development.

6. Gateshead community learning disability services transferred across to NTW on the 1st October 2016.
7. Medical staffing – we are seeing a negative impact of Transforming Care in relation to recruitment to psychiatry posts in Learning Disability services with a number of people seeking to work in the private sector.
8. NTW have been asked to participate in an NHSE project on culture and attitude around Transforming Care - Steve Noone is leading this work using the experience of the Sunderland learning disability team.
9. LeDer Pilot and Mortality review- the Trust is working with Mazars and the Northern Alliance to look at consistency when reporting and investigating unexpected deaths. This work is not specific to people with a learning disability. For learning disabilities each LIG is looking at their own mortality review process. This will look at building on existing governance and information sharing processes across agencies with a view to feeding in themes to LeDer.
10. North East and Cumbria Transforming Care Board report 1st October 2016 - Working with people and their families (NTW) is attached at appendix 2.
11. The Greenlight Toolkit seeks to improve access to mainstream mental health services for people with a learning disability. As agreed at the Trust Business Delivery Group (BDG) plans are in place to distribute the audit document across all adult services, collate and feedback responses and then agree further improvement work depending on the themes identified. We anticipate feedback by mid-January 2017.

Risks Highlighted to Board : None – under regular review at Transforming Care Board

Does this affect any Board Assurance Framework/Corporate Risks?

No

Equal Opportunities, Legal and Other Implications: N/A

Outcome Required: Board of Directors to receive for information.

Link to Policies and Strategies:

Appendix 1

Update on Assuring Transformation

Learning Disability & Autism Beds – CCG commissioned October 2016

1. Trajectory

CCG Commissioned Services		All Available Beds Apr-15	Reduction 2015/16	Reduction 2016/17	Reduction 2017/18	Reduction 2018/19	Total Reduction	Final Bed Numbers
Assessment & Treatment	Belsay & Roselodge	24	-12	0	0	0	-12	12
Locked Rehab	Alnwick, Tyne & Longhirst Bungalows	46	-4	-18	0	0	-22	24
Autism	Ingram, Middelrigg & Woodside	19	0	0	0	0	0	19
Total CCG Beds		89	-16	-18	0	0	-34	55

Belsay closed Feb 2016 but contract adjustment from 1.4.16

4 Beds Longhirst Bungalow closed april 2016.

1.1 Requirements for 2016/17

There is a phased closure of Alnwick beds currently in place with the aim for all patients to be discharged or transferred by April 17.

As at 31.10.16 there remains 11 patients in beds on Alnwick.

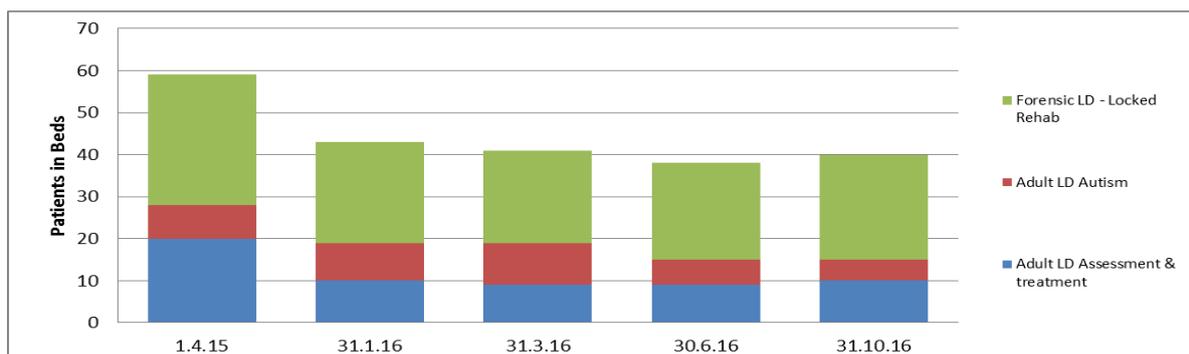
1.2 Current Bed Numbers - All

Service	Available Beds at 31.10.16 (Commissioned)	Total Patients on Ward at 31.10.16	Total NE & Cumbria Patients on Ward at 31.10.16
Adult LD Assessment & treatment	12.0	10.0	10.0
Forensic LD - Locked Rehab	42.0	30.0	25.0
Adult LD Autism	19.0	13.0	5.0
TOTAL	73	53	40

The reduction in patient numbers is on target for the planned reduction at the end of 16/17

1.3 Change in Occupied Beds

Service	NE & Cumbria Patients in Beds at 1.4.15	NE & Cumbria Patients in Beds at 31.1.16	NE & Cumbria Patients in Beds at 31.3.16	NE & Cumbria Patients in Beds at 30.6.16	NE & Cumbria Patients in Beds at 31.10.16
Adult LD Assessment & treatment	20.0	10.0	9.0	9.0	10.0
Forensic LD - Locked Rehab	31.0	24.0	22.0	23.0	25.0
Adult LD Autism	8.0	9.0	10.0	6.0	5.0
TOTAL	59	43	41	38	40



2. Learning Disability Beds – NHS England commissioned

2.1.1 Trajectory (National Plan)

		All Available Beds Apr-15	Reduction 2015/16	Reduction 2016/17	Reduction 2017/18	Reduction 2018/19	Total Reduction	Final Bed Numbers
Medium Secure	KDU	30	-2	-3	-1	0	-6	24
Low Secure	Longhirst & Tweed	40	-4	-10	0	0	-14	26
Total Secure / Specialist Beds		70	-6	-13	-1	0	-20	50
Total NTW Beds		159	-22	-31	-1	0	-54	105

2 beds closed from March 2016, 3 beds from March 2017 & 1 bed March 18
4 Beds closed April 2016, remaining 10 closed March 2017 (Long)

2.2 Requirements for 2016 / 17

Although there has been a slight delay on plan, NTW are expecting to close 4 low secure beds in early 2016/17 with a further 10 by April 17. Based on current occupancy levels this has been achieved.

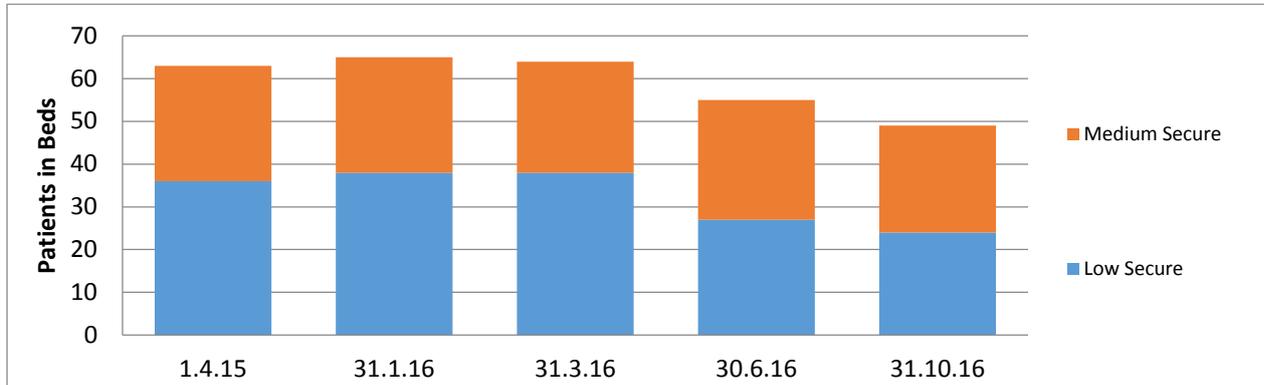
By March 17 there is expected to be a total reduction of 5 beds on Medium secure with a further bed during 2017/18.

2.2 Current Bed Numbers

Service	Available Beds at 31.10.16 (Commissioned)	Total Patients on Ward at 31.10.16	Total NE & Cumbria Patients on Ward at 31.10.16
Medium Secure	30.0	25.0	19.0
Low Secure	40.0	24.0	15.0
TOTAL	70	49	34

2.4 Change in Occupied Beds (all Patients)

Ward Description	All Patients in Beds at 1.4.15	All Patients in Beds at 31.1.16	All Patients in Beds at 31.3.16	All Patients in Beds at 30.6.16	All Patients in Beds at 31.10.16
Medium Secure	27	27	26	28	25
Low Secure	36	38	38	27	24
Grand Total	63	65	64	55	49



**North East and Cumbria Transforming Care Board
NTW report 1/10/16**

Working with people and their families

Northumberland Tyne and Wear NHS Trust (NTW) try really hard to work with people and their families especially when people may be in hospital a long way from their families.

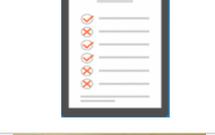
We also try really hard to work with people and their families when they are living at home or in the community.

We haven't got it right yet and are working with people and their families to keep making it better.

Here are some of the things we are doing and some of the things people have said.

What do we do?

 <p>Quality Account 2015/16 Northumberland, Tyne and Wear NHS Foundation Trust</p> <p>Easy Read Version</p>	<p>Quality Goals</p> <p>One of our quality goals is supporting the families, carers and people who help care for our patients. We keep looking at how we help and involve these people.</p>
 <p>Resources for carers</p> <p>The Trust is committed to working in partnership with carers. We have produced a range of resources to support you in your caring role.</p>	<p>Carer's packs and resources</p> <p>Prior to admission onto learning disability and autism wards, patients and carers are provided with a detailed information pack. Points of you, complaints and 'you said, we did' boards also provide updates to carers and patients.</p>
	<p>Carers champions on wards</p> <p>All wards and the short break respite unit have members of staff who are carers' champions. These staff, on behalf of the ward or service, offer advice to other members of staff about carers' issues and link with local carers' support services</p>
	<p>Prior to Admission</p> <p>Prior to a long term admission for a young people there is either face to face or phone contact if appropriate. There are also videos of the units so people know a bit about what to expect</p>
	<p>Family Accommodation</p> <p>We have a house on site for families and will try support the family visits, in one case staff enabled the family's motorhome to be parked on the hospital site to enable longer visits due to the distance they had to travel.</p>
	<p>Skype</p> <p>Skype is available on wards to enable patients to keep in touch</p>

	<p>Family/ open days Family/ open days are held twice a year</p>
	<p>Governors We have Learning Disability Service User and Carer Governors</p>
	<p>Patient experience survey We have redesigned our patient experience survey so it is easier for everybody to use</p>
	<p>Service user and carer events People said they want us to go to their groups. We are visiting lots of groups to share information and talk to them about what we need to do and how we can work with them</p>
	<p>Quality Health Checkers We are checking Rose Lodge and the Sunderland Community team and then Newcastle Community team. They will tell us what is good and what we need to do better.</p>



Care Quality Commission

Some of the comments following the CQC visit

Involvement in care

- Carer's champions on wards all wards and the short break respite unit had carers' champions identified within the staff team. These staff, on behalf of the ward or service, offer advice to their colleagues about carers' issues and maintain links with local carers' support services
- Excellent information in a variety of different formats for patients and carers
- Patient and carer feedback was listened to and things changed as a result

Carer thoughts

- Carers told us that communication between ward staff and families was good.
- Carers report that they feel that the staff know the patients well
- Carers report that staff communicate well with them
- Carers said that staff provided them with support, which many found invaluable

Carers Packs - Changes made following feedback

Prior to admission onto learning disability and autism wards, patients and carers are provided with a detailed information pack. We have worked with patients, families and carers to change this so it is easier read and understand.

These packs contain information on the service, the treatment provided and essential information on the ward, including visiting arrangements and complaints procedure. Information in the patient welcome pack is available in a variety of formats, including pictorial and easy read.

The trust had developed a carers' 'pocket pack', which was a small wallet containing information on local carers' support services, contact information of key staff on the ward and details of the carers' champion for the wards.

Old Carers Packs	New Carers Resources - The pack has been replaced by one booklet Our Commitment to Carers - this is the core booklet that should be made available to carers.
	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>Core booklet</p> </div> <div style="text-align: center;">  <p>Poster</p> </div> </div>
<ul style="list-style-type: none"> ■ The contents of the old packs should be disposed of as they are out of date. Also remember to removed the carers contacts page in the plastic pocket on the back of the pack. ■ The full carers pocket pack can be disposed of. ■ The outer orange and white Trust plastic packs can be re-used. Carers can be offered a folder to keep their paperwork in - further supplies of the folders are available from the Patient Information Centre while stocks are available. 	<p>Carers can then choose to ask for additional information which is part of the Carers Resources series. These additional seven booklets will need to be made available to carers upon request.</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="width: 15%; text-align: center;">  <p>Useful contacts for carers</p> </div> <div style="width: 15%; text-align: center;">  <p>Commonsense Confidentiality</p> </div> <div style="width: 15%; text-align: center;">  <p>A checklist for carers</p> </div> <div style="width: 15%; text-align: center;">  <p>Getting to know you</p> </div> <div style="width: 15%; text-align: center;">  <p>Carers Charter</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="text-align: center;">  <p>Mummy is poorly</p> </div> <div style="text-align: center;">  <p>Resources for Carers</p> </div> </div> <p style="text-align: right; margin-top: 10px;">Additional carer resources are available to download from RiO under the 'Getting To Know You Section'.</p>
<p>Resources are available from the Patient Information Centre, SNH ext 32545 or mail pic@ntw.nhs.uk</p>	

Caroline Wills
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 October 2016