Role of the Named Nurse

1. The Named Nurse has the responsibility to ensure the actual delivery of safe and effective care during a patient’s inpatient stay. This is achieved by having a clear understanding of the role of Named Nurse, and the competencies to be able to deliver the interventions. The allocation of the Named Nurse within the team is essential to the effectiveness of the role. When allocating a Named Nurse, consideration needs to be given to the patient’s wishes, capacity, availability and possible blocks to the success of the relationship. The Named Nurse needs to be available on the next waking shift to begin to deliver their specific roles and responsibilities which are outlined below. The role of the Named Nurse can also be delivered by a third year Student Nurse under the supervision of a qualified Nurse.

The Named Nurse will:

- Clearly identify themselves to the patient and others involved in the care as the Named Nurse and ensure they fulfil the following as a minimum
  - Ensure the well-being, safety and satisfaction of the patient
  - Develop therapeutic relationship with the patient, carers and their families and friends
  - Assess named patients incorporating all appropriate documentation, including Risk Assessment, Mental Health Act, Care Programme Approach (CARE CO-ORDINATION (CPA)) and all other tools as indicated. This needs to be done on an ongoing basis
  - Develop the Care Plan in line with identified needs ensuring an emphasis on safe therapeutic care
  - Implement/delegate nursing care as prescribed and ensure the co-ordination of individual’s care within the nursing team
  - Ensure all documentation including Risk Assessment and Care Plans within caseload are relevant and up to date
  - Ensure maximum involvement of the patient (and/or their carer/representative) through the assessment, care planning and delivery of care
- Hold 1:1 sessions with the patient at least twice a week
- Ensure patient has at least 15 minutes of staff time per span of waking duty
- Ensure maximum involvement of the patient’s family and friends through the delivery of care, including a carer’s assessment
- Communicate with all members of the Multi-disciplinary Team (MDT) about the care delivery within their caseload
- Ensure care is delivered in line with Trust Policies, particularly:
  - NTW(C)19 - Observation Policy
  - NTW(C)03 - Leave Policy
  - NTW(C)20 – Care Coordination/CPA Policy
  - NTW(O)33 - Risk Management Policy
- Prepare for the MDT ensuring all appropriate communication and documentation is completed
- Ensure all Mental Health Act (MHA) documentation is accurate
- Discuss with, if allocated, the Care Coordinator about roles and responsibilities in the delivery of care
- Discuss possible needs on discharge and arrange appropriate referrals if a Care Coordinator is not already allocated within MDT
- Communicate and liaise with all others involved in the care of the patient
- Co-ordinate the involvement of others involved in the care of the patient including CARE CO-ORDINATION (CPA) reviews and discharge planning
- Ensure 7 day follow-up arrangements are in place
- Ensure appropriate arrangements are in place to facilitate care delivery during periods of planned absence
- Raise concerns with Ward Manager when they feel care is actually or potentially compromised
- Actively seek guidance and supervision to ensure care delivery is safe and effective