

Foundation Trust News

July 2010

Our Council of Governors make a difference!

Our Council of Governors have now been established to represent you - our members.

Our elected Council of Governors met for the first time on 2 December 2009 and will hold formal meetings four times a year. The meetings will be held in public and the details will be advertised on our website and in the local press.

Governors have already been able to positively influence the Trust. They have received reports and have considered the Trust's performance, both in terms of quality of services and financial performance. Governors have engaged in discussion about the annual plan and our quality priorities. Individual governors have also been able to raise a range of issues, questions and suggestions to the attention of the Trust.

Outside of these formal meetings, governors have met operational directors to understand the services offered by the Trust and are becoming involved in a range of issues including looking at how to engage with members effectively. Governors have also begun a programme of visiting services. Over the next three months they will be visiting working age adult's services at



St Nicholas Hospital, forensic services at Northgate Hospital, older people's services at Cherry Knowle Hospital and specialist services at Walkergate Park.

Your governors are again introduced to you in this issue. If you would like to contact your governor you can do this via the FT office on 0191 223 2468 or by e-mailing governors@ntw.nhs.uk

Jules Preston MBE
Chairman

Dr Gillian Fairfield
Chief Executive

In this issue

Welcome to our fifth issue of Foundation Trust (FT) newsletter for members. In this issue we've got news on:

- Council of Governors
- Unsung hero awards ceremony
- Information on a new health shop
- Membership update

In each issue of Foundation Trust News we also feature a profile of one of our services – and this month it's our perinatal mental health service. We hope you enjoy this issue, but if you have any comments or ideas on what you'd like to see in future issues then please let us know.



Shining a light on involvement

Relax and enjoy

Look after your health and well-being

Fruit tasting, stress balls and Indian head massage were all order of the day at our recent health and well-being event.

Following our previous success, we hosted our third health and well-being event at Hexham library. Visitors were treated to a free complementary therapy, mental health information, healthy eating, diet and exercise advice. Children also enjoyed the colouring competition and received fruit and balloons. The event which included information stalls from Age Concern, MIND, Northumberland Stars and the Carer Centre will continue to run throughout the year.

Look out for details in future issues or if you would like to host an event, please contact the Foundation Trust office.

One-stop-shop for health

A health shop, which opened in the Metrocentre, Gateshead, at the beginning of April has been busy offering health and wellbeing advice and support to staff and shoppers alike.

The shop which now has a new location in the Central Mall has information stalls and advice on a range of health topics such as drugs and alcohol, sexual health, bowel cancer screening, stop smoking advice and the opportunity for people to drop in and have a free mini health M.O.T courtesy of Gateshead Health Trainers.

Our membership team have also been on hand to offer mental health self help leaflets, FT membership and a chance to enter our popular Happiness is ... competition.

The health shop is open until 8th August 2010 so if you are passing, why not pop in and take a look at the wide range of information on offer.



Shining a light on our unsung heroes

Our Trust recently held an Oscar-style awards ceremony to celebrate its staff and volunteers and the sterling work they do in their everyday lives.

The first annual 'Shining a Light on Excellence Awards' 2009/2010 was held at the Marriott hotel in Gosforth, Newcastle, thanks to the support of sponsors Laing O'Rourke, GT Contracts Limited, and The Strategy House.

The evening was hosted by the director of the successful South Tyneside arts venue The Customs House, Ray Spencer, while the winners received their awards from the Trust

Chairman, Jules Preston, MBE, and Chief Executive, Dr Gillian Fairfield. Over 200 nominations for the 13 award categories came from service users, carers, staff and co-workers who they thought really deserved recognition.

NHS staff from Newcastle, Gateshead, North & South Tyneside, Sunderland and the whole of Northumberland were honoured and the winners are shown (right):-



Clinician of the Year
Ashley Murphy



Volunteer of the Year
Lilian Burdis



Clinician of the Year and
Chairman's Award winner
Dr. Ann Marie Murphy



Unsung Hero
Florence O'Neil

Clinical Team of the Year
The Personality Disorder Team

Service User and Carer
Involvement Award
Woodland View Young People's
Design Group

Clinician of the Year
Ashley Murphy

Clinician of the Year
Dr. Ann Marie Murphy

Partnership Working Award
The Learning Disability Intensive
Support Team

Healthcare Worker of the Year
Eileen Turner, Plummer Court

Healthcare Worker of the Year
Beverley Cook, South Tyneside
Older People's Community
Mental Health Service

Learning and Development Award
The Wellness Recovery Action Planning
Training Team

Support Team of the Year
Lower Willows Domestic Team

Innovation Award
The Community Treatment Team
from Wellfield Clinic

Behind the Scenes Award
Cuthbert Ward Domestic Team

Behind the Scenes Award
St. Nicholas Hospital Porters

Volunteer of the Year
Lilian Burdis

Making a Difference Award
The Kiff Kaff, a user led café and shop
offering realistic work opportunities

Unsung Hero
Florence O'Neil

Chairman's Award
Dr. Ann Marie Murphy



Trust Governors

Calling potential governors

We want to make sure that all of our service users and carers are represented by the Council of Governors. We currently have 3 vacancies and will be holding bi-elections shortly.

The vacant seats are for:

- Children and young people service users
- Older people service users
- South Tyneside (Public)

To stand for these positions you must be over 16 years of age and be a service user of the relevant service. All members in the relevant category will receive a letter inviting them to stand for election.

For more information about these vacancies, or any issues to do with governors please contact the Foundation Trust Office.

Carers

Ann Clark

Adult Services



Norman Hildrew

Adult Services



Janet Fraser

Children and Young Peoples Services



George Hardy

Learning Disability Services



Richard Tomlin

Neuro Disability Services



Anneva Spark

Older Peoples Services



Community and Voluntary

Brendan Hill

Community and Voluntary Sector - Voluntary Organisations Network North East (VONNE)



Local Authority

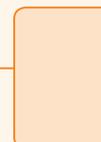
Mary Foy

Gateshead Council



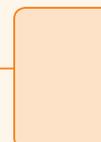
Liz Langfield

Newcastle City Council



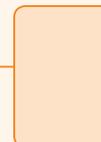
Simon Reed

Northumberland County Council



Mel Speding

Sunderland Council



PCT

Dave Willis

North Tyneside



Patricia Harle

Sunderland Teaching PCT



University

Barry Hirst

Newcastle University



Public

Thomas Bentley

Gateshead



Oliver Wood

Newcastle



Jim Finan

North Tyneside



Clare Mills

Northumberland



South Tyneside

VACANT



Jane Hall

Sunderland



Service users

Alasdair Cameron

Adult Services



Elizabeth Hicks

Adult Services



Andrew Davidson

Learning Disability Services



Russell Bowman

Neuro Disability Services



Older Peoples' Services

VACANT



Children and Young People's Services

VACANT



Staff

Nigel Atkinson

Clinical



Paul Veitch

Clinical



Alan Currie

Medical



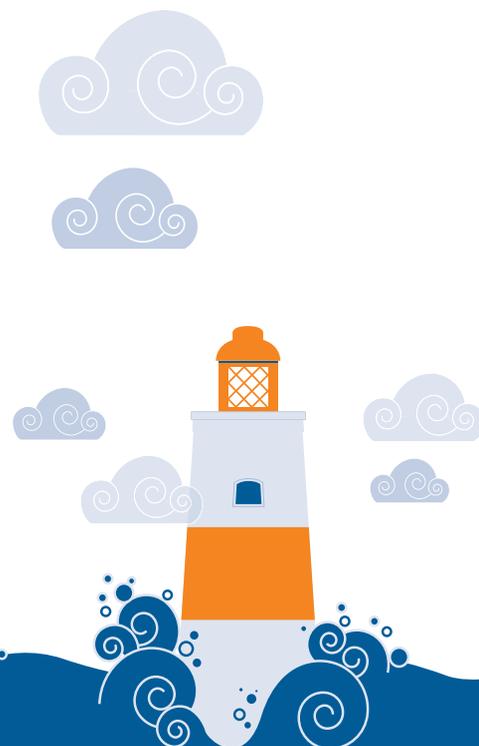
Billy Anderson

Non Clinical



Keeley Brickle

Non Clinical



Focus on...

Perinatal Mental Health services North of Tyne

Childbirth is a period of rapid biological, psychological and social change. A wide variety of disorders from the brief and common experience of 'baby blues', to some of the most severe episodes of psychotic illness are seen in clinical practice.



Perinatal Team members

Dr. Angela Walsh Consultant
Anne Oxley Team manager
Hazel Dodds Deputy ward manager
Linda Watson Administrative support

Carol Wade CPN
Karen Scheutz CPN
Julie Waugh CPN
Lynn Brown Support worker

Real discounts for members

Did you know....
all of our FT members can benefit from a range of discounts on goods and services...

So if you're thinking of booking a short break or planning a family day out, make sure you take advantage of the discounts on offer.

As an FT member you can access the Red Guava Benefit Scheme and Medicare NHS, both companies have a vast range of local and national shops and services offering discount, companies include - Brewers Fayre, Alton Towers, Waterstones and much, much more. All members will soon receive details of how to access Red Guava and NHS Discounts websites together with passwords to receive discounts.

Within Northumberland, Tyne and Wear NHS Foundation Trust we have always been very fortunate that the importance of perinatal mental health services is recognised and services are provided for women and their families within the North of Tyne area. The Inpatient Mother and Baby Unit has been established for over 24 years whilst the Perinatal Community Mental Health Team started initially in North Tyneside some 20 years ago. The Mother and Baby unit, situated at St Georges Park, provides an inpatient service covering the north east of England and Cumbria.

The services are now formally linked and share specialist perinatal consultant time. Dr Angela Walsh heads up the service. Staffing includes a manager across the two teams, a deputy ward manager, community nurses, staff nurses, nursery nurses, support workers, social work, clinical psychology, admin and housekeeping staff.

The service provides a multi-professional/ agency inpatient service for pregnant women at 34 weeks plus gestation and for women and their infants and families after childbirth. The team provides a service to the population of Newcastle and North Tyneside with some support within Northumberland.

The service provides assessments, interventions and treatments, prescribing medications, a range of psychological interventions, physical health care, parenting and child development assessments, and a range of mental health interventions that

create a platform for productive and positive mother and baby attachment.

The aim of the unit is to facilitate the inpatient treatment of those women with young babies who are suffering from mental health problems, whether associated with the birth or not.

Women referred to the service are normally seen in their homes, GP practices or maternity departments. The service currently operates between the hours of 9.00 a.m - 5.00 p.m, Monday to Friday.

The service also provides maternal mental health training and advice to statutory and non-statutory groups, as well as structural training programmes, which incorporate recent Department of Health and NICE Guidelines.

Annual Members Meeting

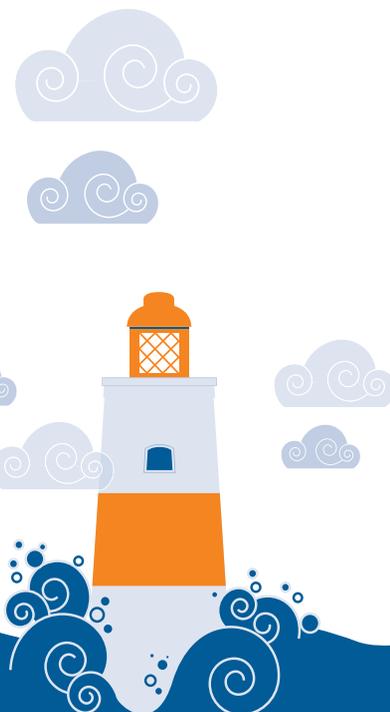
Wednesday, 29th September 2010

Venue: Stadium of Light, Sunderland

Time: 5pm – 7pm

Members welcome.

Please confirm attendance
by calling Kelly Jackman
on 0191 223 2991



Membership Update

We currently have 10,982 members – and we're recruiting more and more every day.

Recently, our membership team have been out and about spreading the word about membership in our outpatient clinics. Over the coming months our team will continue with this effort to ensure our service user and carer categories are fully represented.



We still currently have vacancies on the Council of Governors, these are the service user representatives for older people, and children and young people's services. A bi-election will be held soon, so if you, or anyone you know would like to put themselves forward then contact the Foundation Trust Office on 0191 223 2468.



Look out for our recruitment team out and about
Metrocentre Health Shop Central Mall throughout June / July
Bellingham Show Northumberland on 28 August

Happiness for staff

A health awareness session for staff took place at North Tyneside council offices. Our Trust joined North East Ambulance NHS Trust and North Tyneside Health Trainers to offer health and well-being information for staff and visitors.

Over 50 people took part in our competition with family, holidays and friendship being the most popular. Also, there were a few chocolate ones... we'll not tell the health trainers!



Contact details and useful numbers

Membership Office
Switchboard

If you have a membership enquiry
If you would like to contact a governor
Website
Freepost address

0191 223 2468
08448115522
members@ntw.nhs.uk
governors@ntw.nhs.uk
www.ntw.nhs.uk
Freepost NTW (no stamp required)

