ECT Care Plan – Inpatients

PROBLEM:  
Service User has been experiencing problems/symptoms which require a course of ECT.

GOALS:  
To ensure that _______________ receives ECT according to the (Royal College of Psychiatrists) guidelines.

ACTIONS:
1. Nursing team to ensure that procedure for ECT treatment has been followed (see guidelines from ECT department) with _______________ and their relatives/carers.

2. Allocated nurse to ensure that appropriate documentation is completed and available for treatment. e.g. Mental Health Act documentation. Prescription kardex – ECT prescription form. Consent form/record of physical investigations as appropriate and ECT checklist. For diabetics B.M. result.

3. Medication as appropriate to be given prior to treatment with sip of water at 7.30 am and any necessary medication that needs to accompany patient to the department.

4. ECT centre staff will ensure that the privacy and dignity of _______________ is maintained.

5. Key worker to liaise with ECT department regarding any changes to treatment consent, capacity and MHA status.

6. Ensure dietary requirements are met.

7. Ward staff to monitor mental state on return i.e. any confusion, memory loss, and any physical observation deemed necessary post physical checks, 15mins, 45mins, 1hrs,3hrs, 6hrs BP, Temperature, Pulse and Resps.

8. Treatment centre staff or ward staff to see patient after each treatment to discuss any issues and complete ECT checklist. Treatment Centre staff will liaise with key worker regarding treatment, and any physical observations.

9. Ward staff to contact Treatment Centre regarding any concerns relating to ECT.

10. Ensure that post anaesthetic information is given to patient (and escort if appropriate).

11. Referring clinical team/MDT to evaluate Care Plan a minimum of once a week (complete ECT Care Plan Evaluation Form).