

Northumberland, Tyne and Wear NHS Foundation Trust

Board of Directors Meeting

Meeting Date: 22 June 2016

Title and Author of Paper: Chief Executive's Report
John Lawlor, Chief Executive

Paper for Debate, Decision or Information: Information

Key Points to Note:

Trust issues

1. CQC update
2. "Deciding Together"
3. Medical Leaders Workshop
4. Annual Members' Meeting
5. Staff Awards
6. NTW Transitions Event
7. Accountable Care Organisation (ACO) update

Outcome required: For Information.

Chief Executive's Report

22 June 2016

Trust Issues

1. CQC preparations

The Care Quality Commission comprehensive inspection commenced on the 31st May. Planned inspections took place for the first two weeks and concluded on Friday 10th of June. The Executive Team heard verbal initial feedback from the Inspection Team the same day.

The preliminary findings from the CQC were set out in a letter received on 14th June. The letter said:

Many areas of good practice were identified during the inspection; we could not go through them all but some of the highlights were:

- *The motivation, openness and caring nature of all staff*
- *Leadership of the trust - the influence on the culture - John Lawlor (CE) unanimously identified by staff, patients, carers and stakeholders.*
- *Strong, positive leadership by both the executive and non-executive team.*
- *Innovation by staff - shared regionally, nationally and internationally. The inspection team saw evidence of innovation from all levels of staff that impacted on the quality of care received and was supported by corporate services with a real 'can do' approach.*
- *The patient electronic tracking system used by rehabilitation and acute services which facilitated timely delivery of care and treatment.*
- *Consultant Psychiatrists working 7 days a week in acute in patient wards.*
- *Spiritual based therapeutic work being delivered into local communities to build resilience.*
- *Live assessments via telephone and a plan to move to SKYPE for community based mental health services for older people - to ensure timely assessment and intervention.*
- *Development of Tissue Viability Nurses – all are RMN's who have been upskilled to provide a trust wide TVN service.*

However, we had the following concerns:

- *The environment of the Children and Adolescent Medium Secure Unit –Alnwood. We felt that this environment might be contributing to the high level of restraint used. Whilst we know the unit is a medium secure unit, it is not inviting for children and young people and may be impacting on their mental health and well-being.*
- *Use of mechanical restraints in non-specialist services - e.g. Acute admission wards*
- *Lack of personalisation in care plans on the older people's wards.*

The Trust will use this initial feedback to support the development of actions from the inspection as it is likely to be circa 3 months before we receive the draft reports.

I've been humbled by how staff have engaged during all of the visits and the constructive way they have approached all that has been asked of them. I would like to express my personal thanks for their professionalism, commitment and pride in their work.

2. "Deciding Together"

Newcastle Gateshead CCG's Governing Body is due to make a decision on 28 June on its preferred scenario for the future location of adult acute and rehabilitation (Gateshead and Newcastle) and older people's mental health inpatient services (Newcastle only). There has been good engagement with the Trust and with the mental health voluntary and community sector in developing the proposals, which also include providing an improved range of community services. The formal consultation was led by the CCG and included a wide range of opportunities for service users and carers, local people and stakeholders to feed in their views on the proposals. Following the CCG Governing Body's decision we will continue to work with the CCG on the Implementation Plan. The implementation of our new community pathways in Newcastle and Gateshead will continue and it is planned to have the new service model embedded by March 2017.

3. Medical Leaders Workshop

Dr Nadkarni, Medical Director, led a very successful medical leaders away day on the 5 May 2016. There were presentations around financial challenges, Five Year forward view for mental health and the Monitor agency caps. As a group we discussed some of the key challenges and opportunities for the medical workforce (within Mental Health, Learning and Neuro-Disability). This resulted in colleagues being able to arrive at a consensual understanding around the strategic objectives for the medical workforce strategy.

4. Annual Member's Meeting

The Trust's Annual Members Meeting is due to take place on Thursday 28 July 2016 and the theme is 'Carers, service users and staff; shaping our future – together'. The event is open to all members of the Trust, which includes staff, and it would be great to see people there. The event is taking place between 2pm and 5pm at the Marriott Hotel, Gosforth.

5. Staff Awards

The annual staff awards will be held at Newcastle Civic Centre on Friday 24 March 2017. The categories, judging requirement and sponsorship options are being formulated but it is anticipated that there will be similar categories to previous awards and that the event will still seek sponsors. The proposed venue has capacity for over 400 people and so more staff than ever before should be able to attend.

6. NTW Transitions Event

I attended a one day workshop on 17 June 2016 about Transitions between Children and Young People's service (CYPS) and Adult services within NTW. There is some evidence that locally within NTW services there are some examples of where transitions of care for young people with Emerging Personality Difficulties or Disorder could be improved between CYPS and adult mental health services, from CYPS inpatient settings to community services and the Intensive Community Treatment Service and between NTW and Out of Area Treatment (OAT) placements. Nationally, there are a number of key policy guiding documents which should underpin high quality clinical care for this group of patients. These include the *Transition from children's to adults services for young people using health or social care services* (NICE, 2015) and *Antisocial behaviour and conduct disorders in children and young people: recognition, intervention and management* (NICE, 2013).

With the development of new community pathways both within CYPS and Adult Services the time is appropriate to explore how transitions of care for this patient group between Services may be improved.

7. Accountable Care Organisation (ACO) update

Work continues to develop Accountable Care Organisation models in Northumberland and in North Tyneside. Good progress is being made on what the functions would be that the ACO would take on, including certain community and contracting responsibilities of the CCGs. The form of the ACOs is also being designed and while these may differ across the two localities, some joint work is being carried out to make best use of resource and to share lessons and expertise.

I plan to bring a substantive paper to the Board in the coming months which will be seeking the Board's support in moving to the next stage.

John Lawlor
Chief Executive
June 2016