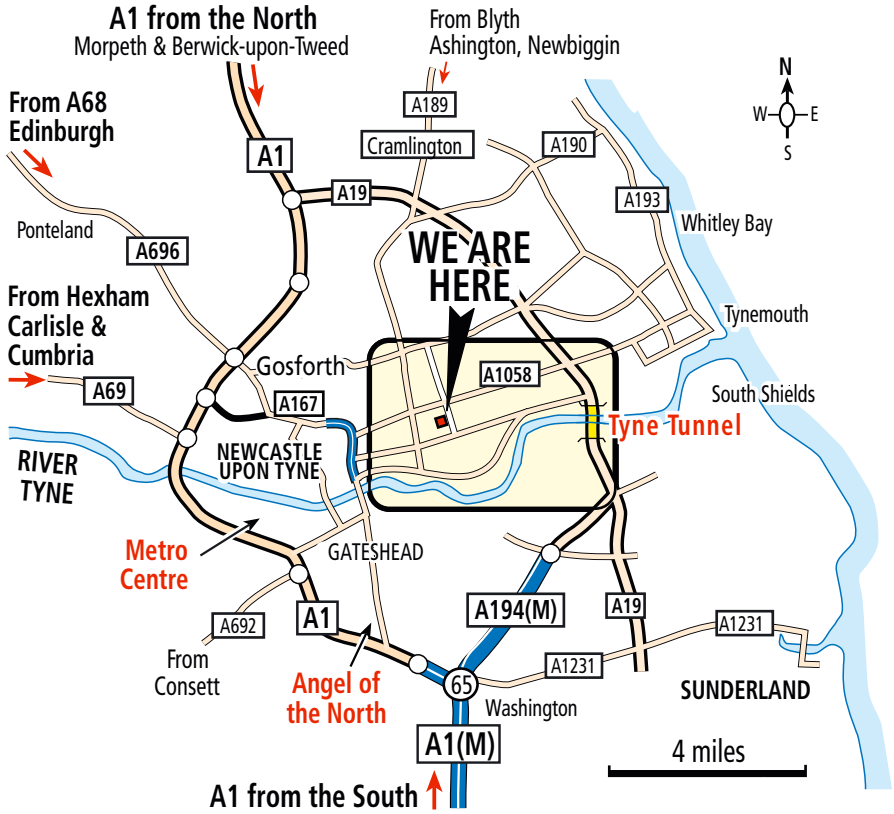
Northumberland, Tyne and Wear NHS
NHS Trust

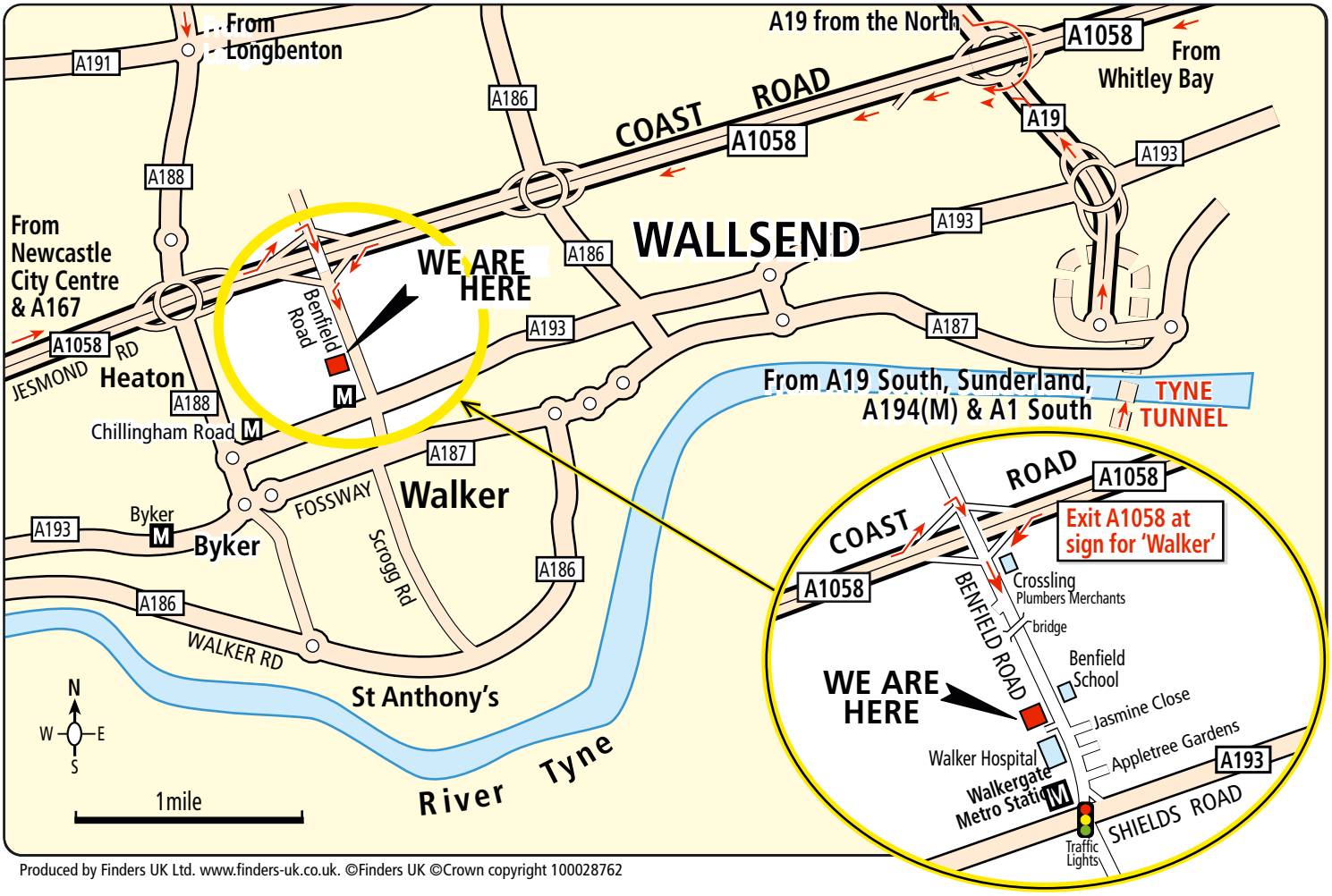
International Centre for Neuro-Rehabilitation and Neuro-Psychiatry
Walkergate Park, Benfield Road, Newcastle Upon Tyne NE6 4QD
Tel: 0191 2875000 (out of hours 0844 8115522)

A1 from the North
Exit A1 at Gosforth A167 turn off and follow the A167 towards the City Centre. Remain on A167 / A167(M) for approximately 2 miles, then bear left onto the A1058 for Tynemouth / East.
Continue on A1058 for about 2 miles (straight on through Jesmond and past Corner House pub). Exit left onto the slip road signposted for Walker / Walkergate Hospital / Benfield Road.
At top of slip road turn right past Crossling building and straight on to Benfield Road. The Centre is about 0.5 mile along Benfield Road on the right; opposite Benfield School and just before Walkergate Hospital.

A1(M) from the South
Just past Washington Services, exit the slip road right onto A194(M) and follow signs for the Tyne Tunnel.
Proceed through the Tunnel (toll fee £1 for cars). At roundabout immediately after the tunnel exit, head north on the A19 signposted for Morpeth.
After 1 mile, take the first exit left at the roundabout, signposted for A1058 to Newcastle.
After 2.5 miles pass under a railway bridge and exit left onto the slip road signposted for Walker / Walkergate Hospital. At top of slip road turn left onto Benfield Road. The Centre is about 0.5 mile along Benfield Road on the right; opposite Benfield School and just before Walkergate Hospital.

By Metro
The Centre is a short walk from Walkergate Metro Station.Turn left out of the station and proceed along Benfield Road. The Centre is just past Walkergate Hospital on the left hand side.





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